## ADULT SUNDAY SCHOOL – 9:00-9:50 am

**Explorations** Meets upstairs in the CLC, Room B103/B104
Eclectic group of sinners who like to study God's word through scripture reading, discussion, and prayer.
*Contact: Ginny at ewpoulsen@gmail.com or 919-539-7938*

**Life Happens** Meets downstairs in the CLC, Room B017/B018
Singles, parents, a myriad of ages trying to navigate life and get some meaningful dialogue in the process.
*Contact: Andy at andypack59@gmail.com or 910-690-3422*

**Reading Scripture** Meets in the main building, Room A128
We discuss scripture by asking: What is the intent of the author? What would 1st century people think? How have people interpreted these writings through the ages? How do these writings apply to us today?
*Contact: David at dguy7@nc.rr.com or 919-538-2549*

**Young Adult Ministry (YAM)** Meets in the CLC, Room B105
Grow in your faith and build meaningful friendships with others in a similar season of life. YAMS (Young Adult Ministry) gathers every Sunday morning at 9:00 AM for a weekly Bible study. This fall, we'll begin with *Dream Big* by Bob Goff as we explore how God can use our gifts, dreams, and everyday lives to make an impact for His Kingdom. We'll also gather throughout the year for quarterly fellowship events. These are a chance to connect, serve together, and simply enjoy spending time with one another outside of Sunday mornings.
If you're between the ages of 25 and 45, we'd love to have you join us.
*Contact: Allie at anchristos@gmail.com*

## ADULT SMALL GROUPS

**Daughters of the King** 1st and 3rd Wednesdays at 10 am in CLC B105
This is a group for womе. We learn, pray, and suppoirt each other. Curriculum: “Ten Women of the Bible” by Max Lucado
*Contact: Loretta at loretta.highfield@gmail.com*

**Iron Sharpens Iron (Sat.)** Saturdays at 8 am in CLC B017/B018
We are a small group of men who are trying to be a little bit better every day! We study Scripture, share our burdens, and support each other.
*Contact: Ed at etharrington@gmail.com*

**Iron Sharpens Iron (Wed.)** Alt. Wednesdays at 6:30 pm in CLC B103/B104
We try to pick subjects & studies that can be traditional or view Jesus as others might have viewed him at that time. Our goal is to create a close knit group who can share views and opinions openly and freely, supporting one another through prayer. We will meet every other week beginning on September 16.
*Contact: Keith at keithbthomas007@gmail.com or 843-421-3421*

**Morning Glory Circle** 2nd and 4th Thursdays at 10 am in CLC B105
We are christian women seeking to learn more about our faith and the Bible. We pray continuously for each other and those around us. We are friends and enjoy social times along with our studies.
*Contact: Sue at ncbbwatcher@gmail.com or Marianne at mariford@nc.rr.com*

**Pub Theology** 1st and 3rd Thursdays at 7 pm at Fortnite Brewing
Discussion questions guide us to open and honest conversations about our faith, our doubts, our fears, and our celebrations. Our goal is rather simple... we stay at the table and talk, regardless of disagreement! We love our way through this crazy thing called life, with a pint if you choose!
*Contact: Katherine Peiper at community@wakeforestpres.org*

**Son Risers** Fridays at 6:00 am in CLC multi-purpose room
Bring your own coffee and breakfast as we begin with fellowship and catching up. At 6:30 we pray and do a lesson, praying everyone out at 7:30 to let folks get to work. Always good and honest faith discussion among men.
*Contact: Andres at aesguerra@hotmail.com or 919-414-0296*

**WOW (Women of the Word)** 2nd & 4th Tuesdays at 6:30 pm in CLC B103
Our Bible study foundation guides our desire to love and serve our local community. Feeding the Hungry, Wake Forest Community Table, Nurture Freezer, Turnberry are how WOW puts their hands and feet to serving others. Our purpose is to help one another "grow in the grace and knowledge of Christ" (2 Peter 3:18).
*Contact: Athy at athyrobinson@gmail.com or Mary at marybeichner@me.com*

**Short-Term Parenting Group** Wednesdays 6 pm in A128
It's an anxious time we live in for so many reasons...and our children and youth are feeling the strain of the digital age (and the rage-baiting age) and the mental health crisis that has accompanied it! This fall, we will gather for a short term parent discussion guided by the book *The Anxious Generation* by Jonathan Haidt. Reading the book is NOT required to participate in discussion...it will serve as an aid and a launching pad for open and real conversation about the challenges our children face and how we as caregivers can respond.
*Contact: Katherine at community@wakeforestpres.org or 919-556-7777*