



Monday	Tuesday	Wednesday	Thursday	Friday
<p>CHESTER SENIOR CENTER</p> <p>2025 THEME: Forward by Faith Forward in Love</p> 	<p>For Further information or to volunteer, visit Chester Senior Center or</p> <p>Call 610-497-3550 or visit our website www.scsdelco.org</p>			
<p>3</p> <p>9:00-2:00 Head to Toe Spa Day</p> <p>Pokeno 10:00</p> <p>11:00 Chair Yoga</p> <p>12:30 Community Grief Share Discussion Group</p> <p>1:00 Bingo</p>	<p>4</p> <p>9:00-2:00 Head to Toe Spa Day</p> <p>9:00-12:00 Chiropractor Is In</p> <p>9:30—10:00 Walking Club: In Center</p> <p>10:30 Sit & Fit with Kyle</p> <p>11:00 Bankers Life Insurance Presentation Mr. Peter Borghetti</p> <p>1:00 Bingo</p>	<p>5</p> <p>10-2:00 Satellite Office Hours With Senator Kane</p> <p>10:00—12:30 Power Over PAIN Management COSA</p> <p>11:00-1:00 Benefits & Tax Prep w/ Phoebe</p> <p>11:00 Chess Penn Health Presentation 11:00 Tap Dancing</p> <p>11:00— 12:00 Satellite Office Hours S and T Bank</p> <p>1:00 ZUMBA 2:00 Bingo</p>	<p>6</p> <p>9:00-12:00 Chiropractor Is In</p> <p>9:30—11:30 PA MEDI MEDICARE Counseling</p> <p>10:30 Sit & Fit with Kyle 11:00 Bible Study</p> <p>11:00 Black History QUIZZO w/ DJ John</p> <p>11:00 Ceramics 12:00—3:00 Hearing Screening</p> <p>12:30 Mosaics Class 1:00 BINGO</p>	<p>7</p> <p>10:00 Sewing Class</p>  <p>10:00 Pokeno</p> <p>11:00 Cardio Drumming</p> <p>11:00—12:00 Reiki Energy Program</p> <p>12:00-2:00 SUPERBOWL PARTY!</p> <p>12:00—2:00 Technology Support</p> <p>1:00 BINGO</p>
<p>10</p> <p>9:00-2:00 Head to Toe Spa Day</p> <p>10:00 Pokeno</p> <p>11:00 Chair Yoga</p> <p>12:30 Community Grief Share Discussion Group</p> <p>1:00 Bingo</p>	<p>11</p> <p>9:00-12:00 Chiropractor Is In</p> <p>9:30—10:00 Walking Club: In Center</p> <p>9:30—11:30 Case Manager Support Mr. Tom McCluskey</p> <p>10:30 Sit & Fit with Kyle 11:00-12:00 Technology and Health Management Group</p> <p>11:00 Emergency Preparedness UPMC</p> <p>12:30 Card Making-Zoom 1:00 Bingo</p>	<p>12</p> <p>10:00—12:00 Satellite Office Hours Humana Health Care</p> <p>10:00 Gospel Aerobics</p> <p>10:00—12:30 Power Over PAIN Management COSA</p> <p>10:30—12:00 Health Heart BINGO Main Line Health</p> <p>11:00-1:00 Benefits & Tax Prep w/ Phoebe</p> <p>11:00 Tap Dancing 1:00 ZUMBA 2:00 Bingo</p>	<p>13</p> <p>Pre Valentine Glam Day Chester High School Cosmetology Dept.</p> <p>9:00-12:00 Chiropractor Is In</p> <p>10:30 Sit & Fit with Kyle 11:00 Bible Study</p> <p>11:00 BOOMTOWN: Chester Black History</p> <p>11:00 Ceramics 12:30 Mosaics Class 1:00 BIG BINGO</p>	<p>14</p> <p>Happy Valentine's Day</p> <p>10:00 Sewing Class</p> <p>10:00 Jewelry Making</p> <p>10:00 Movie Matinee Snacks and Drinks</p>  <p>12:00—2:00 Technology Support</p> <p>12:30 Gratitude Day</p> <p>1:00 Bingo</p>
<p>17</p> <p><u>CENTER CLOSED</u></p> 	<p>18</p> <p>9:00-2:00 Head to Toe Spa Day</p> <p>9:00-12:00 Chiropractor Is In</p> <p>9:30—10:00 Walking Club: In Center</p> <p>10:00 Sit & Fit with Kyle</p> <p>10:30—12:00 The Underground Railroad Ms. Twyla Simpkins</p> <p>11:00-12:00 Technology and Health Management Group</p> <p>12:30 Red Hatters 1:00 Bingo</p>	<p>19</p> <p>10:00-12:30 Diabetic Discussion Group</p> <p>10:30—12:00 Technology Support</p> <p>10:00 Gospel Aerobics</p> <p>11:00-1:00 Benefits & Tax Prep w/ Phoebe</p> <p>11:00 How To Check Your Device and App Updates RSVP</p> <p>11:00 Tap Dancing 12:30 Book Club 1:00 ZUMBA 2:00 Bingo</p>	<p>20</p> <p>9:00-12:00 Chiropractor Is In</p> <p>10:30 Sit & Fit with Kyle (Virtual)</p> <p>11:00 Bible Study</p> <p>11:00-12:00 Eat Smart Nutrition Talk Penn State</p> <p>11:00 Ceramics 12:30 Mosaics Class 1:00 BINGO</p>	<p>21</p> <p>10:00 Sewing Class</p> <p>11:00 Cardio Drumming</p>  <p>11:00—12:00 Reiki Energy Program</p> <p>12:00—2:00 Technology Support</p> <p>1:00 Bingo</p>
<p>27</p> <p>10:30—3:00 All Day Bingo Party</p>  <p>12:30 Community Grief Share Discussion Group</p>	<p>25</p> <p>9:00-2:00 Head to Toe Spa Day</p> <p>9:00-12:00 Chiropractor Is In</p> <p>9:30—10:00 Walking Club: In Center</p> <p>10:30 Sit & Fit with Kyle</p> <p>11:00 Karaoke & Cocktails</p> <p>11:00-12:00 Technology and Health Management Group</p> <p>1:00 Bingo</p>	<p>26</p> <p>10:30—12:00 Technology Support</p> <p>10:45—12:00 Pantry Party Sponsored By Delta Sigma Theta Sorority, Inc.</p> <p>11:00-1:00 Benefits & Tax Prep w/ Phoebe</p> <p>1:00 ZUMBA 2:00 Bingo</p>	<p>27</p> <p>9:00-12:00 Chiropractor Is In</p> <p>10:30 Sit & Fit with Kyle 11:00 Bible Study</p> <p>11:00-12:00 Black History & Music Minister Donald Myers</p> <p>11:00 Ceramics 12:30 Black History Luncheon 12:30 Mosaics Class 1:00 BIG BINGO</p>	<p>28</p> <p>10:00 Sewing Class</p> <p>11:00—2:00 February Birthday Party Featuring DJ Breeze</p>  <p>Vendors and 50/50 Raffle</p> <p>12:00—2:00 Technology Support</p> <p>1:00 Bingo</p>