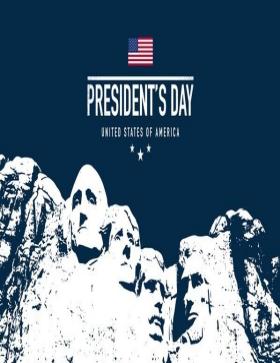


February 2025

Chester Senior Center
721 Hayes St.
Chester PA 19013
www.scsdelco.org



Monday	Tuesday	Wednesday	Thursday	Friday
CHESTER SENIOR CENTER 2025 THEME: Forward by Faith Forward in Love 	For Further information or to volunteer, visit Chester Senior Center or Call 610-497-3550 or visit our website www.scsdelco.org			
3 9:00-2:00 Head to Toe Spa Day Pokeno 10:00 11:00 Chair Yoga 12:30 Community Grief Share Discussion Group 1:00 Bingo	4 9:00-2:00 Head to Toe Spa Day 9:00-12:00 Chiropractor Is In 9:30-10:00 Walking Club: In Center 10:30 Sit & Fit with Kyle 11:00 Bankers Life Insurance Presentation Mr. Peter Borghetti 1:00 Bingo	5 10:2:00 Satellite Office Hours With Senator Kane 10:00—12:30 Power Over PAIN Management COSA 11:00-1:00 Benefits & Tax Prep w/ Phoebe 11:00 Chess Penn Health Presentation 11:00 Tap Dancing 11:00—12:00 Satellite Office Hours S and T Bank 1:00 ZUMBA 2:00 Bingo	6 9:00-12:00 Chiropractor Is In 9:30—11:30 PA MEDI MEDICARE Counseling 10:30 Sit & Fit with Kyle 11:00 Bible Study 11:00 Black History QUIZZO w/ DJ John 11:00 Ceramics 12:00—3:00 Hearing Screening 12:30 Mosaics Class 1:00 BINGO	7 10:00 Sewing Class  10:00 Pokeno 11:00 Cardio Drumming 11:00—12:00 Reiki Energy Program 12:00-2:00 SUPERBOWL PARTY! 12:00—2:00 Technology Support 1:00 BINGO
10 9:00-2:00 Head to Toe Spa Day Pokeno 10:00 11:00 Chair Yoga 12:30 Community Grief Share Discussion Group 1:00 Bingo	11 9:00-12:00 Chiropractor Is In 9:30—10:00 Walking Club: In Center 9:30—11:30 Case Manager Support Mr. Tom McCluskey 10:30 Sit & Fit with Kyle 11:00-12:00 Technology and Health Management Group 11:00 Emergency Preparedness UPMC 12:30 Card Making-Zoom 1:00 Bingo	12 10:00—12:00 Satellite Office Hours Humana Health Care 10:00 Gospel Aerobics 10:00—12:30 Power Over PAIN Management COSA 10:30—12:00 Health Heart BINGO Main Line Health 11:00-1:00 Benefits & Tax Prep w/ Phoebe 11:00 Tap Dancing 1:00 ZUMBA 2:00 Bingo	13 Pre Valentine Glam Day Chester High School Cosmetology Dept. 9:00-12:00 Chiropractor Is In 10:30 Sit & Fit with Kyle 11:00 Bible Study 11:00 BOOMTOWN: Chester Black History 11:00 Ceramics 12:30 Mosaics Class 1:00 BIG BINGO	14 Happy Valentine's Day 10:00 Sewing Class 10:00 Jewelry Making 10:00 Movie Matinee Snacks and Drinks  12:00—2:00 Technology Support 12:30 Gratitude Day 1:00 Bingo
17 CENTER CLOSED 	18 9:00-2:00 Head to Toe Spa Day 9:00-12:00 Chiropractor Is In 9:30—10:00 Walking Club: In Center 10:00 Sit & Fit with Kyle 10:30—12:00 The Underground Railroad Ms. Twyla Simpkins 11:00-12:00 Technology and Health Management Group 12:30 Red Hatters 1:00 Bingo	19 10:00-12:30 Diabetic Discussion Group 10:30—12:00 Technology Support 10:00 Gospel Aerobics 11:00-1:00 Benefits & Tax Prep w/ Phoebe 11:00 How To Check Your Device and App Updates RSVP 11:00 Tap Dancing 12:30 Book Club 1:00 ZUMBA 2:00 Bingo	20 9:00-12:00 Chiropractor Is In 10:30 Sit & Fit with Kyle (Virtual) 11:00 Bible Study 11:00-12:00 Eat Smart Nutrition Talk Penn State 11:00 Ceramics 12:30 Mosaics Class 1:00 BINGO	21 10:00 Sewing Class 11:00 Cardio Drumming  11:00—12:00 Reiki Energy Program 12:00—2:00 Technology Support 1:00 Bingo
27 10:30—3:00 All Day Bingo Party  12:30 Community Grief Share Discussion Group	25 9:00-2:00 Head to Toe Spa Day 9:00-12:00 Chiropractor Is In 9:30—10:00 Walking Club: In Center 10:30 Sit & Fit with Kyle 11:00 Karaoke & Cocktails 11:00-12:00 Technology and Health Management Group 1:00 Bingo	26 10:30—12:00 Technology Support 10:45—12:00 Pantry Party Sponsored By Delta Sigma Theta Sorority, Inc. 11:00-1:00 Benefits & Tax Prep w/ Phoebe 1:00 ZUMBA 2:00 Bingo	27 9:00-12:00 Chiropractor Is In 10:30 Sit & Fit with Kyle 11:00 Bible Study 11:00-12:00 Black History & Music Minister Donald Myers 11:00 Ceramics 12:30 Black History Luncheon 12:30 Mosaics Class 1:00 BIG BINGO	28 10:00 Sewing Class 11:00—2:00 February Birthday Party Featuring DJ Breeze  Vendors and 50/50 Raffle 12:00—2:00 Technology Support 1:00 Bingo