GOOD NEIGHBOR SENIOR CENTER



Gratitude TURNS WHAT WE HAVE INTO Enough

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NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOME DELIVERY Paul Eugene's Inspiring Wellness Workout Video 10: 30 AM PINOCHLE & PO-KE-NO **12:30 POKENO 1:00 PINOCHLE** November Calendar Review 1:00 PM SCS CARE MANAGER With Tom McCluskey 1:00 PM Election Reminders & Protocols	**3** VOTE! WIDENER NURSES 10 AM-1PM ARTS AND CRAFTS 10:30 AM – 11:30 AM SEATED EXERCISES FOR SENIORS WITH MR. KYLE at 11:45 AM TAI CHI WITH MR. KYLE at 1:15 PM	**4** HOME DELIVERY NOVEMBER Word Search Mr. Tehran Returns With Carefree, Creative And Comtemporary Abstract Art 10:30 – 12:00 N00N (Must Be Registered) Cancer Awareness Month and Find the Cure Cancer Research Walk-A Thon Finale and Gift Awards 12:30PM	**5** BIBLE STUDY 10:30 AM – 11:30 AM Arts and Crafts 12:00 PM Work on Bazaar Projects	**6** HOME DELIVERY Play Some Games of FREE BINGO Win Some Great Prizes! 10:30 AM - 2:00 PM Get relieve from stressors at a session of REKI. Call To Make Your Appointment.
9 HOME DELIVERY ZUMBA GOLD with Lavania 10:30 – 11:30 PINOCHLE & PO-KE-NO PO-KE-NO 12:30 Pinochle 1:00 PM Coping with Grief and Loss During the Holidays 1:00 PM Presentation By St. Paul's Missionary Group	**10** CASINO TRIP TO WINDCREEK 10:00 WIDENER NURSES 10 AM-1PM ARTS AND CRAFTS 10:30 AM Work On Bazaar Projects Cognitive Stimulation " ENGLAND" With MS. DORA - 12:30 PM Recall, Reminisce & Reflect	**11** HOME DELIVERY VETERANS DAY VETERNS DAY ACTIVITY "War Stories From Our Veterans" WE ARE GRATEFUL TO ALL THOSE WHO SERVED. "Pride Honor Sacrifice" BATTLESHIP GAME & I REMEMBER SENIOR CONVERSATION CARDS	**12** BIBLE STUDY 10:30-11:30 ARTS AND CRAFTS 12:00 PM Afternoon Chair Exercise with Mr. Kyle 1:15 PM Red Hatters Gathering at 1:00	**13** HOME DELIVERY 10:30AM THE DYNAMIC DUO MJ & MW Roving Reporters BREAKING NEWS DCHD WILL HOST A HEALTHY COOKING CLASS 12:00 PM Participants will receive giveaways, a new recipe, and the meal cooked. MUST REGISTER TO ATTEND
16 HOME DELIVERY ZUMBA gold ZUMBA W/ LAVINA 10:30 FEE OF SMALL DONATION PINOCHLE & PO-KE-NO November Scattergories 1:00 PM	**17** PA-MEDI Appointments 10 AM WIDENER NURSES 10 AM-1PM ARTS AND CRAFTS ALL DAY Easy Last Minute Christmas Crafts Round-Up Help Us Prepare Items For Our Bazaar!	**18** HOME DELIVERY NOVEMBER BIRTHDAY PARTY 11:30 AM -1:00 PM Must Be Registered to Attend Party! Rep. David M. Delloso Mobile constituent services. Come get questions answered	**19** BIBLE STUDY 10:30 – 11:30 AM ARTS AND CRAFTS ~ 12:30 Tai – Chi at 1:15 PM With Mr. Kyle	**20** HOME DELIVERY Breakfast BINGO! Eat A Delicious Breakfast And Then Have Fun With B I N G O! Preregistion is a MUST!!! WILL ALSO BE HAVING DRAWING FOR 65" INCH Color TV
23 HOME DELIVERY Come Play With Me! Participants share their musical talents playing the instruments of their youth. So You Think You Can Sing! Participants will share their vocal talents in a competition sing-off. 12:30 PM Pinochle and PO-KE-NO 12:30	**24** WIDENER NURSES Semester Presentation 10 AM-1PM ARTS AND CRAFTS 10:30 EASY CHAIR WORKOUT FOR SENIORS At 11:30 with Mr. Kyle Main Line Health® Topic: TBD at 1:00 PM	**25** DOUBLES HOME DELIVERY Wednesday Word Search UNO Wii Bowling and other fun games Center Closing Early at 2:00 PM Trip To Arden Theater To See TOPDOG UNDERDOG Call Center for Details.	**26** CENTER CLOSED TO OBSERVE THANKSGIVING DAY	**27** Giving Thanks! May your Thanksgiving be full of peace, love, and joy. CENTER CLOSED WE WILL RESUME ALL ACTIVITIES ON November 30, 2026
30 HOME DELIVERY ZUMBA W/ LAVINA 10:30 AM – 11:30 AM FEE OF SMALL DONATION PINOCHLE & PO-KE-NO **12:30 POKENO 1:00 PINOCHLE** SHARING IS CARING TIME		Join Us For Weekly Webinars Sponsored By FRANKLIN MINT FEDERAL CREDIT UNION With Many Credit and Financial Aids to Help You During the Upcoming Holiday Season! Check In At Our Center For Times and Topics.		NOVEMBER IS NATIONAL GRATITUDE MONTH! National Gratitude Month Thank You AND NATIONAL DIABETIES MONTH! NATIONAL DIABETES MONTH

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November is the month of Gratitude and Thankfulness at Good Neighbor Senior Center!

Theme: ENGAGE, EMPOWER, EQUIP In 2026