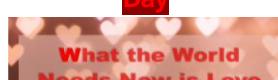
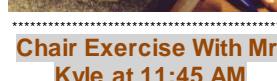


Good Neighbor Senior Center Program Calendar

February

2025

| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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|  <p>3 HBM Delivery MOVIE MONDAY 10:30AM  CELEBRATE BLACK HISTORY MONTH Snacks at Small Fee  12:30 POKENO 1:00 PINOCHLE Senior Center & Case Manager Collaboration with Mr. Thomas 1:00 PM</p> | <p>4</p> <p>10:00 AM Widener Nurses  Arts And Crafts 10:30  Chair Exercises for Seniors With Mr. Kyle at 11:45AM Nurse Joy Presents Useful Information On  1:00 PM</p> | <p>5 HBM Delivery RED CROSS Disaster Readiness Presentation 10:30  Black History Month!  The Fun of BINGO with a Little Twist 1:00 PM</p> | <p>6</p> <p>Bible Study 10:30 AM  CHAIR FITNESS For Older Adult With Mr. Kyle at 11:45AM Arts and Crafts 1:00 PM  Would You Rather??? Fun Game of Black Heritage Questions.</p> | <p>7 HBM Delivery Pre-Super Bowl Party Boxes  GET READY FOR THE BIG GAME WITH A SPECIAL GNSC GOODIE BAG & RAFFLE! Wear your best team gear and participate in trivia spirited fight songs and much more.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>10 HBM Delivery SONG SELECTION FOR BHM PRESENTATIONS 10:30 AM</p> <p>Gospel Roots THE MOST POWERFUL SELF-DEFENSE TACTICS FOR SENIORS SELF DEFENSE FOR SENIORS By The Pool Guys 12:30 Be SAFE. Be SMART. Be EMPOWERED. *Pre-registration Required* 12:30 POKENO 1:00 PINOCHLE</p> | <p>11</p> <p>Cardio Drumming 10:30   12:30 COGNITIVE RESOURCE KIT  12:30 POKENO 1:00 PINOCHLE</p> | <p>12 HBM Delivery CASINO BUS TRIP <i>Don't Miss the Bus!</i>  Black History Month Wednesday Word Search Find the following words:   CROSSWORD Puzzles and other fun ALL DAY activities 12:30 POKENO 1:00 PINOCHLE</p> | <p>13</p> <p>Bible Study 10:30 AM  Arts and Crafts 1:00 PM  Red Hatters Gathering Jewelry Making Day 1:00 PM</p> | <p>14 HBM Delivery - Double Be Kind to Your Heart Happy Valentine's Day  Concert with Jay Daniels Love Songs and other Great Surprises! Sweets for the Sweets Dessert Party 12:30 PM</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>17</p> <p>PRESIDENTS DAY All SCS Offices and Centers are Closed.</p> | <p>18</p> <p>Arts And Crafts 10:30  EASY CRAFTS FOR SENIORS With Mr. Kyle at 11:45 AM  Penn State Nutrition Information 1:00pm</p> | <p>19 HBM Delivery February Birthday Party 11:30 AM  Rep. David M. Delloso 162nd District 11 – 1 PM  Mobile constituent services 12:30 POKENO 1:00 PINOCHLE</p> | <p>20</p> <p>Bible Study 10:30-11:30 AM  Arts and Crafts 12:30 PM  Presentation Prep and Rehearsal 1:30 PM </p> | <p>21 HBM Delivery Free B-I-N-G-O 10:30 AM – 2:00 PM</p> <table border="1" data-bbox="1305 1720 1583 1827"> <tr><td>4</td><td>23</td><td>34</td><td>45</td><td>56</td><td>67</td><td>78</td><td>89</td><td>90</td><td>101</td></tr> <tr><td>5</td><td>17</td><td>28</td><td>39</td><td>50</td><td>61</td><td>72</td><td>83</td><td>94</td><td>105</td></tr> <tr><td>6</td><td>21</td><td>32</td><td>43</td><td>54</td><td>65</td><td>76</td><td>87</td><td>98</td><td>109</td></tr> <tr><td>15</td><td>24</td><td>35</td><td>46</td><td>57</td><td>68</td><td>79</td><td>90</td><td>101</td><td>112</td></tr> <tr><td>16</td><td>25</td><td>36</td><td>47</td><td>58</td><td>69</td><td>80</td><td>91</td><td>102</td><td>113</td></tr> <tr><td>27</td><td>38</td><td>49</td><td>60</td><td>71</td><td>82</td><td>93</td><td>104</td><td>115</td><td>126</td></tr> <tr><td>28</td><td>27</td><td>38</td><td>49</td><td>60</td><td>71</td><td>82</td><td>93</td><td>104</td><td>115</td></tr> <tr><td>1</td><td>28</td><td>42</td><td>60</td><td>78</td><td>96</td><td>107</td><td>125</td><td>134</td><td>143</td></tr> <tr><td>2</td><td>29</td><td>43</td><td>58</td><td>67</td><td>86</td><td>105</td><td>124</td><td>133</td><td>142</td></tr> </table> <p>With A Spin On Black History Month  Call To Schedule Appointment</p> | 4 | 23 | 34 | 45 | 56 | 67 | 78 | 89 | 90 | 101 | 5 | 17 | 28 | 39 | 50 | 61 | 72 | 83 | 94 | 105 | 6 | 21 | 32 | 43 | 54 | 65 | 76 | 87 | 98 | 109 | 15 | 24 | 35 | 46 | 57 | 68 | 79 | 90 | 101 | 112 | 16 | 25 | 36 | 47 | 58 | 69 | 80 | 91 | 102 | 113 | 27 | 38 | 49 | 60 | 71 | 82 | 93 | 104 | 115 | 126 | 28 | 27 | 38 | 49 | 60 | 71 | 82 | 93 | 104 | 115 | 1 | 28 | 42 | 60 | 78 | 96 | 107 | 125 | 134 | 143 | 2 | 29 | 43 | 58 | 67 | 86 | 105 | 124 | 133 | 142 |
| 4 | 23 | 34 | 45 | 56 | 67 | 78 | 89 | 90 | 101 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 17 | 28 | 39 | 50 | 61 | 72 | 83 | 94 | 105 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | 21 | 32 | 43 | 54 | 65 | 76 | 87 | 98 | 109 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | 24 | 35 | 46 | 57 | 68 | 79 | 90 | 101 | 112 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | 25 | 36 | 47 | 58 | 69 | 80 | 91 | 102 | 113 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 27 | 38 | 49 | 60 | 71 | 82 | 93 | 104 | 115 | 126 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 28 | 27 | 38 | 49 | 60 | 71 | 82 | 93 | 104 | 115 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 28 | 42 | 60 | 78 | 96 | 107 | 125 | 134 | 143 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | 29 | 43 | 58 | 67 | 86 | 105 | 124 | 133 | 142 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>24 HBM Delivery Puppetry By Ryan 10:30 AM</p>  Sponsored By Norah's Care PINOCHLE PO-KE-NO 12:30 1:00  Cold? Flu? COVID? They have the answer to those hard questions. | <p>25</p> <p>Arts And Crafts  SEATED EXERCISES FOR SENIORS With Mr. Kyle at 11:45 AM  Main Line Health® Presents "Healthy Heart Eating" 1:00 PM</p> | <p>26 HBM Delivery Senior Community Services Present Care Giving 101 What Is Care Giver Support And Why Is It Important? 10:30 AM</p> <p>Black History Month  25 Black Gospel Songs Members Presentations 12:30 PM</p> | <p>27</p> <p>10:30 Bible Study  Chair Exercise With Mr. Kyle at 11:45 AM  1:00 PM Arts and Craft </p> | <p>28 HBM Delivery  African American News Makers Past and Present 10:30 AM</p> <p>Make Me Beautiful LLC  Get Hair, Nails, & Make-Up done for you. (Small Fee).. **Pre-registration Required**</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

"Thriving With Good Vibes In 2025"

1085 Hook Road, Sharon Hill PA, 19079 ~ Phone: 610-586-8170