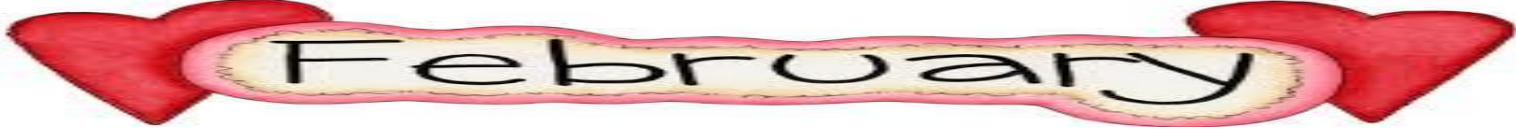


Good Neighbor Senior Center Program Calendar



2 0 2 5

Monday	Tuesday	Wednesday	Thursday	Friday
				
<div>3 HBM Delivery</div> <div>MOVIE MONDAY</div> <div>10:30AM</div> <div></div> <div>Snacks at Small Fee</div> <div></div> <div>12:30 POKENO 1:00 PINOCHLE</div> <div>Senior Center & Case Manager Collaboration with Mr. Thomas 1:00 PM</div>	<div>4</div> <div>10:00 AM Widener Nurses</div> <div></div> <div>Arts And Crafts 10:30</div> <div></div> <div>Chair Exercises for Seniors With Mr. Kyle at 11:45AM</div> <div>Nurse Joy Presents Useful Information On</div> <div></div> <div>1:00 PM</div>	<div>5 HBM Delivery</div> <div>RED CROSS</div> <div>Disaster Readiness Presentation 10:30</div> <div></div> <div></div> <div>J-I-N-G-O</div> <div>The Fun of BINGO with a Little Twist 1:00 PM</div>	<div>6</div> <div>Bible Study 10:30 AM</div> <div></div> <div>CHAIR FITNESS For Older Adult</div> <div>With Mr. Kyle at 11:45</div> <div>Arts and Crafts 1:00 PM</div> <div></div> <div>Would You Rather???</div> <div>Fun Game of Black Heritage Questions.</div>	<div>7 HBM Delivery</div> <div>Pre-Super Bowl Party Boxes</div> <div></div> <div>GET READY FOR THE BIG GAME WITH A SPECIAL GNSC GOODIE BAG & RAFFLE!</div> <div>Wear your best team gear and participate in trivia spirited fight songs and much more.</div>
<div>10 HBM Delivery</div> <div>SONG SELECTION FOR BHM PRESENTATIONS</div> <div>10:30 AM</div> <div></div> <div>THE MOST POWERFUL SELF-DEFENSE TACTICS FOR SENIORS</div> <div>SELF DEFENSE FOR SENIORS</div> <div>By The Pool Guys 12:30</div> <div>Be SAFE. Be SMART. Be EMPOWERED.</div> <div>**Pre-registration Required**</div> <div>12:30 POKENO 1:00 PINOCHLE</div>	<div>11</div> <div>Cardio Drumming 10:30</div> <div></div> <div>HAPPY VALENTINE'S DAY</div> <div>12:30 COGNITIVE RESOURCE KIT</div> <div></div> <div>12:30 POKENO 1:00 PINOCHLE</div>	<div>12 HBM Delivery</div> <div>CASINO BUS TRIP</div> <div>Don't Miss the Bus!</div> <div>Black History Month</div> <div>Wednesday</div> <div>Word Search</div> <div>Find the following words:</div> <div>CROSSWORD Puzzles and other fun ALL DAY activities</div> <div>12:30 POKENO 1:00 PINOCHLE</div>	<div>13</div> <div>Bible Study 10:30 AM</div> <div>Arts and Crafts 1:00 PM</div> <div></div> <div>Red Hatters Gathering Jewelry Making Day</div> <div>1:00 PM</div>	<div>14 HBM Delivery – Double</div> <div>Be Kind to Your Heart Happy Valentine's Day</div> <div>What the World Needs Now is Love</div> <div>Concert with Jay Daniels Love Songs and other Great Surprises!</div> <div>Sweets for the Sweets Dessert Party 12:30 PM</div>
<div>17</div> <div></div> <div>PRESIDENTS DAY</div> <div>All SCS Offices and Centers are Closed.</div>	<div>18</div> <div>Arts And Crafts 10:30</div> <div></div> <div>EASY CHAIR WORKOUT FOR SENIORS</div> <div>With Mr. Kyle at 11:45 AM</div> <div></div> <div>Penn State Nutrition Information 1:00pm</div>	<div>19 HBM Delivery</div> <div>February Birthday Party 11:30 AM</div> <div>Happy Birthday!</div> <div>Rep. David M. Dellosa 162nd District 11 – 1 PM</div> <div>Mobile constituent services</div> <div>12:30 POKENO 1:00 PINOCHLE</div>	<div>20</div> <div>Bible Study 10:30-11:30 AM</div> <div></div> <div>Arts and Crafts 12:30 PM</div> <div>Presentation Prep and Rehearsal 1:30 PM</div> <div></div>	<div>21 HBM Delivery</div> <div>Free B-I-N-G-O 10:30 AM – 2:00 PM</div> <div></div> <div>With A Spin On Black History Month</div> <div>Call To Schedule Appointment</div>
<div>24 HBM Delivery</div> <div>Puppetry By Ryan 10:30 AM</div> <div></div> <div>Sponsored By Norah's Care</div> <div>PINOCHLE PO-KE-NO</div> <div>12:30 1:00</div> <div></div> <div>Cold? Flu? COVID? They have the answer to those hard questions.</div>	<div>25</div> <div>Arts And Crafts 10:30 AM</div> <div></div> <div>SEATED EXERCISES FOR SENIORS</div> <div>With Mr. Kyle at 11:45 AM</div> <div></div> <div>Main Line Health® Presents</div> <div>"Healthy Heart Eating" 1:00 PM</div>	<div>26 HBM Delivery</div> <div>Senior Community Services Present Care Giving 101 What Is Care Giver Support And Why Is It Important? 10:30 AM</div> <div>Black History Month</div> <div></div> <div>25 Black Gospel Songs Members Presentations 12:30 PM</div>	<div>27</div> <div>10:30 Bible Study</div> <div></div> <div>Chair Exercise With Mr. Kyle at 11:45 AM</div> <div>1:00 PM</div> <div>Arts and Craft</div> <div></div>	<div>28 HBM Delivery</div> <div></div> <div>African American News Makers Past and Present 10:30 AM</div> <div>Make Me Beautiful LLC</div> <div></div> <div>Get Hair, Nails, & Make-Up done for you. (Small Fee)..</div> <div>**Pre-registration Required**</div>

“Thriving With Good Vibes In 2025”

1085 Hook Road, Sharon Hill PA, 19079 ~ Phone: 610-586-8170