SEPTEMBER 2023

Chester Senior Center
721 Hayes Street, Chester, PA
610-497-3550 ~ www.scsdelco.org



Monday	Tuesday	Wednesday	Thursday	Friday
For Further information or to volunteer, visit Chester Senior Center or Call 610-497-3550 or visit our website www.scsdelco.org	**CHESTER SENIOR CENTER 2023 THEME: LOVE, GRATITUDE, UNITY, GROWTH** 	**OCEAN CITY, MD TRIP September 4-8, 2023** 	***FOOD TRUCK FESTIVAL & COMMUNITY FUN DAY*** ***SATURDAY, SEPTEMBER 16th 11:00 am—3:00 pm*** 	1 10:00 Sewing Day 10:30 Sing-A-Long **11:00 Cardio Drumming**  1:00 Bingo
4 **Labor Day Holiday Center Closed** **Be Safe** 	**5** **9:00-12:00** **Chiropractor Is In** **9:30—10:00** **Walking Club: A Field** 10:00-12:00 Floral Arranging 10:00 Table Games 10:15 Sit & Fit with Kyle **11:15 Pokeno** 1:00 Bingo 	**6** **9:30—2:00** **Head To Toe Spa Day** **10:00-2:00** **Satellite Office Hours w/ Senator Kane** **11:00-1:00** **Benefits & Services w/ Phoebe** **11:00 UPMC—** **Fall Prevention Workshop** 1:00 Zumba 2:00 Bingo	**7** **9:00-12:00** **Chiropractor Is In** 10:30 Sit & Fit with Kyle 11:00 Bible Study **11:00-3:00** **Widener OT Students** 10:00-12:00 Floral Arranging **11:15** **VISION Care & Eyeglass Cleaning** **1:00 BINGO**	**8** **9:30-11:00** **Jewelry Making** 10:00 Sewing Day 10:30 Sing-A-Long ***Movie Day*** ***Black Adam*** ***Starring*** ***Dwayne Johnson*** ***SNACKS & TREATS*** 12:30 Ice Cream Social 1:00 Bingo
11 10:00 Table games 10:30 Sing-A-Long **11:00 Chair Yoga** **11:00** **Herbal Wellness Talk with Pam** 1:00 Bingo 1:00 Open Art Studio	**12** **9:00-12:00** **Chiropractor Is In** **9:30—10:00** **Walking Club: A Field** 10:00-12:00 Floral Arranging 10:15 Sit & Fit with Kyle **11:15 Bible JINGO** **12:00** **Card Making-Zoom** 1:00 Bingo **6:00-7:00** **Line Dancing**	**13** **11:00-1:00** **Benefits & Services w/ Phoebe** 11:00 Tap Dancing **11:00-12:00** **Healthy Cooking Class** **11:00** **Wii Bowling** 1:00 Zumba 2:00 Bingo	**14** **9:00-12:00** **Chiropractor Is In** 10:30 Sit & Fit with Kyle 10:00-12:00 Floral Arranging 11:00 Bible Study **11:00-1:00** **SEPTA Keycard Signup and Distribution and Presentation** **1:00 BIG BINGO**	**15** 10:00 Sewing Day 10:30 Sing-A-Long **11:00 Cardio Drumming**  1:00 Bingo
18 **9:30—2:00** **Head To Toe Spa Day** 10:00 Table games 10:30 Sing-A-Long **11:00 Chair Yoga** **12:30** **Community Grief Share Art to Heal** **13 Week Session Begins** 1:00 Bingo 1:00 Open Art Studio	**19** **9:00-12:00** **Chiropractor Is In** **9:30—10:00** **Walking Club: A Field** 10:00 Table games 10:00-12:00 Floral Arranging 10:15 Sit & Fit with Kyle **11:15** **Mature Driving Program : ABC's of Driving Safety** **12:30 Red Hatters** 1:00 Bingo **6:00-7:00** **Line Dancing**	**20** **10:30-12:30** **Benefits & Services w/ Phoebe** 10:00 Gospel Aerobics **11:00** **Understanding Alzheimer's & Dementia** 11:00 Tap Dancing **12:30 BOOK CLUB** 1:00 Zumba 2:00 Bingo	**21** **9:00-12:00** **Chiropractor Is In** 10:00-12:00 Floral Arranging 10:30 Sit & Fit with Kyle 11:00 Bible Study **11:15** **Lower Back Pain Presentation** **1:00 Mosaics Class** **1:30 BINGO**	**22** 10:00 Sewing Day 10:30 Sing-A-Long ***Movie Day*** ***Tyler Perry*** ***"Love Ain't Supposed to Hurt:*** ***SNACKS & TREATS*** 1:00 Bingo
25 **10:30—3:00** **ALL DAY BINGO PARTY** 	**26** **9:00-12:00** **Chiropractor Is In** **9:30—10:00** **Walking Club: A Field** 10:00-12:00 Floral Arranging 10:00 Table games 10:15 Sit & Fit with Kyle **11:15 Karaoke & Cocktails** 1:00 Bingo **6:00-7:00** **Line Dancing**	**27** **9:15 Windcreek Casino Trip** **10:30-12:30** **Benefits & Services w/ Phoebe** **10:30 POKENO** 1:00 Tap Dancing **1:00** **All Center Quizzo** 1:00 Zumba 2:00 Bingo	***28*** ***Hoagie Day*** **9:00-12:00** **Chiropractor Is In** **Peer Star On Sight** 10:00-12:00 Floral Arranging 10:30 Sit & Fit with Kyle 11:00 Bible Study **11:15—12:00** **Name That Tune** **1:00 Mosaics Class** **1:30 BIG BINGO**	***29*** 10:00 Sewing Day 10:30 Sing-A-Long **10:30** **The Center of What's Happening Now Fashion Show** **11:30—1:30** **September Birthday Celebration with Singer Patrice Hawthorne**