

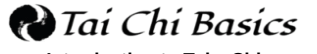
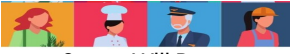
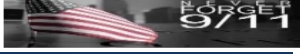
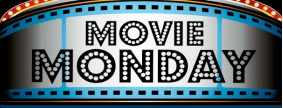
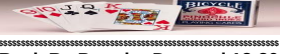
Senior Center Month

National Senior Center Month is celebrated every year in September. It's a wonderful opportunity to showcase our center and market the valuable programs, activities, and services we offer.

Call the center for dates and times of events

The 2026 Theme for Senior Center Month is
"Happier Birthdays Happen Here"

Good Neighbor Senior Center
Program Calendar
September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  "Those Were The Happy Years" ON FACTS AND MYTHS OF WHAT YOU KNOW OR THOUGHT YOU KNEW ABOUT BIRTHDAY CELEBRATIONS. Lots of Fun and Prizes!!!  WITH MR. KYLE at 11:45 AM Introduction To Tai Chi  WITH MR. KYLE at 1:15 PM	2 HBM Delivery National Senior Center Month "Milestone Birthdays"  Word Search 10:30 – 11:30  SENIOR SCATTERGORIES 12:30 PM  PO-KE-NO 12:30 PM  Pinochle Games September Calendar Review 1:00 PM	3 Bible Study 10:30 – 11:30 AM  Chair Exercises for Seniors  WITH MR. KYLE at 11:45AM  Tai Chi Basics Introduction to Tai – Chi With Mr. Kyle 1:15 PM	4 HBM Delivery Doubles Summer Fun & Adventure Memory Day Part 2 - 10:30 AM  Also Viewing CAPE COD TRIP ON THE BIG SCREEN!  Center Will Be CLOSING EARLY FOR LABOR DAY
7 We will be CLOSED TO OBSERVE Labor Day  HAPPY LABOR DAY TO ALL OF YOU	8 10:30~ 11:30 AM Arts And Craft  RETURN FROM THE SUMMER BREAK WITH EXCITING NEW PROJECTS THAT YOU NEED TO SEE!!!!  12:30~ 1:00 PM 1:15 PM With Mr. Kyle  TAI CHI	9 HBM Delivery "Know Your Neighbor" B-I-N-G-O  Chatting and Networking Game 10:30 AM  Budgeting Hacks: Unlock Smart, Fun Ways to Save Big! Zoom Webinar 12:30 – 1:30 PM Gifts and Giveaways Provided.	10 BIBLE STUDY  10:30 – 11:30 AM ARTS AND CRAFTS 12:00 PM Come Show Your Creative Skills!  Red Matters Gathering 1:00 PM  Tai Chi With Mr. Kyle 1:15 PM	11 HBM Delivery Things Worth 'Never Forgetting' On 9/11  After 25 Years Get An Early Start On Open Enrollment  With Paul B. Sumler 10:30 AM National Grandparents Day Is SUNDAY, SEPTEMBER 13th! While we honor our grandparents daily, take an extra moment to appreciate all the joy and wisdom that grandparents bring to our lives. Special Tribute at 12:30 PM
14 HBM Delivery RESPECT FOR THE AGED DAY  Celebrating and Recognizing Our Elders Birthdays With Memory Match Game RESPECT FOR THE AGED DAY 敬老の日 Respect – Significance –Traditions 12:30 POKENO 1:00 PINOCHLE SCS CARE MANAGER COLLABORATION 1:00 PM	15 C'mon Get Crafty At 10:30 With  CRAFTS Cognitive Resource Kit – 12:30  Presented by Dora	16 HBM Delivery  Lincoln Heritage Estate Management and Planning Presentation 10:30 AM AFTERNOON GAME TIME  Cornhole, WII, Chess, Checkers  And Other Fun Games. PO-K KE-NO & Pinochle Games 12:30	17 BIBLE STUDY 10:30 – 11:30 AM  BIBLE Study  ARTS AND CRAFTS ~ 12:30  Tai – Chi 1:15PM With Mr. Kyle	18 HBM Delivery  FREE BINGO! JOIN US FOR A FEW ROUNDS OF BINGO AND WIN PRIZES! 10:30 AM -2:00 PM Get relieve from stressors at a session of REIKI. Call To Make Your Appointment.
21 HBM Delivery  MOVIE MONDAY Watch Two Features that "Celebrate Aging Gracefully" with Comedy, Intrigue and Fun! Pop Corn, Snacks, Drinks and Many More Surprises.  PINOCHLE & POKENO 12:30 POKENO 1:00 PINOCHLE	22 Celebrate The First Day Of Autumn At Good Neighbor  WITH FALL ARTS AND CRAFTS Casino Trip  Present: Safer Steps: Fall Prevention in the Home at 1:00 PM Pinochle and PO-KE-NO 12:30	23 HBM Delivery CELEBRATE SEPTEMBER BIRTHDAYS  Happy Birthday AT OUR BIRTHDAY PARTY 11:30 AM – 1:30 PM Must Call Center To Register!!!! Rep. David M. Deloso 162nd District 11 – 1 PM  MOBILE CONSTITUENT SERVICES	24 Bible Study 10:30 – 11:30 AM  Bible Study YOU DO NOT WANT TO MISS Jennifer Podberesky Lead MTM Pharmacist from Thrive Rx / Martin Drugs Vaccine Clinic 11:00 AM For COVID and FLU Shots  RSVP 1:00 PM	25 HBM Delivery What Topics Are On Your Mind?  NEWS What's New in Current Events In Our Community, Country and World? Our Roving Reporters have the answers to those though questions. 10:30 AM ALSO You are invited to join us at the "Community Day" When: Saturday, September 26, 2026 11:00 AM -3:00 PM Where: 1st AME Church 1201 Hook Road Darby Township, Sharon Hill, PA
28 HBM Delivery ZUMBA GOLD with Lavania 10:30 – 11:30 12:30 POKENO 1:00 PINOCHLE  Back By Popular Demand 12:30  Motown So Much Fun Singing and Remembering!	29 PA-MEDI Counseling 10:00 – 12:00 BY APPOINTMENT ONLY  ARTS AND CRAFTS 1 0:30 AM  EASY CHAIR WORKOUT FOR SENIORS WITH MR. KYLE AT 11:45 AM Tai Chi With Mr. Kyle at 1:15 PM  PO-KE-NO 12:30 PM PINOCHLE 1:00 PM	30 Join the  Delaware County Health Department SENIOR FALL WALKING CHALLENGE INFORMATION & PROMOTIONAL DAY Hear all of rules and regulations that will help make your center the winning site. Other Fun Games and Activities for the Day.	SPECIAL EVENTS COMING UP:  Senior Expo at Drexel Brook Thursday September 12th 9AM - 12 Noon. 4700 Drexelbrook Drive, Drexel Hill, PA 19026	Mark your Calendar for Wednesday <u>October 21,</u> 2026. Get your "Bosco's Shopping Passes" and information on this great day of shopping and giving from your Senior Center.  Bosco's FRIENDS HELPING FRIENDS

