

SCS SENIOR COMMUNITY SERVICES

September 2023
Schoolhouse Center

600 Swarthmore Ave
Folsom, Pa 19033
610 237-8100
Scs-delco.org
Volunteers Always Needed

Get Giant Cards at Front Desk

Monday	Tuesday	Wednesday	Thursday	Friday
HOT MEALS ...$2.50 Available **Mon.,Wed., & Fri** Reserve w/FRONT DESK **Lunch Served 11:30-12:15**		*See the Front Desk at Schoolhouse to sign up for all of this months events!*		**1** 9:00 Pinochle **/ Pool** 9:00**-BINGO $$$$** 12:00 ***Peg Plays Piano*** ****come sing along**** 12:00 Open Art Studio 12:00 Rummikub 1:00 Wii Bowing w/Shirley **Games All Day**
4 **Center Closed Labor Day**	**5** 9:00 Pool 9:00 Blood Pressure Screens 9:00 Craft Sale 9:30 **Garden Club** 10:00 ***Healthy Moves*** 12:00 Knitters & Crocheters 12:30 ***Line Dance*** 1:30 Mahjongg/Games 4:00 Tuesday @ Pat's	**6** 9:00 Exercise 9:**00BINGO $$$$** 9:00 Pinochle / Pool 12:00 **AARP Driver Safety (Refresher Class)** 1:30 Darts 2:30 Chair Yoga **Games All Day**	**7** 9:00 Pool 10:00 ***Healthy Moves*** 12:15 **Nutrition Class w/Joan, Penn State Sponsor** 1:15 **QUIZZO Game w/John** 2:00 Mosaics 6:00 Mosaics	**8** 9:00 Pinochle **/ Pool** 9:00**-BINGO $$$$** **10:00 Cardio Drumming** 11:30 Eagles Pep Rally w/lucnh 12:00 ***Peg Plays Piano*** ****come sing along**** 12:00 Open Art Studio 12:00 Rummikub 1:00 Wii Bowing w/Shirley
11 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 12:15 **Pinochle Tournament** 1:00 Phillies Game (TV) 1:00 Open Studio-Mosaics 1:00 Meditation - (Zoom) **7:00 Square Dance**	**12** 9:00 Pool 9:00 Blood Pressure Screens 9:00 Craft Sale 9:30 **Garden Club** 10:00 ***Healthy Moves*** 12:00 Knitters & Crocheters 12:30 ***Line Dance*** 1:00 **Advisory Council Ice Cream Social** 1:30 Mahjongg/Games 4:00 Tuesday @ Pat's	**13** 9:00 Exercise 9:00**-BINGO $$$$** 9:00 Pinochle/ Pool 10:30 ***Zumba*** 12:00 **AARP Driver Safety (New) Class-Part I** 1:00 **Tell Us Your Story** *Joan Erickson* 1:30 Darts 2:30 Chair Yoga **Games All Day**	**14 Sight & Sound Trip** 9:00 Pool 10:00 ***Healthy Moves*** 10:00 Grief Group Meets 12:15 ***Women In The Bible*** 2:00 Mosaics 6:00 Mosaics	**15** 9:00 **Pinochle / Pool** 9:00**-BINGO $$$$** 12:00 ***Peg Plays Piano*** ****come sing along**** 12:00 Open Art Studio 12:00 Rummikub 12:30 Crochet w/***Mercedes*** 1:00 Wii Bowing w/Shirley **Games All Day**
18 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 10:00 **Fresh Flower Arranging Sign up @desk!!** 12:15 **Pinochle Tournament** 1:00 Open Studio-Mosaics 1:00 Meditation - (Zoom) **7:00 Square Dance**	**19** 9:00 Pool 9:00 Blood Pressure Screens 9:00 *Craft Sale* 9:30 **Garden Club** 10:00 ***Healthy Moves*** 12:00 Knitters & Crocheters 12:30 ***Line Dance*** 1:30 Mahjongg/Games 4:00 Tuesday @ Pat's	**20** 9:00 Exercise 9:00**-BINGO $$$$** 10:30 ***Zumba*** 12:00 **AARP Driver Safety (2)** 12:00 ***Rep Delloso & Office Staff Gives help & Info*** 12:00 **September Birthdays** *12:30 Lets go Shopping* *Cog Stim Kit* 1:30 Darts 2:30 Chair Yoga **Games All Day**	**21 National ALZHEIMER DAY** 9:00 Pool 10:00 ***Healthy Moves*** 12:15 ***Brain Health w/Home Instead*** 12:30 ***Book Club*** **4-6 PM *Mid Life Crisis Band*** **Wine & Cheese** 2:00 Mosaics 6:00 Mosaics	**22** 9:00 **Pinochle / Pool** 9:00**-BINGO $$$$** **10:00 Cardio Drumming** 12:00 ***Peg Plays Piano*** ****come sing along**** 12:00 Open Art Studio 12:00 Rummikub 1:00 Wii Bowing w/Shirley **Games All Day**
25 9:00 Pinochle/Pool 9:30 Spanish Class -Zoom 12:15 **Pinochle Tournament** 1:00 ***Solo Aging Series*** 1:00 Open Studio-Mosaics 1:00 Meditation - (Zoom) **7:00 Square Dance**	**26** 9:00 Pool 9:00 Blood Pressure Screens 9:00 *Craft Sale* 9:30 **Garden Club** 10:00 ***Healthy Moves*** 12:00 Knitters & Crocheters 12:30 ***Line Dance*** 1:30 Mahjongg/Games 4:00 Tuesday @ Pat's	**27** 9:00 Exercise 9:00**-BINGO $$$$** 9:00 Pinochle / Pool 10:30 ***Zumba*** 12:00 **Advisory Council** 1:00 **Dana Breslin,Esq.** ***What to gather before meeting with your Attorney.*** **1:30 Darts** 2:30 Chair Yoga **Games All Day**	**28** 9:00 Pool 10:00 ***Healthy Moves*** 11:00 **HEALTH FAIR with Flu Shots Shingle Shots, Covid Boosters, Samples,ETC** 1:00 ***Search Your Ancestry*** *w/Sheriff Jerry Sanders* 2:00 Mosaics 6:00 Mosaics	**29** 9:00 **Pinochle / Pool** 9:00**-BINGO $$$$** 12:00 ***Peg Plays Piano*** ****come sing along**** 12:00 Open Art Studio 12:00 Rummikub 12:30 Crochet w/***Mercedes*** 1:00 Wii Bowing w/Shirley **Games All Day**