SCS Friendship Circle Calendar

www.scs-delco.org September 2023 610-237-6222

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COMMUNITY EVENTS **September 10 Senator Williams Tailgate** **September 23 East Lansdowne Community Day** **September 30 Lansdowne Market (Weaving Sale)**	**SPECIAL EVENTS** 9/5: Book Review 9/13: Simply Drawing resumes Cog Stim Kit (Our Changing Diet) 9/20: Arlington Cemetery 9/26: Carfit Program 9/27: Genealogy Tai Chi resumes 9/28: Flu and Pneumonia Shots Sepsis Presentation		****REGISTRATION/ APPROINTMENT NEEDED** CELEBRATE NATIONAL SENIOR CENTER MONTH	**1** 8:30 Pool Shoot 9:00 Yoga 10:00 Weaving 10:00 Bible Study (Conference Call 484-209-0886) 11:00 Sing A Long 11:00 Bingo 12:00 Line Dancing 11:30 To-Go Meals
4 **LABOR DAY OBSERVED**	**5** 8:30 Pool Shoot 10:00 Stretch and Motion 10:30 Quilting **11:00 Book Review - "Thou Shall Not Steal" Al Hunter Jr.** 1:00 Chess 11:30 To-Go Meals	**6** 8:30 Pool Shoot 10:00 Exercise and Motion 11:00 Bible Discussion 12:00 Indoor Dining	**7** 8:30 Pool Shoot 9:00 Chair Yoga 10:00 Bible Class 11:00 Wii 1:00 Zumba **9:00—12:00 Senior Expo at Drexel Brook** 10:00 Boutique 11:30 To-Go Meals	**8** 8:30 Pool Shoot 9:00 Yoga 10:00 Bible Study (Conference Call 484-209-0886) 10:00 Weaving 10:00-12:00 Birthday Bash 11:00 Bingo 11:00 Sing A Long 12:00 Line Dancing 12:00 Indoor Dining
11 8:30 Pool Shoot 9:00 Walking Club 10:00 Crosswords 10:00 Watercolor Class 11:00 Garden Club 11:00 Pinochle 12:00 Cardio Drumming 11:30 To-Go Meal	**12** 8:30 Pool Shoot 10:00 Stretch and Motion 10:30 Quilting 10:30 Book Club Michelle Obama (The Light We Carry) 1:00 Chess 11:30 To-Go Meals	**13** 8:30 Pool Shoot 10:00 Exercise and Motion 11:00 Bible Discussion 12:30 Simply Drawing 1:00 Cognitive Stim Kit (Our Changing Diet) 12:00 Indoor Dining	**14** 8:30 Pool Shoot 9:00 Chair Yoga 10:00 Bible Class 11:00 Wii 1:00 Zumba 10:00 Boutique 11:30 To-Go Meals	**15** 8:30 Pool Shoot 9:00 Yoga 10:00 Weaving 10:00 Bible Study (Conference Call 484-209-0886) 10:00 Red Hatters 11:00 Bingo 12:00 Line Dancing 12:00 Indoor Dining
18 8:30 Pool Shoot 9:00 Walking Club 10:00 Watercolor Class 10:00 Crossword 11:00 Pinochle 11:00 Constituent Services 12:00 Cardio Drumming 1:00 Advisory Meeting 11:30 To-Go Meals	**19** 8:30 Pool Shoot 10:00 Stretch and Motion 10:30 Quilting 1:00 Chess 11:30 To-Go Meals	**20** 8:30 Pool Shoot 10:00 Exercise and Motion 11:00 Bible Discussion 12:00 Arlington Cemetery 12:30 Simply Drawing 12:00 Indoor Dining	**21** 8:30 Pool Shoot 9:00 Chair Yoga 10:00 Bible Class 11:00 Wii 12:00 **AARP Digital How to Protect your Personal Info on line 1:00 Zumba 10:0 Boutique 11:30 To-Go Meals	**22** 8:30 Pool Shoot 9:00 Yoga 10:00 Weaving 10:00 Bible Study (Conference Call 484-209-0886) 11:00 Bingo 12:00 Line Dancing 12:00 Indoor Dining
25 8:30 Pool Shoot 9:00 **AARP-Refresher 9:00 Walking Club 10:00 Crosswords 10:00 Watercolor Class 11:00 Pinochle 12:00 Cardio Drumming 11:30To-Go Meals	**26** 8:30 Pool Shoot 10:00 Stretch and Motion 10:00-1:00 **Carfit Program 10:30 Quilting 1:00 Chess 11:30 To-Go Meals	**27** 8:30 Pool Shoot 10:00 Exercise and Motion 11:00 Bible Discussion 12:00 **Genealogy 12:30 Simply Drawing 1:00 T'ai Chi Chih 12:00 Indoor Dining	**28** 8:30 Pool Shoot **9:00-11:00 Flu and Pneumonia Shots** 9:00 Chair Yoga 10:00 Bible Class 11:00 Wii 11:00 Sepsis (What is it) Presentation 1:00 Zumba 10:00 Boutique 11:30 To-Go Meals	**29** 8:30 Pool Shoot 9:00 Yoga 10:00 Weaving 10:00 Bible Study (Conference Call 484-209-0886) 11:00 Bingo 12:00 Line Dancing 12:00 Indoor Dining

Thank you . . .

Community Donors 2023

The following businesses support *Senior Community Services (SCS) Friendship Circle*

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