

Incarceration Affects the Whole Family

Children of incarcerated parents and their caregivers need support.

The Family Ties Inside Out Project is here to help with a number of new virtual support groups.

Audience:	Hosted by:	Day/Time:	To Register:
Preschool-aged Children & their Caregivers (Ages 3-4 years)	Family Connections Resource Center	Last Wednesday of each month 12:00-1:00 pm	Email sjones@childrenunlimitedinc.org
Elementary School (Ages 5-9 years)	Family Resource Center of Central NH	Twice monthly on the 2nd and 4th Mondays of each month 4:30-5:30pm	Sign up now Or email tricia.tousignant@lrcs.org
Middle School (Ages 10-13 years)	The Family Resource Center Of Gorham	The 3rd Tuesday of each month 2:30 –3:30pm OR 4:30-5:30 pm	Family Ties Inside Out (office.com) Or email kat.morris@frc123.org
High School (Ages 14-18 years)	The Upper Room Family Resource Center	Twice monthly on the 1st and 3rd Tuesday of each month 4:30-5:30pm	Sign up now Or email bguggisberg@urteachers.org
Caregivers of Children with Incarcerated Parents	Families First	Last Monday of the month 7-8pm	Email jclement@familiesfirstseacoast.org
Caregivers of Children with Incarcerated Parents	Archways	First Thursday of each month 1:00-2:00 pm	To sign up, email dlafrazia@archwaysnh.org

Children of incarcerated parents and their caregivers need to know they're not alone!

Join us for a safe place to feel supported, offer understanding to others, process feelings and learn how to cope with them.

Children's groups will consist of talking and through games, stories & other playful activities.

All participants will receive A Walmart Gift Card for each session they attend.

All support groups will be held via Zoom.