

Youth Group

High School (9th-12th) Rm 125,

Middle Hour | 10:30 - 11:30 a.m.

Our youth will explore Virtue Ethics: an Ethical Development program. This program's premise—in the words of the Buddha, recited in every workshop Opening—is that “our thoughts and actions become habits and our habits shape our character.” We have some control over our character. We can shape the person we want to be by making intentional, thoughtful decisions. In addition, Youth will engage in Service Learning Projects, Social Justice opportunities, connecting through social events and Our Whole Lives Sexuality Education programming.

Service Learning Projects

2nd Sunday of the month | Rm 113/115

Children ages 6-18 years are welcome to attend and help with our monthly service learning projects. Service Learning Projects are a great opportunity for your child to participate in meaningful activities that benefit our local community.

YoUU Chapel

4th Sunday of the month | Chapel

Once per month all of our younger UU's will meet in the chapel during the Middle Hour to worship and explore our faith together!

More Religious Education Opportunities

Circle of Life Cooperative

This week-day preschool program encourages children to explore their world in a safe and loving environment. Daily outdoor play, nourishing snacks, sharing, and getting along with friends all make a part of each day. And we learn the alphabet, too!

See frederickuu.org/circleoflife/ for more information.

Adult Spiritual Enrichment

Classes, seminars, workshops and activities designed to enrich the lives of members, friends, and interested community members.

See frederickuu.org/ase/register for current classes & registration information.

Chalice Communities

These small groups of 6-10 people meet twice a month to talk about things that really matter, explore deeper spiritual questions, and connect with the others in the group.

Contact cc@frederickuu.org

Parent's Night Out, Family Potlucks, Parenting Forum

Monthly opportunities for families and parents to connect, socialize and learn together will be offered, be sure to check out dates/times in the newsletter!



2018-2019

Children & Youth Religious Education Program

Rev. Dr. Carl Gregg, Minister
minister@frederickuu.org

Nichole Hodes-Abbasi
Director of Religious Education
education@frederickuu.org
ph. 301.473.7682

Come, Come Whoever You Are

At the Unitarian Universalist Church of Frederick our Religious Education program nurtures spiritual discovery, building beloved community and teaching how to act for peace and justice.

Come and join us on the journey!

You are WELCOME here!

Please register your child(ren) for our Sunday Religious Education (RE) or Nursery Care during our Sunday services.

Register at:

<https://docs.google.com/forms/d/1sdC6Wsv4G9SDa2F2OQwjKZ3mmmySW13zUGSZFBk5Xtys/edit?usp=sharing>

Sunday Schedule

**Beginning September 9, 2018,
UUCF will return to two Sunday services,
9:30 a.m. & 11:30 a.m., between Labor Day &
Memorial Day.**

Religious Education classes for grades PreK-8th grade are held twice per month during the 10:30am Middle Hour, typically the 1st and 3rd Sundays. During Middle Hour on the 2nd and 4th Sundays Children and Youth will have the opportunity to engage in Service Learning Projects and YoUU Chapel. Youth in grades 9-12 will meet the 1st and 2nd Sunday per month during the middle hour and the 3rd and 4th Sunday at 11:30am.

Nursery Care

Nursery Care is provided for Children ages 6 months-3 years each Sunday from 9:15-12:30.

Religious Education

Arts & Exploration

Preschool-Third Grade, 9:30 & 11:30

During the Sunday services, preschoolers-third graders will be sung out of the sanctuary and participate in some creative activities, led by the DRE and members of the congregation.

Fourth graders and older are invited to participate in the Sunday service! A special journal for drawing and writing is available by request; it is a great contemplative tool and record of thoughts and discoveries. We also recruit chalice lighters from among this group.

Chalice Children

Preschool/Kindergarten | Rm 120

September-May

Chalice Children delves deep into our Unitarian Universalist faith. It strives not just to teach about our faith, but also to provide experiences around the strength of community, the wonder and awe that transcend everyday understanding, and life issues we all share.

Faithful Journeys

1st-3rd Grade | Rm 123

September-May

Participants embark on a pilgrimage of faith, exploring how Unitarian Universalism translates into life choices and everyday actions. Children have regular opportunities to share and affirm their own stories of faithful action.

Circle of Trees

4th and 5th Grades | Rm 124

September-December

Circle of Trees nurtures a deep connection with trees, nature, and all of earth's living creatures. The program uses trees as an entry point to understand and connect with life on earth.

Our Whole Lives

4th and 5th Grades | Rm 124

January-May

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior and provides accurate, developmentally appropriate information about a range of topics. Visit uua.org/re/owl for details.

Building Bridges

6th-8th Grades | Rm 115

Building Bridges is a world religions program to deepen youth's understanding of the dynamic, fascinating, and varied world in which they live. It seeks to broaden their knowledge of humanity and embolden their spiritual search.



**UNITARIAN
UNIVERSALIST**
CONGREGATION OF FREDERICK
Spirituality · Community · Justice

Nichole Hodges-Abbasi

Director of Religious Education (DRE)

education@frederickuu.org

ph. 301.473.7682