



Worship with Communion 19th Sunday after Pentecost Mental Health Awareness

VIDEO: View & interact on any device live at 10AM on October 11

go.mysjec.com/facebook or go.mysjec.com/youtube

You can watch the videos at any time after they air live.

Welcome! We're glad that you chose to worship with us today!

Amma Diane

♪ **We Come to You for Healing, Lord**

We come to you for healing, Lord, of body, mind, and soul,
and pray that by your Spirit's touch we may again be whole.

As once you walked through ancient streets and reached toward those in pain,
we know you come among us still with power to heal again.

You touch us through physicians' skills, through nurses' gifts of care,
and through the love of faithful friends who lift our lives in prayer.

Through nights of pain and wakefulness, through days when strength runs low,
grant us your gift of patience, Lord, your calming peace to know.

We come to you, O loving Lord, in our distress and pain,
in trust that through our nights and days your grace will heal, sustain.

Words: Herman G Stuempfle Jr, 2002. ©2006 GIA Publications Inc. All rights reserved. Tune: *LAND OF REST*, American Folk melody.

Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be God's kingdom, now and forever. **AMEN!**

Remembering Those Touched by Mental Illness

Celebrant October brings a variety of opportunities to remember those touched by mental illness. US Mental Illness Awareness Week and World Mental Health Day are observed, as well as National Day Without Stigma and National Depression Screening Day. Mental illnesses are more common than cancer, diabetes, or heart disease. According to the National Institute of Mental Health, about 1 in 4 adults and 1 in 5 children in the U.S. suffer from a diagnosable mental illness in any given year (about 1 in 17 adults live with serious mental disorders). That means a significant number of people in our congregation have a family member or friend living with mental health issues or is living with those issues themselves. These include major depression, bipolar disorder, mood disorders, schizophrenia, anxiety disorders, panic disorders, post-traumatic stress disorder, personality disorders, obsessive compulsive disorder, social phobias, and others.

In many places, including our faith communities, there can be stigma surrounding mental illness. Many people of faith with mental health issues first go to a spiritual leader for help, and studies show that clergy and lay leaders are often not effective in providing appropriate support and referral information. All our faith communities can be a caring congregation for

persons living with a mental illness and their family and friends. We as people of faith can help to educate, welcome, support, and advocate for those among us who are touched by mental illness.

Candle Lighting

Celebrant Paul, writing to the Galatians, challenges those Christians to “Bear one another’s burdens, and in this way you will fulfill the law of Christ.” We’ll now light seven candles to remind us of the burdens we share and our ongoing call to support each other.

The first candle is lighted

Reader 1 We light the candle of **Truth** that God will help us dispel ignorance and misinformation about mental health disorders.

The second candle is lighted

Reader 2 We light the candle of **Healing** that troubled minds and hearts, broken lives and relationships might be healed.

The third candle is lighted

Reader 1 We light the candle of **Understanding** that the darkness of stigma, labels, exclusion, and marginalization might be dispelled for the sake of those touched by mental illness.

The fourth candle is lighted

Reader 2 We light the candle of **Hope** for persons and families living with mental illness, for better treatment, for steadier recovery, for greater opportunity to work and serve.

The fifth candle is lighted

Reader 1 We light the candle of **Thankfulness** for compassionate, dedicated caregivers and mental health professionals; for new scientific discoveries and better medications.

The sixth candle is lighted

Reader 2 We light the candle of **Faith** to dispel doubt and despair for those who have lost hope and are discouraged.

The seventh candle is lighted

Reader 1 We light the candle of **Steadfast Love** to remind us of God’s love and faithfulness, and to remind us to share the light of love and service for those living with mental illness. Let us pray.

All **Lord of the excluded: Open my eyes to those I would prefer not to see... Open my life to those I would prefer not to know... Open my heart to those I would prefer not to love... In doing so, open my awareness to where I exclude you. AMEN!**

Reader 2 Holy God, open unto us light for our darkness, courage for our fear, hope for our despair. Loving God, open unto us wisdom for our confusion, forgiveness for our sins, love for our hate. God of Peace, open unto us calm for our turmoil, joy for our sorrow, strength for our weakness. Generous God, open our hearts to receive all your gifts.

All **AMEN!**

candle lighting litany from Carole J Wills, NAMI's FaithNet advisory committee

First Lesson

Philippians 4. 4-9

Reader 1 A reading of Philippians 4. 4-9.

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Reader 1 The Word of the Lord.

People Thanks be to God.

Unison Reading

Psalm 23

Reader 1 Let us read in unison Psalm 23.

All The Lord is my shepherd; I shall not be in want. You make me lie down in green pastures and lead me beside still waters. You revive my soul and guide me along right pathways for your name's sake. Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me. You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over. Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

Gospel

Matthew 22. 1-14

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Once more Jesus spoke to the people in parables, saying: "The kingdom of heaven may be compared to a king who gave a wedding banquet for his son. He sent his slaves to call those who had been invited to the wedding banquet, but they would not come. Again he sent other slaves, saying, 'Tell those who have been invited: Look, I have prepared my dinner, my oxen and my fat calves have been slaughtered, and everything is ready; come to the wedding banquet.' But they made light of it and went away, one to his farm, another to his business, while the rest seized his slaves, mistreated them, and killed them. The king was enraged. He sent his troops, destroyed those murderers, and burned their city. Then he said to his slaves, 'The wedding is ready, but those invited were not worthy. Go therefore into the main streets, and invite everyone you find to the wedding banquet.' Those slaves went out into the streets and gathered all whom they found, both good and bad; so the wedding hall was filled with guests. But when the king came in to see the guests, he noticed a man there who was not wearing a wedding robe, and he said to him, 'Friend, how did you get in here without a wedding robe?' And he was speechless. Then the king said to the attendants, 'Bind him hand and foot, and throw him into the outer darkness, where there will be weeping and gnashing of teeth.' For many are called, but few are chosen."

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

Amma Diane

Nicene Creed

Celebrant Let us join in the words of the Nicene Creed.

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. AMEN!

Prayers of the People

Reader 2 God of love, we celebrate that today you are still speaking a word of acceptance, wholeness, and inclusion of all your differently-abled people, including those living with mental health disorders and those who support them. We give thanks for the Body of Christ and the ways we seek to live out Christ's commandment to love you, and to love our neighbors as ourselves.

All **We give thanks that you are the source of healing and peace.**

Reader 2 On this Mental Health Awareness Sunday we pray for people who live with untreated mental illness and who are unable to find help and cannot afford medical care:

All **Bring healing, bring peace.**

Reader 2 We pray for an end to the stigma of mental illness:

All **Bring healing, bring peace.**

Reader 2 We pray for families torn apart by mental health issues, and for families that hold on to one another during difficult times of illness:

All **Bring healing, bring peace.**

Reader 2 We pray for those who have lost a loved one to suicide:

All **Bring healing, bring peace.**

Reader 2 We pray for children, teens, and adults learning how to live with newly diagnosed conditions:

All **Bring healing, bring peace.**

Reader 2 We pray for people burdened by labels and stereotypes:

All **Bring healing, bring peace.**

Reader 2 We pray for mental health caregivers, for scientific researchers, and for professionals who seek to bring compassion, treatment, and healing to those who live with mental health disorders:

All **Bring healing, bring peace.**

Reader 2 We pray for people who are victims of bullying and discrimination because of their mental illness. Help our society to be more compassionate of differently abled people:

All **Bring healing, bring peace.**

Reader 2 We lift up all those on our prayer list, and others we remember now:

All **Bring healing, bring peace.**

Reader 2 We give thanks for the many gifts that people with mental health disorders bring into the world and celebrate the creative genius of artists, scientists, authors, scholars, business leaders, actors, musicians, inventors, and presidents who live with mental illness. Still speaking God, as the mysteries of the human brain unfold, we remain in awe of the intricate ways in which we are created in your image.

All **AMEN!**

adapted from the United Church of Christ Mental Health Network

Reader 2 We pray to you also for the forgiveness of our sins.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. AMEN!**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All **AMEN!**

Passing the Peace

Celebrant The peace of Christ be always with you.

People And also with you.

Invitation to Communion

from the Iona Community, Scotland

Celebrant The table of bread and wine is now to be made ready. It is the table of company with Jesus, and all who love him. It is the table of sharing with the poor of the world, with whom Jesus identified himself. It is the table of communion with the earth, in which Christ became incarnate. So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time; you who have tried to follow Jesus, and you who have failed; come.

♪ **God Whose Will is Health and Wholeness**

God whose will is health and wholeness, hear your people as we pray:

Many now are facing illness; more face sickness every day.

As we lift our song toward heaven, may we use the gifts you give —

Science, justice, and compassion — to help others safely live.

Jesus taught that your commandments call for us to use the mind.

May we use the gifts of science to seek health for humankind.

Bless the ones who work for healing; bless the ones who seek to be

Builders of a health care system that protects society.

God, you call for love and justice, yet our laws are far from wise:

Many don't have good insurance; lack of health care threatens lives.

Many workers must keep working, sick or not, to pay the bills.

Turn us round when we have sanctioned greed that leads to greater ills.

Loving God, we ask your blessing on the sick and those they love,

And we pray for those now grieving as they lift their cries above.

There is trouble all around us; illness causes pain and fear.

Give compassion, love and kindness as we serve your people here.

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Offering Our Gifts

Celebrant Gifts and offerings may be mailed to the church or sent through your bank. There are also online giving options on our web site at mysjec.com/donate. Thank you for your financial support as we've adapted our ministry and mission together these past few months.

Celebrant Inspire us to always share your love through action, O God:

People **Strengthen us to always be an inviting safe community for all.**

Great Thanksgiving

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Lift up your hearts.

All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

All **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

All **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

All **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

All **By his blood, he reconciled us. By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

All **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Celebrant And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take... eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

All **We celebrate his death and resurrection, as we await the day of his coming.**

Celebrant Lord God of our Fathers and Mothers: God of Abraham and Sarah, of Isaac and Rebekah, of Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All **Risen Lord, be known to us in the breaking of the Bread.**

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All **AMEN!**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. AMEN!**

Breaking Bread

Celebrant Alleluia! Christ our Passover is sacrificed for us;

All **Therefore let us keep the feast. Alleluia!**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Celebrant gives the invitation to spiritual communion to all participating near and far.

Celebrant Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. AMEN!**

Blessing

Celebrant May the blessing of God, who Creates, Redeems, and Sustains, be upon you and all you love and pray for, this day and for ever more.

All **Alleluia! AMEN!**

♪ Christ is Alive! Let Christians Sing

Christ is alive! Let Christians sing. The cross stands empty to the sky.

Let streets and homes with praises ring. Love, drowned in death, shall never die.

In every insult, rift and war, where color, scorn, or wealth divide,

Christ suffers still, yet loves the more, and lives, where even hope has died.

Women and men, in age and youth, can feel the Spirit, hear the call,

and find the way, the life, the truth, revealed in Jesus, freed for all.

Christ is alive, and comes to bring good news to this and every age,

till earth and sky and ocean ring with joy, with justice, love and praise.

Words: Brian Wren, 1968, © 1975 Hope Publishing Co. Music: TRURO, Thomas Williams, Psalmodia Evangelica, 1789.

Sending

Celebrant Go forth into the world, sharing the Good News of God's love. Alleluia, alleluia!

All **Thanks be to God! Alleluia, alleluia!**

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If you have any questions, concerns, or pastoral needs, please call The Rev Diane M Murray, Rector: 920.860.5152

Thank you for your support! Gifts may be mailed to the church or sent through your bank.

There are also online giving options on our web site at mysjec.com/donate.

October's special offering supports the Rector's Discretionary Fund—please label accordingly.

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