

Welcome to St James Episcopal Church...

We're glad that you chose to worship with us today!

- Masks are optional for all church activities, including worship. Distancing is still a safer practice.
- Communion is provided for those who would like to consume bread and/or wine as directed. You may participate in spiritual communion if you prefer to not receive either physical element. (*This is sacramentally appropriate any time receiving bread and/or wine is not a possibility for any reason. The bread and wine are the outward and visible signs of the inward and spiritual grace in the communion sacrament*)

This Worship service will be live-streamed. If you have privacy concerns for yourself or your child(ren), please let Amma Diane or an usher know. Nobody will be identifiably visible during Communion.

Our videos may be viewed online live or any time: go.mysjec.com/youtube

globally
450 million
people



1 in 5 children



1 in 4 adults

10AM Worship with Communion – October 9, 2022
18th Sunday after Pentecost – Mental Health Awareness

Sharing
God's Love
Through
Action

ST JAMES
EPISCOPAL CHURCH, MANITOWOC
An inviting safe community for all

Today's Worship leadership includes...

Ministers Members of the Congregation

Readers 1 — Chris Eggert-Rosenthal

2 — Sally Hunner

3 — Mary Green

Eucharistic Minister Dave Dillman

Rector (Pastor) The Rev'd Diane M Murray (Amma Diane)

Worship Coordinator Tony Karl

Pianist Barb Cook

We are an inclusive community of faith that welcomes and celebrates diversity in age, race, nation of origin, citizenship status, gender identity, sexual orientation, social status, political view, background, ability level, marital status, and anything else that makes us unique. Whatever your reason for coming, we are glad you are here!

St James Episcopal Church, 434 North 8th Street, Manitowoc, WI 54220

mysjec.com — info@mysjec.com — Church Office: 920.684.8256

Amma Diane: 920.860.5152 (cell/text) — dianemarie.murray@gmail.com

If you would like to know more about the life, mission, or ministries of St James Episcopal Church, please talk to any member of our Vestry (church council):

Rector (Pastor): The Rev'd Diane M Murray *Wardens:* Chris Dee Eggert-Rosenthal & Mary Green

Vestrypersons: Nick Doszkewycz, Joan Estes, & Tony Karl

Clerk: Tony Karl *Treasurer:* Linda Molitor

All the words you will need are in this bulletin: Text that the people say is prefaced with "People" or "All" and is in a **bold font**. All song lyrics are also in this bulletin.

Wi-Fi access: Look for our networks beginning with **CBCI-77B0** and enter password **build7443guitar**; we encourage you to share pictures and posts on social media.

Worship/Liturgy Sources: Our worship is based on the *Book of Common Prayer* (BCP--the red hardcover book in the pew rack), the *Book of Occasional Services*, the *Enriching Our Worship* series—the primary liturgical resources authorized by General Convention of The Episcopal Church—supplemented by occasional other resources. You may find additional prayers in the BCP on pages 832-834 helpful for personal devotion before, during, and after worship (especially prayers 64-69 and 57-61). If you'd like a BCP for your own use at home, the church can provide one for you—please talk to Amma Diane.

Children: Children of all ages are welcome in worship! Activity bags are available in the back of the church. A changing station is available in the restroom in the atrium just outside the sanctuary.

Hearing Loop: Our Hearing Loop system enables people with hearing loss to better hear sounds through our sound system. If you can set your hearing aid to a T or M/T setting, audio from our sound system will be received directly by your device (70% of aids have this feature). If your aid does not have this option, or you do not wear a hearing aid, there are a few portable headsets available in the back of the church.



Please share your prayer requests with us: All are invited to share their prayer requests so that the entire congregation may join in lifting up your needs and thanksgivings. Please add requests to the Prayers of the People clipboard (you can simply use first names on requests... God knows our needs). If you'd like a prayer lifted up for multiple weeks, please fill out a prayer request slip found at the back of the church.

We worship with our bodies: You'll notice that some of us may sit, stand, and kneel at various points in the service. Some of us may make the sign of the cross or bow now and then. Some may clap, raise their hands, or tap their feet. All of these movements are traditions from various parts of our Christian heritage—none are required, none are frowned upon. All are welcome to express whatever movements they might find meaningful in worship. Some instructions are printed throughout this bulletin—you may also observe what others do. None of these movements are a requirement: if you prefer not to use them, don't worry about it—God doesn't.

Restrooms/Layout/Accessibility: A handicapped-accessible restroom is located in the atrium just outside the sanctuary (next to the elevator.) Another restroom is located on the lower level. The atrium gives access to the lower level and upper level by stairs or elevator. The worship space and chapel are located on the upper level. The offices, fellowship hall, library, and classrooms are located on the lower level and marked by signs.

The candle display in front of the Sanctuary represents our grief and prayers for victims of gun violence.

Welcome!

All who are able, please stand.

♪ We Come to You for Healing, Lord

We come to you for healing, Lord, of body, mind, and soul,
and pray that by your Spirit's touch we may again be whole.

As once you walked through ancient streets and reached toward those in pain,
we know you come among us still with power to heal again.

You touch us through physicians' skills, through nurses' gifts of care,
and through the love of faithful friends who lift our lives in prayer.

Through nights of pain and wakefulness, through days when strength runs low,
grant us your gift of patience, Lord, your calming peace to know.

We come to you, O loving Lord, in our distress and pain,
in trust that through our nights and days your grace will heal, sustain.

Words: Herman G Stuempfle Jr, 2002. ©2006 GIA Publ Inc. All rights reserved. Tune: *LAND OF REST*, American Folk melody.

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. AMEN!**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **AMEN!**

All Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. **AMEN!**

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray. Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People **AMEN!**

Please be seated.

Remembering Those Touched by Mental Illness

Celebrant October brings a variety of opportunities to remember those touched by mental illness. US Mental Illness Awareness Week and World Mental Health Day are observed, as well as National Day Without Stigma and National Depression Screening Day. Mental illnesses are more common than cancer, diabetes, or heart disease. According to the National Institute of Mental Health, about 1 in 4 adults and 1 in 5 children in the U.S. suffer from a diagnosable mental illness in any given year (about 1 in 17 adults live with serious mental disorders). That means a significant number of people in our congregation have a family member or friend living with mental health issues or is living with those issues themselves. These include major depression, bipolar disorder, mood disorders, schizophrenia, anxiety disorders, panic disorders, post-traumatic stress disorder, personality disorders, obsessive compulsive disorder, social phobias, and others.

In many places, including our faith communities, there can be stigma surrounding mental illness. Many people of faith with mental health issues first go to a spiritual leader for help, and studies show that clergy and lay leaders are often not effective in providing appropriate support and referral information. All our faith communities can be a caring congregation for persons living with a mental illness and their family and friends. We as people of faith can help to educate, welcome, support, and advocate for those among us who are touched by mental illness.

Candle Lighting

Reader 2 Paul, writing to the Galatians, challenges those Christians to “Bear one another’s burdens, and in this way you will fulfill the law of Christ.” We’ll now light seven candles to remind us of the burdens we share and our ongoing call to support each other.

The first candle is lighted, and then the following is read.

Reader 1 We light the candle of **Truth** that God will help us dispel ignorance and misinformation about mental health disorders.

The second candle is lighted, and then the following is read.

Reader 2 We light the candle of **Healing** that troubled minds and hearts, broken lives and relationships might be healed.

The third candle is lighted, and then the following is read.

Reader 1 We light the candle of **Understanding** that the darkness of stigma, labels, exclusion, and marginalization might be dispelled for the sake of those touched by mental illness.

The fourth candle is lighted, and then the following is read.

Reader 2 We light the candle of **Hope** for persons and families living with mental illness, for better treatment, for steadier recovery, for greater opportunity to work and serve.

The fifth candle is lighted, and then the following is read.

Reader 1 We light the candle of **Thankfulness** for compassionate, dedicated caregivers and mental health professionals; for new scientific discoveries and better medications.

The sixth candle is lighted, and then the following is read.

Reader 2 We light the candle of **Faith** to dispel doubt and despair for those who have lost hope and are discouraged.

The seventh candle is lighted, and then the following is read.

Reader 1 We light the candle of **Steadfast Love** to remind us of God's love and faithfulness, and to remind us to share the light of love and service for those living with mental illness. Let us pray.

All **Lord of the excluded: Open my eyes to those I would prefer not to see... Open my life to those I would prefer not to know... Open my heart to those I would prefer not to love... In doing so, open my awareness to where I exclude you. AMEN!**

Reader 2 Holy God, open unto us light for our darkness, courage for our fear, hope for our despair. Loving God, open unto us wisdom for our confusion, forgiveness for our sins, love for our hate. God of Peace, open unto us calm for our turmoil, joy for our sorrow, strength for our weakness. Generous God, open our hearts to receive all your gifts.

All **AMEN!** *candle lighting litany from Carole J Wills, NAMI's FaithNet advisory committee*

First Lesson

Reader 1 A reading of 2nd Kings chapter 5, verses 1 through 3, and 7 through 15. Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the Lord had

given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy."

When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me."

But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Then he returned to the man of God, he and all his company; he came and stood before him and said, "Now I know that there is no God in all the earth except in Israel."

Reader 1 Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Unison Reading

Reader 1 Let us read in unison Psalm 111.

All **Hallelujah! I will give thanks to the LORD with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the LORD! they are studied by all who delight in them. The**

Lord's work is full of majesty and splendor, and God's righteousness endures for ever. The Lord makes marvelous works to be remembered; the LORD is gracious and full of compassion. The Lord gives food to those in need; who are ever mindful of the covenant. The Lord has shown Israel powerful works in giving them the lands of the nations. The works of God's hands are faithfulness and justice; all the commandments are sure. They stand fast for ever and ever, because they are done in truth and equity. The Lord sent redemption to Israel; and commanded the covenant for ever; holy and awesome is the LORD. The fear of the LORD is the beginning of wisdom; those who act accordingly have a good understanding; God's praise endures for ever.

New Testament

Reader 2 A reading of 2nd Timothy chapter 2, verses 8 through 15.

Remember Jesus Christ, raised from the dead, a descendant of David - that is my gospel, for which I suffer hardship, even to the point of being chained like a criminal. But the word of God is not chained. Therefore I endure everything for the sake of the elect, so that they may also obtain the salvation that is in Christ Jesus, with eternal glory. The saying is sure: *If we have died with him, we will also live with him; if we endure, we will also reign with him; if we deny him, he will also deny us; if we are faithless, he remains faithful--for he cannot deny himself.*

Remind them of this, and warn them before God that they are to avoid wrangling over words, which does no good but only ruins those who are listening. Do your best to present yourself to God as one approved by him, a worker who has no need to be ashamed, rightly explaining the word of truth.

Reader 2 Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

All who are able, please stand.

Gospel

Luke 17. 11-19

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Celebrant On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to

them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, "Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?" Then he said to him, "Get up and go on your way; your faith has made you well."

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Please be seated.

Sermon *Amma Diane*

All who are able, please stand.

Nicene Creed

Celebrant Let us join in the words of the Nicene Creed.

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. AMEN!

Prayers of the People: The Way of Love

Reader 3 Creator God, by the mercies of your son, our Lord, Jesus, compel us to TURN our hearts to his Way of Love. That we might follow Jesus together as your faithful people, we pause, listen, and respond in prayer.

All **Jesus, guide us in your Way of Love.**

Reader 3 Jesus, your life, death, resurrection, and ascension inspire the church to continue in the apostles' teaching and fellowship. Guide your people to LEARN your Word, that we might see God's story unfolding in our midst.

All **Jesus, guide us in your Way of Love.**

Reader 3 Son of God, you responded to your Father in PRAYER and pleaded that we might all be one. Guide the leaders and faithful citizens of this nation to respond to God and to one another in compassion — in thought and deed, with or without words — that the people of the United States might live in unity and peace.

All **Jesus, guide us in your Way of Love.**

Reader 3 Light of the World, you taught us to WORSHIP in spirit and in truth. Lead us to join with others to acknowledge the holiness of God, that the whole world might be united in the truth of your love.

All **Jesus, guide us in your Way of Love.**

Reader 3 Lord, you came not to be served but to serve. Empower us to BLESS one another and our neighbors, that your spirit of generosity, compassion, and selfless action transform us and the people in our midst.

All **Jesus, guide us in your Way of Love.**

Reader 3 Savior, you came into our midst that we might know life. Embolden us to GO among those who are weary, burdened, sick, or imprisoned, that we might live like you, crossing the boundaries that divide rich from poor, sick from well, and sinner from saint.

All **Jesus, guide us in your Way of Love.**

Reader 3 Lamb of God, in your death you destroyed death and taught us the way to eternal life. Compel us to daily die to self and REST in your grace. May all who have died rest in peace and rise in glory.

All **Jesus, guide us in your Way of Love.**

Reader 3 We lift up the special needs and concerns of this congregation.

All **Jesus, guide us in your Way of Love.**

Reader 3 Lord Jesus Christ, who gave your life for the life of all, we commit our lives to following you. Continually guide us in your way and draw us in to live as your Beloved Community in this age and in the age to come; for you live and reign with the Father and the Holy Spirit, one God, now and forever.

All **AMEN!**

Reader 3 We pray to you also for the forgiveness of our sins.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. AMEN!**

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **AMEN!**

Please be seated. Those with birthdays or anniversaries, please come forward at this time. If you would like a prayer for healing, travel, or any other needs, please let Amma Diane know.

Celebrant Let us join in prayer for all those who have celebrated or will be celebrating their birthdays.

All **O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. AMEN!**

Celebrant Let us join in prayer for all those who have celebrated or will be celebrating their anniversaries.

All **O God, you teach us through the example of Jesus that love is the fulfilment of the Law; help those couples celebrating anniversaries to persevere in love, to grow in mutual understanding, and to deepen their trust in each other; that in wisdom, patience and courage, their life together may be a source of happiness to all with whom they share it. AMEN!**

Celebrant To all of you celebrating milestones: May the blessing of God Almighty, Father, Son, and Holy Spirit, be upon you to guide and protect you and all those you love, today and always!

All **AMEN!**

All who are able, please stand.

Passing the Peace

Celebrant The peace of Christ be always with you.

People **And also with you.**

We share God's love with others from a distance with verbal greetings, waving, peace sign, etc. Please be seated.

Announcements *All giving announcements: please use a mic for our friends online.*

Celebrating Our Mission, Service, & Ministries *Congregational sharing.*

Offering Our Gifts & Our Selves

Gifts and offerings may be mailed to the church, dropped off in the mail slot, or sent through your bank. There are online giving options on our web site mySJEC.com/donate. We are grateful for your continued financial support of our ministry and mission.

Celebrant Inspire us to always share your love through action, O God:

People Strengthen us to always be an inviting safe community for all.

All who are able, please stand.

♪ **God Whose Will Is Health and Wholeness**

God whose will is health and wholeness, hear your people as we pray:

Many now are facing illness; more face sickness every day.

As we lift our song toward heaven, may we use the gifts you give —
Science, justice, and compassion — to help others safely live.

Jesus taught that your commandments call for us to use the mind.

May we use the gifts of science to seek health for humankind.

Bless the ones who work for healing; bless the ones who seek to be
Builders of a health care system that protects society.

God, you call for love and justice, yet our laws are far from wise:

Many don't have good insurance; lack of health care threatens lives.

Many workers must keep working, sick or not, to pay the bills.

Turn us round when we have sanctioned greed that leads to greater ills.

Loving God, we ask your blessing on the sick and those they love,

And we pray for those now grieving as they lift their cries above.

There is trouble all around us; illness causes pain and fear.

Give compassion, love and kindness as we serve your people here.

Words: © 2020 Carolyn Winfrey Gillette. All rights reserved. Tune: BEACH SPRING, 1844.

Invitation to Communion

from the Iona Community, Scotland

Celebrant The table of bread and wine is now to be made ready. It is the table of company with Jesus, and all who love him. It is the table of sharing with the poor of the world, with whom Jesus identified himself. It is the table of communion with the earth, in which Christ became incarnate. So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time; you who have tried to follow Jesus, and you who have failed; come.

Great Thanksgiving

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Lift up your hearts.

All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

All **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

All **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

All **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

All **By his blood, he reconciled us. By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

All **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.**

Celebrant And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take... eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for

you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

All We celebrate his death and resurrection, as we await the day of his coming.

Celebrant Lord God of our Fathers and Mothers: God of Abraham and Sarah, of Isaac and Rebekah, of Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All AMEN!

Celebrant As our Savior Christ has taught us, we now pray,

All Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. AMEN!

Breaking Bread

Celebrant Alleluia! Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia!

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Celebrant will extend the invitation to communion to those present and those watching online and give instructions. Visitors are welcome to receive communion or a blessing.

All who are able, please stand.

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. AMEN!

Blessing

Celebrant May the blessing of God, who Creates, Redeems, and Sustains, be upon you and all you love and pray for, this day and forever more.

People Alleluia! AMEN!

♪ Jesus Shall Reign

[Renew #296]

Jesus shall reign where'er the sun doth its successive journeys run;
his kingdom stretch from shore to shore, till moons shall wax and wane no more.

To him shall endless prayer be made, and endless praise to crown his head;
his Name like sweet perfume shall rise with every morning sacrifice.

People and realms of every tongue dwell on his love with sweetest song;
and infant voices shall proclaim their early blessings on his Name.

Blessings abound where'er he reigns; the prisoners leap to lose their chains,
the weary find eternal rest, and all who suffer want are blessed.

Let all the people rise and bring their special honors to our King;
angels descend with songs again, and earth repeat the loud Amen.

Words: Isaac Watts, 1719. Music: *DUKE STREET*, John Hatton, 1793.

Sending

Celebrant Go forth sharing the Good News of God's love! Alleluia, alleluia!

People Thanks be to God! Alleluia, alleluia!

Thank you for celebrating with us today! Please join us downstairs after worship for refreshments, snacks, and conversation.

Our special offering in the month of October is the Rector's Discretionary Fund; please label gifts accordingly.



All things are possible with God

MENTAL HEALTH RESOURCES

Phone numbers are area code 920 unless otherwise indicated.

IN TIMES OF CRISIS

National Suicide Prevention Lifeline – call 800-273-8255 (24 hours/7 days)

Your call is confidential and free. No matter what problems you're dealing with, whether or not you're thinking about suicide, if you need someone to lean on for emotional support, call the Lifeline. People call to talk about lots of things: substance abuse, economic worries, relationships, sexual identity, getting over abuse, depression, mental and physical illness, and loneliness, to name a few. A skilled, trained crisis worker will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.

Crisis Text Line – send a text message to 741741 (24 hours/7 days)

Your texts are confidential and free. The Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text messaging. A crisis counselor will help you sort through your feelings, with the goal of helping you feel calmer and safer. Resources and referrals are available, if necessary.

911 emergency calls – call 911 (24 hours/7 days)

If you or a loved one is in immediate danger related to mental health concerns, 911 can help. Let the operator know you are calling about a mental health crisis, explaining their mental health history and/or diagnosis. You can ask for an officer trained in crisis intervention or trained to assist people experiencing a mental health crisis.

Manitowoc Co Human Services Crisis Intervention – call 683-4230 (Mon-Fri/8am-4:30pm; 888-552-6642 after hours)

Provides telephone and in-person/mobile crisis intervention services for people experiencing a mental health and/or substance use crisis in which they may be a danger to themselves or others. Manitowoc County contracts with Northwest Connections to provide after-hours telephone and in-person crisis services.

INFORMATION, RESOURCES, SCREENING, DIAGNOSIS, SERVICES

NAMI Helpline (National Alliance on Mental Illness) – call 800-950-6264 (Mon-Fri/9am-5pm) / www.nami.org

Your call is confidential and free. Trained workers are prepared to answer your questions about mental health issues including: symptoms of mental health conditions; treatment options; local support groups and services; education programs; helping family members get treatment; programs to help find jobs. Or email info@nami.org

Painting Pathways Clubhouse – call 652-9952 / 1226 Washington St / www.paintingpathways.org

Non-profit organization changes lives by empowering individuals with diagnosed mental illness, building community, and supporting recovery. PPC supports members in education, employment, housing, community support, and much more, while fully involving members in the operation of the Clubhouse.

Holy Family Memorial Behavioral Health – call 320-8600 / 339 Reed Ave / www.hfmhealth.org

Aurora Behavioral Health Center – call 793-7420 / 5300 Memorial Dr / www.aurorahealthcare.org

Bellin Health Psychiatric Center – call 433-6073 / 3415 Custer St / www.bellin.org

New Day Resource – call 320-1325 / 520 N 7th St / www.newdayresource.com

This page includes some helpful essentials, but there are a variety of other resources available. For other community resources, call 211 or go to www.211.org. Additional resources can also be found online or in your phone book.



ST JAMES
EPISCOPAL CHURCH, MANITOWOC

An inviting safe community for all

St James Weekly **for the week starting October 9, 2022**

St James Episcopal Church
434 N 8th St, Manitowoc, WI 54220
920-684-8256 (church office)
info@mysjec.com
mysjec.com
facebook.com/sjecmanitowoc

The Rev Diane M Murray, Rector
920-860-5152 (cell phone)
920-894-5245 (daytime phone)
dianemarie.murray@gmail.com
*Please contact Amma Diane with
any pastoral care or other needs.*

***Masks are optional for all church activities.
Distancing is still a safer practice. Thanks!***

Recurring Schedule

Bible Study Sundays 8:30AM (in-person/Zoom)

Join this 12-week Bible study discussion of the book of Hebrews. Talk to Amma Diane if you have any questions.

By computer or other device: go.mysjec.com/biblestudy
To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 580 876 932 #
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]

Worship—Sundays at 10AM (in-person/online)

Attend in-person at 10AM, or participate LIVE at 10AM or view at any time after on YouTube (*video links are also shared on Facebook*): go.mysjec.com/youtube
10/9 Pentecost 18: Mental Health Awareness
10/16 Pentecost 19: Homelessness Awareness
10/23 20th Sunday after Pentecost
10/30 21st Sunday after Pentecost
11/6 All Saints Sunday
11/13 Pentecost 23: Veterans & Military
11/20: Christ the King Sunday

Fellowship—Sundays at 11:15AM (in-person)

Please join us downstairs after worship each week for refreshments, snacks, and conversation. Coffee, tea, and water will be provided. We invite anybody who is interested to bring snacks/treats to share any week.

Mid-Week Worship—Wed at 4:30PM (Zoom)

By computer or other device: go.mysjec.com/Wednesday
To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 670 567 006 #
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]

Morning Prayer—Fridays at 7:00AM (Zoom)

By computer or other device: go.mysjec.com/Friday
To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 831 5230 0483 #
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]

Mental Health Awareness 10/9

Early Fall brings a variety of opportunities to remember those touched by mental illness, including US Mental Health Awareness Week, World Mental Health Day, National Day Without Stigma, and National Depression Screening Day. Our **10AM worship on Sunday 10/9**, will help us remember those whose lives are touched by mental illness.

Potlucks at Painting Pathways starts 10/13

Painting Pathways Clubhouse supports and empowers those with mental illness in Manitowoc County by building community and supporting recovery. PPC is one of our long-term ministry partners: several people from St James were instrumental in helping this non-profit form in Manitowoc; we've provided work opportunities; we supported the capital campaign for their new building; and we let them use our building during their construction. To strengthen our relationships as individuals beyond our larger organizations, we're going to try something new. On **Thursday, October 13 from 4-6PM we'll gather at PPC** (1226 Washington St) to enjoy a meal and fellowship with their members. We invite all who are able to bring a potluck dish to share. This idea was overwhelmingly supported when discussed at our 9/4 Monthly Congregational Chat. After this test-run, we'll see how often we'd like to plan these potlucks with them. There is a sign-up sheet in the church.

Dinner/Storytelling with L.U.V. 11/1

St James has a long history of learning about and loving the "other". Embracing diversity has been an important part of our congregational identity, and we've strengthened that through discussion groups, bible studies, video studies, sermons, and our Becoming Beloved Community series the past 3 summers. Lakeshore's United Visionaries (L.U.V.) is an organization dedicated to uplifting the lives of marginalized individuals. They started to form in May 2020, and their goal is to recognize intersectional identities through allyship, awareness, education, understanding, and love.

On **Tuesday, November 1 at 6PM** we'll gather in the fellowship hall with representatives from L.U.V. We'll start with a meal at 6PM, then continue at 7PM with storytelling and discussion for 60-90 minutes. St James is a safe space for people to share their stories and have their stories honored. The goal is to learn about diversity in our community and to form more connections within our community. If there is interest, this could lead to more gatherings or other next steps. There is a sign-up sheet in the church, for those who want to attend, as well as those who'd like to help set up, cook, and/or clean up.

NEW! [All Saints Sunday 11/6](#)

In early November we take time to remember and celebrate our family and friends, our sisters and brothers in Christ, and the saints in the broader church who have preceded us. Worship will include time to remember others, as well as candle lighting and other traditions to help us remember our unity through time and place as the Body of Christ. **Join us at 10AM on Sunday 11/6 as we celebrate All Saints Sunday.** It is one of the major Feast Days of the Church, and one of four days especially appropriate for Baptisms, and we'll take time to remember our own Baptisms.

[Episcopal 101 program 11/7](#)

Episcopal 101 is a 3-hour program designed for newer people in our congregation and is also a good refresher course for long-time members. Through discussion, video segments, and handouts we'll look at Christianity, Anglicanism, The Episcopal Church, the Diocese of Fond du Lac, and our own congregation. All materials are provided. **Episcopal 101 will take place Monday, November 7 from 4-7PM** in the Fellowship Hall (in-person only). Feel free to bring any snacks/food/beverage you like. This program is facilitated by Tony Karl—please talk to him if you have any questions. There is a sign-up sheet in the church—if you are unable to make the 11/7 program, please indicate that so Tony can follow-up with you to schedule an additional time(s).

[Stolen Summer movie viewing 11/12](#)

We're going to re-introduce regular gatherings to view movies together at St James. Based on your feedback at our 9/4 Monthly Congregational Chat, we'll offer these at a mix of days/times you suggested as we move throughout the year. **Our first movie viewing will be *Stolen Summer*, a 2002 drama film about a Catholic boy who befriends a terminally ill Jewish boy and tries to convert him, believing that it is the only way the Jewish boy will get to Heaven. We'll gather from 9-11AM on Saturday, November 12.** This will be our monthly fellowship gathering for November, (in-person only since we can't show the movie via Zoom). Feel free to bring any snacks/food/beverage you like.

NEW! [Honoring Veterans and Military 11/13](#)

God calls us to be people of peace saying, "Blessed are the peacemakers", and reminding us that we are to love our neighbor and enemy as we love ourselves. There are times we as a global community fail to live out those words; times when young men and women hear the call to don the uniforms of their country and serve under their flag.

Join us for **10AM worship on Sunday, November 11**, which will include a time of remembrance, recognizing, and honoring veterans and those currently serving. Invite any veterans or currently serving military you know to join us for this special day.

NEW! [Thanksgiving at St James 11/24](#)

We're re-introducing our tradition of Thanksgiving at St James. We gather for **Worship together at 10AM**. After worship we will gather for **fellowship and games in the fellowship hall** as some of the food is being prepared. **At Noon we will share in a pot-luck style Thanksgiving meal.** This celebration is open to the family and friends of St James. There is a sign-up sheet in the church. Please talk to Eleanor Agnew or Amma Diane if you have any questions.

[Thanks for your support!](#)

We appreciate your continued financial support while we are being the church in these different ways. Checks can be mailed to or dropped off at the church. You can also set up payments through your bank or donate online at mysjec.com/donate. Please contact Amma Diane if you need help connecting to assistance or resources. **Our special offering for the month of October goes to the Rector's Discretionary Fund—please label accordingly.**

[Celebrating Our Mission, Service, & Ministries](#)

Help us grow the St James Tree of Life! One of our sub-goals is to *"Regularly celebrate the mission, service, and ministries of individuals, inviting them to share these experiences to educate and encourage others"*.

We invite you to share briefly (1-3 minutes) about any mission, service, or ministry you are involved in through St James, another organization, or in your own way. You can share what you do, why you became involved, and anything else you'd like to add. If you're involved in more than one mission, service, or ministry, we invite you to share more than once. It's okay if more than one person shares about the same thing on different dates. Thanks!

If you'd like to share something, please let Amma Diane know on the day you'd like to share.



["Helping Our Neighbors" mission project](#)

The poverty rate in Manitowoc is about 14%, and hunger continues to impact families and individuals. We invite you to bring non-perishable food, hygiene products, and personal care items to donate as often as you are able. We'll have a collection spot in the front left of the Sanctuary near the piano (similar to what we did in Advent), and volunteers will periodically deliver these items to Peter's Pantry.

Barb Cook performs at Rahr-West on 10/12

St James member Barb Cook occasionally shares her musical gifts at the Rahr West Art Museum (610 N 8th St), filling the exhibition wings with the rich and soothing tones of the beautiful baby grand piano in the Ruth West Gallery. Barb's next performance time will be 10AM-Noon on Wednesday, October 12. This is free and open to the public. If you have any questions, talk to Barb.

Book Group 10/26 at 7PM (in-person/Zoom)

The St James Book Group is meeting in the Fellowship Hall and via Zoom. Our next meeting will take place on Wednesday, 10/26 at 7PM. We're reading and discussing the book *The Lincoln Highway* by Amor Towles. We hope to see you either on Zoom or in person.

Our book for 11/16 will be *Cokie: A Life Well-Lived* by Steven Roberts. Books are available for pick up at the main desk of the library (tell them you are a member of the St James Book Group) or from another source of your choosing. You do not have to have read the book to join in our discussions, so join us when you are able. Please feel free to invite others to participate. If you have questions or technical issues contact Chris Eggert-Rosenthal, Joan Estes, or Amma Diane.

By computer or other device: go.mysjec.com/bookgroup
To participate from any phone, dial 1-312-626-6799

When prompted for Meeting ID, enter 873 5481 2492 #

When prompted for Participant ID, press #

When prompted for Password, enter 0 # [number zero]

Vestry Notes

- Watch for a letter from the Vestry the first week of October, containing a variety of updates.
- Murray Sim resigned as our Sexton as of 8/31 to begin a new job teaching at Lincoln High School. The Vestry explored several leads, then included an announcement about the position in St James Weekly. Dave Haefke has offered to fill this position on a voluntary basis. Thank you, Dave!
- As of 8/31/2022, our year-to-date income is \$79,625 on a YTD budget of \$75,696. Our YTD expenses are \$77,728 on a YTD budget of \$85,181. This results in a YTD surplus of \$1,897. (Lower expenses are primarily because we have not yet started as many building projects as originally imagined.) Thank you for your continued support of our mission and ministry! Complete financial reports are posted outside the office.
- The Vestry will gather for retreat time several times in October/early November. Our next regular Vestry meeting will take place via Zoom at 5PM on 11/22 (go.mysjec.com/Vestry). Anybody from the congregation may attend.



UPDATED! Prayers for the Week

Healing/Comfort/Strength: Steve & Marybeth, Virginia, Elizabeth, Vanessa, Debbie, Silas, Laurie, Geno, Bonnie, Bonnie & Charlie, Marcia & John, Chip & Janice, Steven, Mary, Vicki, Tom, Grace, Matthew, Shelley, Karleen, Mike, Tony C, Dave, Nancy T, Brian M, Sharon, Connie & Harley, Mary Ann, Gregg, Ken, Mary Beth B, Lisa B, Anne, Mayra, Karen K, Richard, Brad & Lizzie, Linda, Xavier, Connie, Nancy J, Nancy & Clayton

Guidance & Discernment: Tim, Guy & Mary, Kurt, Ronald, Alison, Susie, Brian & Lisa, Frankie, Deb & Jim, Joy's grandson

Serving in the Military: Jordan, Ian, Logan, Keaton, Marshall, Jacob, Jack

Additional Prayers we offer include: For Peace in our world... for the people of Ukraine, Russia, Afghanistan, Haiti, Israel, Gaza, Sudan, Madagascar and missionary families. In the Diocesan cycle of prayer, we pray for St. Barnabas, Suamico and St Simon & Jude's Mission District Chimowa, Masvingo. In the Anglican cycle of prayer, we pray for The Church of the Province of Central Africa. For the Dioceses of Fond du Lac, Eau Claire, and Milwaukee and the dialogue taking place among them. For people living with mental illness. For Painting Pathways Clubhouse. Hope House families. The men of The Haven. We pray for those working in government in our cities, state, country, and the world. We pray for our neighborhood. For the people around the world affected by the coronavirus pandemic. Pray for an end to violence, racism and social injustice in our country and around the world. Pray for people around the world dealing with severe weather and related damage, injury, and deaths. We pray for those in the world who do not have enough to eat, may we help to keep food available to all.

We offer thanks for: Diane our Rector, Chris and Mary, our Wardens, our Vestry and other ministry leaders, staff, and every person in this congregation. Bishop Matt Gunter and his wife Leslie and family. Presiding Bishop Michael Curry and his wife, Sharon. Archbishop of Canterbury, Justin Welby. For our companion Diocese of Masvingo in Zimbabwe and The Ven. Osiward Mapika, Bishop-Elect.

We Pray for the Departed: Tom & Audrey, Audrey & Clayton, Pat, Myrna, Cindy, Joe, Paul, Clarence & Liese, Deena, Shirley, Margaret & Leonard, all who have died as a result of gun violence

UPDATED! Milestones

We pray for those celebrating milestones:

Birthdays: 10/1 Julie Jenkyn; 10/1 Nick Doszkewycz; 10/8 Barb Cook; 10/11 Cadance Sleger; 10/18 Marissa Sleger; 10/21 Cindy Dillman

Anniversaries: 10/8 Eleanor Agnew & Ron Hansen.

If you would like your prayer requests to be included on our list, or to add a milestone, please contact Amma Diane Murray by phone (920-860-5152) or email (dianemarie.murray@gmail.com).

Manitowoc Warming Shelter



We're a group of local congregations, organizations, agencies, and other caring people joining together to provide overnight shelter and meals to adults during our cold winter months. We need your help!

The Manitowoc Warming Shelter is projected to open in mid-November 2022 for the season. We plan to initially be based at First Presbyterian Church (502 N 8th St in downtown Manitowoc.)

VOLUNTEERS NEEDED

If you would like more info about ways you can help, please visit our web site:

manitowocwarmingshelter.org

WHAT WILL VOLUNTEERS DO?

Training provided for all volunteers. Options to help include:

- ♦ Evening set-up: 7:00pm to 8:00pm
- ♦ Check-in guests: 7:30pm to 9:00pm
- ♦ Three shifts options for overnight shelter attendants: 8:00pm to Midnight, Midnight to 4am, and 4am to 8am
- ♦ Morning clean-up: 7:30am-8:30am
- ♦ Daily food service coordinated by Grow It Forward

You can also contact Pastor Matt Sauer for more information about ways to support this program: matt@mcmunited.com or 920-860-6880

WHY DO WE NEED A WARMING SHELTER?

- * Lakeshore CAP provided \$44,852 in hotel vouchers in Manitowoc County since June, 2021. *This funding has ended — but the people in need still exist*
- * The three program-based shelters spent another \$4,750 in after hour housing since June 2021.
- * Individuals are typically homeless for 34 days before their situation is resolved.
- * Lakeshore CAP spent \$587,290 in WERA (WI Emergency Assistance Program) assistance in Manitowoc County for 2021. *This funding has ended — but the people in need still exist.*

Our community is blessed with Hope House, The Haven, and InCourage, which provide temporary housing and support to people year-round through their wonderful programs. Manitowoc Warming Shelter is designed to provide life-saving overnight shelter for those who fall between the cracks.