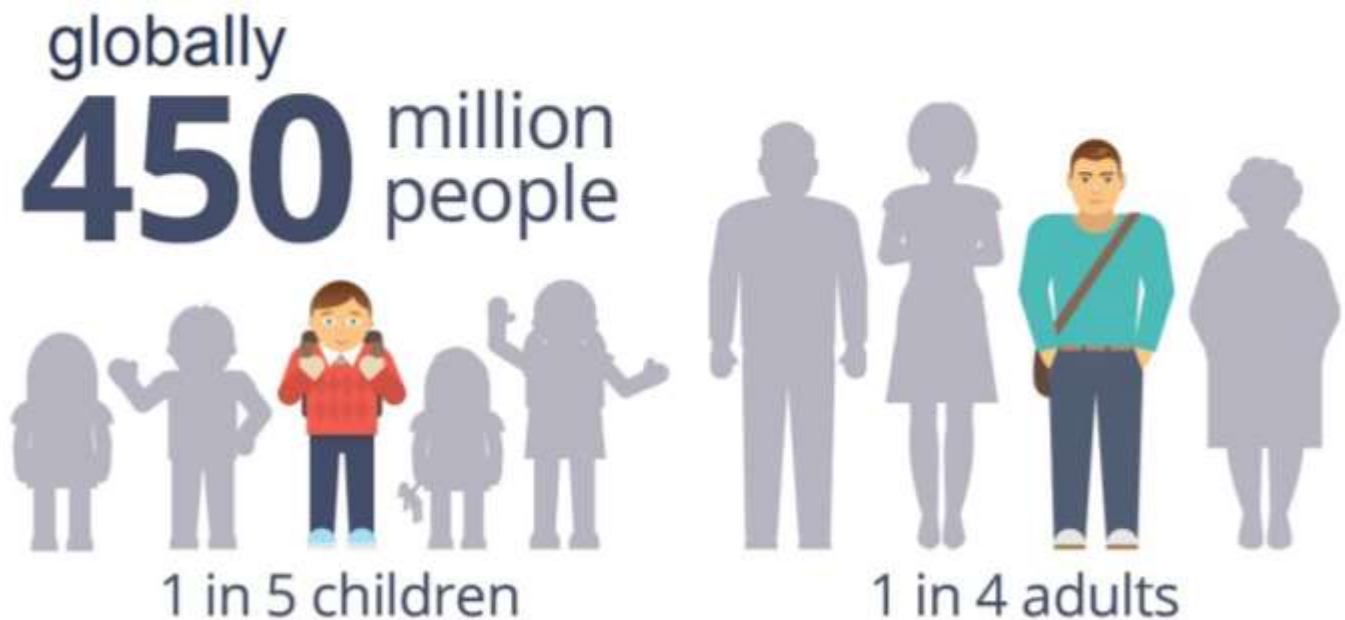


Welcome to St James Episcopal Church...

We're glad that you chose to worship with us today!

- Masks are optional for all church activities, including worship. Distancing is still a safer practice.
- Communion is provided for those who would like to consume bread and/or wine as directed. You may participate in spiritual communion if you prefer to not receive either physical element. (*This is sacramentally appropriate any time receiving bread and/or wine is not a possibility for any reason. The bread and wine are the outward and visible signs of the inward and spiritual grace in the communion sacrament.*)

This Worship service will be live-streamed. If you have privacy concerns for yourself or your child(ren), please sit in the back left of the Sanctuary (the area closest to the Chapel). Nobody will be identifiably visible during Communion. Our videos may be viewed online live or any time: go.mysjec.com/youtube



10AM Worship with Communion – May 1, 2022

3rd Sunday of Easter – Mental Health Awareness

Sharing
God's Love
Through
Action

ST JAMES
EPISCOPAL CHURCH, MANITOWOC
An inviting safe community for all

Today's Worship leadership includes...

<i>Ministers</i>	Members of the Congregation
<i>Readers</i>	1 — Dave Dillman
	2 — Mary Green
	3 — Bob Feller
<i>Eucharistic Minister</i>	Marian Doszkewycz
<i>Rector (Pastor)</i>	The Rev'd Diane M Murray (Ammu Diane)
<i>Worship Coordinator</i>	Tony Karl

We are an inclusive community of faith that welcomes and celebrates diversity in age, race, nation of origin, citizenship status, gender identity, sexual orientation, social status, political view, background, ability level, marital status, and anything else that makes us unique. Whatever your reason for coming, we are glad you are here!

 St James Episcopal Church, 434 North 8th Street, Manitowoc, WI 54220
 mysjec.com — info@mysjec.com — Church Office: 920.684.8256
 Amma Diane: 920.860.5152 (cell/text) — dianemarie.murray@gmail.com

If you would like to know more about the life, mission, or ministries of St James Episcopal Church, please talk to any member of our Vestry (church council):

Rector (Pastor): The Rev'd Diane M Murray *Wardens:* Chris Dee Eggert-Rosenthal & Mary Green
Vestrypersons: Nick Doszkewycz, Joan Estes, & Tony Karl
Clerk: Tony Karl *Treasurer:* Linda Molitor

All the words you will need are in this bulletin: Text that the people say is prefaced with "People" or "All" and is in a **bold font**. All song lyrics are also in this bulletin.

Wi-Fi access: Look for our networks beginning with **CBCI-77B0** and enter password **build7443guitar**; we encourage you to share pictures and posts on social media.

Worship/Liturgy Sources: Our worship is based on the *Book of Common Prayer* (BCP--the red hardcover book in the pew rack), the *Book of Occasional Services*, the *Enriching Our Worship series*—the primary liturgical resources authorized by General Convention of The Episcopal Church—supplemented by occasional other resources. You may find additional prayers in the BCP on pages 832-834 helpful for personal devotion before, during, and after worship (especially prayers 64-69 and 57-61). If you'd like a BCP for your own use at home, the church can provide one for you—please talk to Amma Diane.

Children: Children of all ages are welcome in worship! Activity bags are available in the back of the church. A changing station is available in the restroom in the atrium just outside the sanctuary.

Hearing Loop: Our Hearing Loop system enables people with hearing loss to better hear sounds through our sound system. If you can set your hearing aid to a T or M/T setting, audio from our sound system will be received directly by your device (70% of aids have this feature). If your aid does not have this option, or you do not wear a hearing aid, there are a few portable headsets available in the back of the church.



Please share your prayer requests with us: All are invited to share their prayer requests so that the entire congregation may join in lifting up your needs and thanksgivings. Please add requests to the Prayers of the People clipboard (you can simply use first names on requests... God knows our needs). If you'd like a prayer lifted up for multiple weeks, please fill out a prayer request slip found at the back of the church.

We worship with our bodies: You'll notice that some of us may sit, stand, and kneel at various points in the service. Some of us may make the sign of the cross or bow now and then. Some may clap, raise their hands, or tap their feet. All of these movements are traditions from various parts of our Christian heritage—none are required, none are frowned upon. All are welcome to express whatever movements they might find meaningful in worship. Some instructions are printed throughout this bulletin—you may also observe what others do. None of these movements are a requirement: if you prefer not to use them, don't worry about it—God doesn't.

Restrooms/Layout/Accessibility: A handicapped-accessible restroom is located in the atrium just outside the sanctuary (next to the elevator.) Another restroom is located on the lower level. The atrium gives access to the lower level and upper level by stairs or elevator. The worship space and chapel are located on the upper level. The offices, fellowship hall, library, and classrooms are located on the lower level and marked by signs.

Welcome!

All who are able, please stand.

Come and See

Come and see what God has done. The earth is a - live;

thanks to the sun. Ev' - ry plant that grows ev' - ry ri - ver that flows what a

mir - a - cle gift of cre - a - tion! *Fine* The

Verse C(A) F(D)

song of a wren, the flight of a hawk, a
 Pon - der the vast - ness of the night sky. The
 Look at a seed, it knows what to do; new
 Peo - ple of Faith, Grace beck - ons you home to

Gm7 (Em7) F/A (D/F#) Dm (Bm) C(A)

ba - by's first bond with her moth - er; first
 dis - tance you see is a - maz - ing. The
 life will spring forth from its fall - ing. Do
 E - den in all of its splen - dor.

F(D) F/A (D/F#)

flow - ers of spring a - rise and sing; the
 light trav - els o - ver thou - sands of years be -
 And we as peo - ple of the Di - vine can
 you hear the call? Re - new the earth! With

Bb (G) F(D) Csus4 (Asus4) C(A) to Refrain

world is filled with won - - - - der!
 fore you see it star - gaz - - - - ing.
 lis - ten as we know our call - - - - ing.
 care now gar - den and tend her.

Celebrant Alleluia! Christ is risen!

People **Christ is risen, indeed! Alleluia!**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **AMEN!**

♪ **Glory to God in the Highest** [Hymnal #s280/in front section of hymnal]

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ, with the Holy Spirit,

in the glory of God the Father. **AMEN!**

Setting: Robert Powell

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray. O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

People **AMEN!**

Please be seated.

Remembering Those Touched by Mental Illness

Celebrant Mental Health Awareness Month has been observed in May in the U.S. since 1949. Mental illnesses are more common than cancer, diabetes, or heart disease. According to the National Institute of Mental Health, about 1 in 4 adults and 1 in 5 children in the U.S. suffer from a diagnosable mental illness in any given year (about 1 in 17 adults live with serious mental disorders). That means a significant number of people in our congregation have a family member or friend living with mental health issues or is living with those issues themselves. These include major depression, bipolar disorder, mood disorders, schizophrenia, anxiety disorders, panic disorders, post-traumatic stress disorder, personality disorders, obsessive compulsive disorder, social phobias, and others.

In many places, including our faith communities, there can be stigma surrounding mental illness. Many people of faith with mental health issues first go to a spiritual leader for help, and studies show that clergy and lay leaders are often not effective in providing appropriate support and referral information. All our faith communities can be a caring congregation for persons living with a mental illness and their family and friends. We as people of faith can help to educate, welcome, support, and advocate for those among us who are touched by mental illness.

Candle Lighting

Reader 2 Paul, writing to the Galatians, challenges those Christians to “Bear one another’s burdens, and in this way you will fulfill the law of Christ.” We’ll now light seven candles to remind us of the burdens we share and our ongoing call to support each other.

The first candle is lighted

Reader 1 We light the candle of **Truth** that God will help us dispel ignorance and misinformation about mental health disorders.

The second candle is lighted

Reader 2 We light the candle of **Healing** that troubled minds and hearts, broken lives and relationships might be healed.

The third candle is lighted

Reader 1 We light the candle of **Understanding** that the darkness of stigma, labels, exclusion, and marginalization might be dispelled for the sake of those touched by mental illness.

The fourth candle is lighted

Reader 2 We light the candle of **Hope** for persons and families living with mental illness, for better treatment, for steadier recovery, for greater opportunity to work and serve.

The fifth candle is lighted

Reader 1 We light the candle of **Thankfulness** for compassionate, dedicated caregivers and mental health professionals; for new scientific discoveries and better medications.

The sixth candle is lighted

Reader 2 We light the candle of **Faith** to dispel doubt and despair for those who have lost hope and are discouraged.

The seventh candle is lighted

Reader 1 We light the candle of **Steadfast Love** to remind us of God's love and faithfulness, and to remind us to share the light of love and service for those living with mental illness. Let us pray.

All **Lord of the excluded: Open my eyes to those I would prefer not to see... Open my life to those I would prefer not to know... Open my heart to those I would prefer not to love... In doing so, open my awareness to where I exclude you. AMEN!**

Reader 2 Holy God, open unto us light for our darkness, courage for our fear, hope for our despair. Loving God, open unto us wisdom for our confusion, forgiveness for our sins, love for our hate. God of Peace, open unto us calm for our turmoil, joy for our sorrow, strength for our weakness. Generous God, open our hearts to receive all your gifts.

All **AMEN!**

candle lighting litany from Carole J Wills, NAMI's FaithNet advisory committee

First Lesson

Reader 1 A reading of Acts chapter 9, verses 1 through 20.

Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues at Damascus, so that if he found any who belonged to the Way, men or women, he might bring them bound to Jerusalem. Now as he was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice saying to him, "Saul, Saul, why do you persecute me?" He asked, "Who are you, Lord?" The reply came, "I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do." The men who were traveling with him stood speechless because they heard the voice but saw no one. Saul got up from the ground, and though his eyes were open, he could see nothing; so they led him by the hand and brought him into Damascus. For three days he was without sight, and neither ate nor drank.

Now there was a disciple in Damascus named Ananias. The Lord said to him in a vision, "Ananias." He answered, "Here I am, Lord." The Lord said to him, "Get up and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul. At this moment

he is praying, and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight." But Ananias answered, "Lord, I have heard from many about this man, how much evil he has done to your saints in Jerusalem; and here he has authority from the chief priests to bind all who invoke your name." But the Lord said to him, "Go, for he is an instrument whom I have chosen to bring my name before Gentiles and kings and before the people of Israel; I myself will show him how much he must suffer for the sake of my name." So Ananias went and entered the house. He laid his hands on Saul and said, "Brother Saul, the Lord Jesus, who appeared to you on your way here, has sent me so that you may regain your sight and be filled with the Holy Spirit." And immediately something like scales fell from his eyes, and his sight was restored. Then he got up and was baptized, and after taking some food, he regained his strength. For several days he was with the disciples in Damascus, and immediately he began to proclaim Jesus in the synagogues, saying, "He is the Son of God."

Reader 1 Hear what the Spirit is saying to God's people.

People Thanks be to God.

Unison Reading

Reader 1 Let us read in unison Psalm 30.

All I will exalt you, O LORD, because you have lifted me up and have not let my enemies triumph over me. O LORD my God, I cried out to you, and you restored me to health. You brought me up, O LORD, from the dead; you restored my life as I was going down to the grave. Sing to the LORD, you servants; give thanks for the remembrance of God's holiness. For the Lord's wrath endures but the twinkling of an eye, God's favor for a lifetime. Weeping may spend the night, but joy comes in the morning. While I felt secure, I said, "I shall never be disturbed. You, LORD, with your favor, made me as strong as the mountains." Then you hid your face, and I was filled with fear. I cried to you, O LORD; I pleaded with the Lord, saying, "What profit is there in my blood, if I go down to the Pit? will the dust praise you or declare your faithfulness? Hear, O LORD, and have mercy upon me; O LORD, be my helper." You have turned my wailing into dancing; you have put off my sack-cloth and clothed me with joy. Therefore my heart sings to you without ceasing; O LORD my God, I will give you thanks for ever.

New Testament

Reader 2 A reading of Revelation chapter 5, verses 11 through 14.

I looked, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, singing with full voice, "Worthy is the Lamb that was slaughtered to receive power and wealth and wisdom and might and honor and glory and blessing!" Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing, "To the one seated on the throne and to the Lamb be blessing and honor and glory and might forever and ever!" And the four living creatures said, "Amen!" And the elders fell down and worshiped.

Reader 2 Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

All who are able, please stand.

Gospel

John 21. 1-19

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Celebrant Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing. Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, you have no fish, have you?" They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off. When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net

ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared to ask him, "Who are you?" because they knew it was the Lord. Jesus came and took the bread and gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead. When they had finished breakfast, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Feed my lambs." A second time he said to him, "Simon son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Tend my sheep." He said to him the third time, "Simon son of John, do you love me?" Peter felt hurt because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go." (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, "Follow me."

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Please be seated.

Sermon *Amma Diane*

All who are able, please stand.

Nicene Creed

Celebrant Let us join in the words of the Nicene Creed.

All **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he**

suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. AMEN!

Prayers of the People

Reader 3 Living Christ, you are risen from the dead! Love reigns! You are life stronger than death. Raise our eyes to see you as the new day dawns.

We pray for the entire Body of Christ. We offer our joy that we celebrate your glorious resurrection with our brothers and sisters around the world. Envelop your people with a sense of your risen presence, today and always. For the household of faith, the church of the risen Christ, we pray:

People **Be with us and bless us, O God.**

Reader 3 We pray for our nation. God of hope, teach us the difference between reaching down and reaching out. Guide the many of privilege who determine the destinies of others. Lead us not only to share our wealth, but to enter with hope into the poverty of those who do not share our good fortune. For our nation and for our common good, we pray:

People **Be with us and guide us, O God.**

Reader 3 We pray for the whole world. God of creation you have given us a world of glorious diversity. Give us the eyes to see the beauty of your cosmic patchwork. Give us open hearts and the confidence to invite all into the bond of your love, that in unity with you, we may bring your peace and goodness and vision to all people. For the welfare of our world, we pray:

People **Be with us and unite us, O God.**

Reader 3 We pray for this community. God who came to earth as one of us, help us see you in each member of this community. Bless the many gifts of our members and keep before us the image of the Servant Jesus, that joined with him we remain ready to kneel with basin and towel before each other and before those you continue to bring into our midst. For our community we pray:

People **Be with us and help us, O God.**

Reader 3 We pray for all who suffer. God of compassion, open our hearts to bind and heal in your name. Bless all of those who ask our prayers, and give us courage to learn the names of others. Be present, through us, to those who need your comfort. We remember those on our prayer list and others we name now silently or aloud. For all who suffer and struggle, we pray:

People **Be with us and heal us, O God.**

Reader 3 We pray for all who have died. God who has loved us from before birth and God who loves us beyond the grave, we remember those who have died in the glorious hope of the resurrection, and we remember those who mourn, that they may be assured with that same hope. For all who have entered new life in Christ's resurrection, we pray:

People **Be with us and raise us, O God.**

Reader 3 Receive our praise and thanks for all your blessings, and for other prayers we raise. For confidence to offer all our needs and concerns up to God, and for growing gratitude in all we receive, we pray:

People **Be with us and renew us, O God.**

Reader 3 Glorious Lord of Life, we praise you, that by the wondrous resurrection of your Son, you have delivered us from sin and death and made your whole creation new; grant that we who celebrate with joy Christ's rising from the dead, may be raised from the death of sin to the life of righteousness; through him who lives and reigns with you and the Holy Spirit, one God now and for ever.

All **AMEN!**

Reader 3 Let us confess our sins to God.

All **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. AMEN!**

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **AMEN!**

Please be seated. Those with birthdays or anniversaries, please stand at this time. If you would like a prayer for healing, travel, or any other needs, please let Amma Diane know.

Celebrant Let us join in prayer for all those who have celebrated or will be celebrating their birthdays.

All O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. AMEN!

Celebrant Let us join in prayer for all those who have celebrated or will be celebrating their anniversaries.

All O God, you teach us through the example of Jesus that love is the fulfilment of the Law; help those couples celebrating anniversaries to persevere in love, to grow in mutual understanding, and to deepen their trust in each other; that in wisdom, patience and courage, their life together may be a source of happiness to all with whom they share it. AMEN!

Celebrant To all of you celebrating milestones: May the blessing of God Almighty, Father, Son, and Holy Spirit, be upon you to guide and protect you and all those you love, today and always!

All AMEN!

Passing the Peace

Celebrant The peace of Christ be always with you.

People And also with you.

We share God's love with others from a distance with verbal greetings, waving, peace sign, etc.

Please be seated.

Announcements *All giving announcements: please use a mic for our friends online.*

Offering Our Gifts

Celebrant Gifts and offerings may be mailed to the church, dropped off in the church mail slot, or sent through your bank. There are also online giving options on our web site at mySJEC.com/donate. We are grateful for your continued financial support of our ministry and mission.

Celebrant Inspire us to always share your love through action, O God:

People Strengthen us to always be an inviting safe community for all.

All who are able, please stand.

♪ **God Whose Will Is Health and Wholeness**

God whose will is health and wholeness, hear your people as we pray:

Many now are facing illness; more face sickness every day.

As we lift our song toward heaven, may we use the gifts you give —

Science, justice, and compassion — to help others safely live.

Jesus taught that your commandments call for us to use the mind.

May we use the gifts of science to seek health for humankind.

Bless the ones who work for healing; bless the ones who seek to be

Builders of a health care system that protects society.

God, you call for love and justice, yet our laws are far from wise:

Many don't have good insurance; lack of health care threatens lives.

Many workers must keep working, sick or not, to pay the bills.

Turn us round when we have sanctioned greed that leads to greater ills.

Loving God, we ask your blessing on the sick and those they love,

And we pray for those now grieving as they lift their cries above.

There is trouble all around us; illness causes pain and fear.

Give compassion, love and kindness as we serve your people here.

Words: © 2020 Carolyn Winfrey Gillette. All rights reserved. Tune: *BEACH SPRING*, 1844.

Invitation to Communion

from the Iona Community, Scotland

Celebrant The table of bread and wine is now to be made ready. It is the table of company with Jesus, and all who love him. It is the table of sharing with the poor of the world, with whom Jesus identified himself. It is the table of communion with the earth, in which Christ became incarnate. So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time; you who have tried to follow Jesus, and you who have failed; come.

Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

♪ **Holy, Holy, Holy Lord** [Hymnal #s130/in front section of hymnal]
 Holy, holy, holy Lord, God of power and might,
 Holy, holy, holy Lord, God of power and might,
 heaven and earth are full, full of your glory.
 Hosanna in the highest. Hosanna in the highest.
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest. Hosanna in the highest.

Setting: from *Deutsche Mass*, Franz Schubert (1797-1828); arr Richard Proulx (b 1937).

Celebrant Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take... Eat. This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, we proclaim the mystery of faith:

People **Christ has died. Christ is risen. Christ will come again.**

Celebrant We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy

food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN!

Celebrant As our Savior Christ has taught us, we now pray,

All Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. AMEN!

Breaking Bread

Celebrant Alleluia! Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia!

♪ Lamb of God

[Hymnal #s164/in front section of hymnal]

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer, redeemer of the world:

give us your peace, give us your peace.

*Setting: from *Deutsche Mass*, Franz Schubert (1797-1828); arr Richard Proulx (b 1937).*

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Celebrant will extend the invitation to communion to those present and those watching online and give instructions. Visitors are welcome to receive communion or a blessing.

All who are able, please stand.

Celebrant Let us pray.

All Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. AMEN!

Blessing for Easter Season

Celebrant As Christ burst forth from the tomb, may new life burst forth from us and show itself in acts of love and healing to a hurting world.

People Alleluia! AMEN!

Celebrant May Christ, who lives forever and is the source of our new life, keep your hearts rejoicing and grant you peace this day and always.

People Alleluia! AMEN!

Celebrant And the blessing of God, who Creates, Redeems, and Sustains, be upon you and all you love and pray for, this day and forever more.

People Alleluia! AMEN!

♪ Peter said "I'm Going Fishing"

Peter said, "I'm going fishing," so his friends went out with him.

Through the night, they labored, watching, Hauling empty nets back in.

In the grey of early morning, Jesus, you came walking by.

From the beach you called a greeting, "Cast out on the other side!"

Soon their nets were filled to brimming; Someone cried, "It is the Lord!"

Jumping in, he started swimming; Christ, you met him on the shore.

Guiding them to better waters, Eating fish, and sharing bread —

You showed Peter and the others: You were risen from the dead!

Risen Christ, you send us fishing! God's great sea is everywhere.

You have guided us in mission, You have given love to share.

Through the years, our church has heard you, We have answered your great call:

"Cast your nets where I have told you. Bring my word of love to all!"

Lord, be with our congregation; By your spirit, send us forth!

May we care for your creation; May we work for peace on earth.

In our worship, in our giving, In our serving those in need,

May we know, Lord; you are living, Guiding us in ministry.

Words: bases on John 21.1-14, © 2003 Carolyn Winfrey Gillette. All rights reserved. Music: NETTLETON, 1813.

Sending

Celebrant Go forth now in the Name of Christ! Go into Manitowoc County... Go into your own neighborhoods... Go to unknown lands and places... Go where God's name is well known, and where it has yet to be known... Go to those who welcome you, and to those who reject you... Go forth into the world, sharing the Good News of God's love! Alleluia, alleluia!

People Thanks be to God! Alleluia, alleluia!

Thank you for celebrating with us today! Please join us downstairs after worship for refreshments, snacks, and conversation.

Donations for our Easter display were made by the following:

Eleanor Agnew: in memory of Deena Giriyappa

Barb & John Cook: Thankfulness for their families, especially Donna Franz

Marian Flint: in memory of Bill, Dick, & Dale

Mary Green: in memory of Sharen & Ed Kaatz, Keith Kaatz, Bob Green, & Benjamin J Green

Richard Hall: in memory of The Rev'd Deacon Sam Hall

Ron Hansen: in memory of Myrna Hansen

Judy Lavicka: in memory of Joe, Edith, Joann, Ronald, David, & Raymond

Sandy Olson: in memory of the Maedke & Olson Families

Lakeshore Family Funeral Homes: in memory of Liese Carbon, Scott Henderson, & Shirley Ouradnik



All things are possible with God

Thank you for your support! Gifts may be mailed to the church or sent through your bank.

There are also online giving options on our web site at mySJEC.com/donate.

April's special offering supports the Rector's Discretionary Fund—please label accordingly.

MENTAL HEALTH RESOURCES

Phone numbers are area code 920 unless otherwise indicated.

IN TIMES OF CRISIS

National Suicide Prevention Lifeline – call 800-273-8255 (24 hours/7 days)

Your call is confidential and free. No matter what problems you're dealing with, whether or not you're thinking about suicide, if you need someone to lean on for emotional support, call the Lifeline. People call to talk about lots of things: substance abuse, economic worries, relationships, sexual identity, getting over abuse, depression, mental and physical illness, and loneliness, to name a few. A skilled, trained crisis worker will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.

Crisis Text Line – send a text message to 741741 (24 hours/7 days)

Your texts are confidential and free. The Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text messaging. A crisis counselor will help you sort through your feelings, with the goal of helping you feel calmer and safer. Resources and referrals are available, if necessary.

911 emergency calls – call 911 (24 hours/7 days)

If you or a loved one is in immediate danger related to mental health concerns, 911 can help. Let the operator know you are calling about a mental health crisis, explaining their mental health history and/or diagnosis. You can ask for an officer trained in crisis intervention or trained to assist people experiencing a mental health crisis.

Manitowoc Co Human Services Crisis Intervention – call 683-4230 (Mon-Fri/8am-4:30pm; 888-552-6642 after hours)

Provides telephone and in-person/mobile crisis intervention services for people experiencing a mental health and/or substance use crisis in which they may be a danger to themselves or others. Manitowoc County contracts with Northwest Connections to provide after-hours telephone and in-person crisis services.

INFORMATION, RESOURCES, SCREENING, DIAGNOSIS, SERVICES

NAMI Helpline (National Alliance on Mental Illness) – call 800-950-6264 (Mon-Fri/9am-5pm) / www.nami.org

Your call is confidential and free. Trained workers are prepared to answer your questions about mental health issues including: symptoms of mental health conditions; treatment options; local support groups and services; education programs; helping family members get treatment; programs to help find jobs. Or email info@nami.org

Painting Pathways Clubhouse – call 652-9952 / 1226 Washington St / www.paintingpathways.org

Non-profit organization changes lives by empowering individuals with diagnosed mental illness, building community, and supporting recovery. PPC supports members in education, employment, housing, community support, and much more, while fully involving members in the operation of the Clubhouse.

Holy Family Memorial Behavioral Health – call 320-8600 / 339 Reed Ave / www.hfmhealth.org

Aurora Behavioral Health Center – call 793-7420 / 5300 Memorial Dr / www.aurorahealthcare.org

Bellin Health Psychiatric Center – call 433-6073 / 3415 Custer St / www.bellin.org

New Day Resource – call 320-1325 / 520 N 7th St / www.newdayresource.com

This page includes some helpful essentials, but there are a variety of other resources available. For other community resources, call 211 or go to www.211.org. Additional resources can also be found online or in your phone book.



ST JAMES

EPISCOPAL CHURCH, MANITOWOC

An inviting safe community for all

St James Weekly for the week starting May 1, 2022

St James Episcopal Church
434 N 8th St, Manitowoc, WI 54220
920-684-8256 (church office)
info@mysjec.com
mysjec.com
facebook.com/sjecmanitowoc

The Rev Diane M Murray, Rector
920-860-5152 (cell phone)
920-894-5245 (daytime phone)
dianemarie.murray@gmail.com
*Please contact Amma Diane with
any pastoral care or other needs.*

COVID update: as of 3/2/22, masks are optional for all church activities, including worship. Distancing is still a safer practice. Thanks!

Recurring Schedule

Book Discussion Sundays 8:30AM (in-person/Zoom)

We're discussing the book Looking for God in the Messy Places: A Book About Hope by Jake Owensby, bishop of the Episcopal Diocese of Western Louisiana. His work focuses on the spirituality of everyday life. Owensby's blog is JakeOwensby.com. The book is broken down into sections and is a fairly easy read. We anticipate 6 – 8 weeks of discussion. You do not have to have read the book before the discussion begins and you can join or not our Sunday morning discussions as you are able. Let Amma Diane know if you'd like a copy or purchase one in your preferred way.

By computer or other device: go.mysjec.com/biblestudy
To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 580 876 932 #
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]

Worship—Sundays at 10AM (in-person/online)

Attend in-person at 10AM, or participate LIVE at 10AM or view at any time after on YouTube (*video links are also shared on Facebook*): go.mysjec.com/youtube

5/1: Easter 3—Mental Health Awareness
5/8: Easter 4—Mother's & Mother Figures

Fellowship—Sundays at 11:15AM (in-person)

Please join us downstairs after worship each week for refreshments, snacks, and conversation. Coffee, tea, and water will be provided. We invite anybody who is interested to bring snacks/treats to share any week.

Mid-Week Worship—Wednesdays at 4PM (Zoom)

By computer or other device: go.mysjec.com/Wednesday
To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 670 567 006 #
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]

Morning Prayer—Fridays at 7:00AM (Zoom)

By computer or other device: go.mysjec.com/Friday
To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 831 5230 0483 #
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]

NEW! "Helping Our Neighbors" mission project

The poverty rate in Manitowoc is about 14%, and hunger continues to impact families and individuals. Over the next few months, we invite you to bring non-perishable food, hygiene products, and personal care items to donate as often as you are able. We'll have a collection spot in the front left of the Sanctuary near the piano (similar to what we did in Advent), and volunteers will periodically deliver these items to Peter's Pantry. If you'd like to contribute financially, label your gift "Helping Our Neighbors" (checks payable to St James).



UPDATED! Sunday Fellowship time update

We've resumed Fellowship time with snacks and refreshments after Worship every Sunday. Coffee, tea, and water will be provided. As we transition back to this, we invite anybody who is interested to bring snacks/treats to share any week. Over the Summer, we'll determine if we want to adapt this as we move into the Fall. **We invite everybody to take turns helping with the simple clean-up—there is a sign-up sheet in church.**

Monthly fellowship gathering 9AM on Sat 5/13

Our next monthly fellowship gathering will take place at 9AM on Saturday, May 13. We'll gather in the Fellowship Hall at St James (bring your own food/snacks, if you like). A Zoom option is available for those who can't be present in-person. All are welcome!

To participate from any phone, dial 1-312-626-6799
When prompted for Meeting ID, enter 822 4207 3112#
When prompted for Participant ID, press #
When prompted for Password, enter 0 # [number zero]
By computer or other device: go.mysjec.com/fellowship

NEW! Vestry Notes

The Vestry gathered in person for our Spring Retreat on 4/23 and our monthly meeting on 4/26. Highlights:

- Vestry orientation and development.
- Walkaround of the exterior and interior of our building to develop a needs and projects list.
- Goal to complete work in Chapel by Memorial Day weekend, then move on to other projects on our list.
- Pat Hanson will coordinate a church clean-up day, with tasks for all ability levels outside and inside. Details will be available soon.
- Introducing ongoing "Helping Our Neighbors" mission project (*see separate announcement*) and looking into another project with local school(s).
- Resuming work on previously delayed parking lot labyrinth and little free library projects.

Next Vestry meeting will be on Zoom at 5PM on 5/24.

Please share your photos for our upcoming Mother's Day & Father's Day services

We need your photo contributions for the following:

- ♦ Due May 4—Please send photos for our May 8 service of your grandmothers, mothers, daughters, spouses, or yourself... other relatives, friends, and people from our church... or anybody else who has been like a mother, spiritual or otherwise, in the lives of you or your loved ones. We'll also reuse photos from last year unless we hear otherwise from you. Send photos by May 4.
- ♦ Due June 15—Please send photos for our June 19 service of your grandfathers, fathers, sons, spouses, or yourself... other relatives, friends, and people from our church... or anybody else who has been like a father, spiritual or otherwise, in the lives of you or your loved ones. We'll also reuse photos from last year unless we hear otherwise from you. Send photos by June 15.

Please share your photos to be included in slideshows during our Worship services. Send in as many as you like. We'll also re-use photos you shared last year unless we hear otherwise from you. As with photo requests for our previous Worship services, we do not include names or other identifying information for privacy. Please send your photos to Worship Coordinator Tony Karl (email them to info@mysjec.com, text them to him, or give them to him and he can scan them for you). **Please send your photos as soon as possible.** Thanks!

Thanks for your support!

We appreciate your continued financial support while we are being the church in these different ways. Checks can be mailed to or dropped off at the church. You can also set up payments through your bank or donate online at mysjec.com/donate. Please contact Amma Diane if you need help connecting to assistance or resources. **Our special offering for the month of May goes to Painting Pathways Clubhouse—please label accordingly.**



Prayers for the Week

Healing/Comfort/Strength: Steve & Marybeth, Virginia, Elizabeth, Vanessa, Debbie, Silas, Laurie, Geno, Mitch, Bonnie, Bonnie & Charlie, Marcia & John, Chip & Janice, Steven, Len & Margaret, Mary, Vicki, Tom, Grace, Matthew, for the family of Nelson, Sid, Shelley, Jim & Stacey, Karleen, Joanne.

Guidance & Discernment: Tim, Guy & Mary, Kurt, Ronald, Alison, Susie, Brian & Lisa, Frankie, Deb & Jim, Joy's grandson, Donna.

Serving in the Military: Jordan, Ian, Logan, Keaton, Marshall, Jacob.

Additional Prayers we offer include: For Peace in our world... for the people of Ukraine, Russia, Afghanistan, Haiti, Israel, Gaza, Sudan, Madagascar and missionary families. For the Dioceses of Fond du Lac, Eau Claire, and Milwaukee and the dialogue taking place among them. For people living with mental illness. For Painting Pathways Clubhouse. Hope House families. The men of The Haven. We pray for those working in government in our cities, state, country, and the world. We pray for our neighborhood. For the people around the world affected by the coronavirus pandemic. Pray for an end to racism and social injustice in our country and around the world. Pray for people around the world dealing with severe weather and related damage, injury, and deaths. We pray for those in the world who do not have enough to eat, may we help to keep food available to all.

We offer thanks for: Diane our Rector, Chris and Mary, our Wardens, our Vestry and other ministry leaders, staff, and every person in this congregation. Bishop Matt Gunter and his wife Leslie and family. Presiding Bishop Michael Curry and his wife, Sharon. Archbishop of Canterbury, Justin Welby. For our companion Diocese of Masvingo in Zimbabwe.

We Pray for the Departed: Tom & Audrey, Audrey & Clayton, Pat, Myrna, Cindy, Joe, Paul, Clarence & Liese, Shirley, Nelson, Bethany, Shawn, Jody Rice-Milski.

Milestones

We pray for those celebrating milestones:

Birthdays: 5/4 Mayra Short; 5/7 Noah Short; 5/7 Owen Short; 5/20 Doris Hansen; 5/23 Pat Hanson.

Anniversaries: 5/6 Leonard & Margaret Coombs; 5/9 Mary Jean & Todd Reckelberg; 5/15 Barb & John Cook; 5/20 Marian & Nick Doszkewycz.

Ordination Anniversary: 5/23 Amma Diane

If you would like your prayer requests to be included on our list, or to add a milestone, please contact Amma Diane Murray by phone (920-860-5152) or email (dianemarie.murray@gmail.com).

Book Group meets 5/25 at 7PM (Zoom)

The St James Book Group is meeting via Zoom until further notice. Our next meeting will take place on Wednesday, May 25 at 7PM. We're reading and discussing the book *While Justice Sleeps* by Stacey Abrams. Our book for 6/22 will be *The Daughters of Yalta* by Catherine Grace. Books are available for pick up at the main desk of the library (tell them you are a member of the St James Book Group) or from another source of your choosing. You do not have to have read the book to join in our discussions, so join us when you are able. Please feel free to invite others to participate. If you have questions or technical issues contact Amma Diane.

By computer or other device: go.mysjec.com/bookgroup
To participate from any phone, dial 1-312-626-6799

When prompted for Meeting ID, enter 873 5481 2492 #

When prompted for Participant ID, press #

When prompted for Password, enter 0 # [number zero]

Scrip upcoming order deadlines 5/8 & 6/12

Scrip is a way for you to purchase store gift cards for your own use or to give as gifts. The card user gets full value for the amount and St James receives a percent (2-10%, varies by retailer). The proceeds we receive are used for mission projects. Retailer list/order forms are available at church. Contact Eleanor Agnew or Amma Diane if you have any questions or would like to place an order.

Summer Camp opportunities

Registration is open for the Diocese of Fond du Lac's Summer Camp taking place at Waypost Camp. Our diocesan camp welcomes persons of all ages and faiths to learn more about God, community, and themselves while having lots of fun! Those who are age 4 through 12th graders and some adults with younger children attend as campers. Those who are adults as well as older youth may serve on the volunteer staff.

Senior Camp (those completing grades 9-12) is June 12-18 and costs \$475. Middler & Junior Camp (those completing grades 6-8 or grades 2-5) is June 19-24 and costs \$395. KinderCamp (ages 4-7 with an adult) is June 24-26 and costs \$155. Financial assistance is available—talk to Amma Diane if you're interested.

Waypost Camp is located on Mission Lake near Hatley, Wisconsin (about 15 minutes east of Mosinee). It offers cozy cabins, chapel, arts & crafts building, showers, bathrooms, hiking trails, gardens, open fields, low-ropes course, and modern meal facilities. The diocesan camp focus is on faith development through activities including arts & crafts, campfires, swimming, gardening & composting, field games, bread baking, boating, singing, games, storytelling, nature hikes, archery and low-ropes initiative activities. Pandemic protocols will follow CDC guidelines and Waypost Camp policy. To register:

diofdl.org/camp

You're Invited: Eucharistic Festival 5/13-14

The Diocese of Fond du Lac's 2022 Eucharistic Festival will be held Friday, May 13 and Saturday, May 14.

Friday, May 13

-6PM Evensong at the Cathedral of St Paul, Fond du Lac

-7PM banquet, with speaker, at the Hotel Retlaw in downtown Fond du Lac. **To attend the Friday banquet, you MUST RSVP by Monday, May 2** to guarantee a meal. Cost is \$55 per person. Banquet is served buffet style. Accommodations are available at the Retlaw for those who'd like to spend the night.

Saturday, May 14

-11AM Festival Eucharist with guest homilist and Benediction at the Cathedral at 11AM.

-Followed by Bishop's Picnic and Cathedral Tours.

All are invited to attend any or all of the Festival activities. **You are asked to RSVP for any of the events you plan to attend. For more info or to RSVP, please visit: [Diofdl.org/ef](https://diofdl.org/ef)**

The Homilist and Banquet Speaker will be Dr Elizabeth (Liza) Anderson, a Resident Scholar at the Collegeville Institute, Collegeville, MN. A graduate of Swarthmore College with a Bachelor of Arts in religion and peace



studies, she earned a master's degree from Trinity College Dublin in ecumenical studies, graduated from Harvard Divinity School, and completed her PhD in religious studies at Yale University. Liza's research focuses primarily on the languages, literatures and histories of Middle Eastern Christianity and on Muslim-Christian dialogue. She has taught at seminaries

in the United States, Ukraine, and Iraq, and has also studied Arabic and Islamic theology in Yemen, Morocco and Egypt. She has served the Episcopal Church in a variety of roles, including the Standing Commission on Liturgy and Music, the General Board of Examining Chaplains, the Liberian Covenant Committee, and on the churchwide Executive Council. She is the Vice President of the North American Academy of Ecumenists and has been an active member of Religions for Peace USA, the North American Interfaith Network, and Christian Churches Together in the USA.