



Worship with Communion

The 4th Sunday after the Epiphany

VIDEO: Participate on any device at 10AM on January 31
go.mysjec.com/facebook or go.mysjec.com/youtube

You can watch the videos at any time after their premier.

Welcome! We're glad you chose to worship with us today!

♪ **Thou, Whose Almighty Word**

Thou, whose almighty word chaos and darkness heard, and took their flight;
hear us, we humbly pray, and, where the Gospel day
sheds not its glorious ray, let there be light!

Thou who didst come to bring on thy redeeming wing healing and sight,
heal to the sick in mind, sight to the inly blind,
now to all humankind, let there be light!

Spirit of truth and love, life-giving holy Dove, speed forth thy flight!
Move on the waters' face bearing the gifts of grace,
and, in earth's darkest place, let there be light!

Holy and blessèd Three, glorious Trinity, Wisdom, Love, Might;
boundless as ocean's tide, rolling in fullest pride,
through the world far and wide, let there be light!

Text: John Marriott, 1813. Tune: MOSCOW/ITALIAN HYMN, Felice de Giardini, 1769.

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. AMEN!**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **AMEN!**

♪ **Gloria, Gloria**

Gloria, gloria, in excelsis Deo!

Gloria, gloria, alleluia alleluia!

Words: Trad, adapt Taizé Community Music: Jacques Berthier ©1979 Les Presses de Taizé/GIA Publ. All rights reserved.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **AMEN!**

Old Testament

Reader A reading of Deuteronomy chapter 18, verses 15 through 20.

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader The Word of the Lord.

People **Thanks be to God.**

Unison Reading

Reader Let us read in unison Psalm 111.

All Hallelujah! I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the Lord! They are studied by all who delight in them. O Lord, your work is full of majesty and splendor, and your righteousness endures for ever. You make your marvelous works to be remembered; you are gracious and full of compassion. You give food to those who fear you; you are ever mindful of your covenant. You have shown your people the power of your works in giving them the lands of the nations. The works of your hands are faithfulness and justice; all your commandments are sure. They stand fast for ever and ever, because they are done in truth and equity. You send redemption to your people; you commanded your covenant for ever; holy and awesome is your name. The fear of the Lord is the beginning of wisdom; those who act accordingly have a good understanding; the praise of the Lord endures for ever.

New Testament

Reader A reading of 1 Corinthians chapter 8, verses 1 through 13.

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is

defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.

People **Thanks be to God.**

Gospel

Mark 1. 21-28

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Celebrant Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

Nicene Creed

Celebrant Let us join in the words of the Nicene Creed.

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. AMEN!

Prayers of the People

Reader Sisters and brothers, our baptismal vows call us to compassion and mercy on behalf of those in need. We offer our prayers for the church and the world.

People God of light and life, our prayers rise before you this day in hope and faith.

Reader We pray for the entire Body of Christ, especially for the clergy and people of The Anglican Communion, The Episcopal Church, the Diocese of Fond du Lac, and St James Episcopal Church.

People Flame of abundant love, be our joy in proclaiming your Good News to the world.

Reader We pray for all who are coming to faith, all who wonder about faith, and all who are struggling with faith.

People **Light of all creation, guide us to lead, teach, and nurture your disciples.**

Reader We pray for those in need of food, shelter, clothing, and of God's healing touch.

People **Comforter of the suffering, warm our hands to loving service.**

Reader We pray for the world, especially where there is trouble and suffering, far away or nearby.

People **Ember of steadfast care, fuel our passion to challenge injustice and violence and to pursue peace and reconciliation.**

Reader We pray for the land on which we stand, the peoples, creatures, plant life, and waters around us.

People **Star blaze of glory, lead us to care for this fragile earth, our island home, and to heal the circle of creation.**

Reader We lift up the prayers of our church family. God of radiant light, your love illumines our hopes before we know them, and our needs before we ask.

People **Kindle your flame within us, that in our prayers and service, we may know your transforming presence at work in the world around us.**

Reader For the special needs and concerns of this congregation.

People **Jesus, God with us, hear our prayer.**

Reader Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever.

All **AMEN!**

Reader Let us confess our sins to God.

All God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. AMEN!

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People AMEN!

Celebrant Let us join in prayer for all those who have celebrated or will be celebrating their birthdays.

All O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. AMEN!

Celebrant Let us join in prayer for all those who have celebrated or will be celebrating their anniversaries.

All O God, you teach us through the example of Jesus that love is the fulfilment of the Law; help those couples celebrating anniversaries to persevere in love, to grow in mutual understanding, and to deepen their trust in each other; that in wisdom, patience and courage, their life together may be a source of happiness to all with whom they share it. AMEN!

Celebrant To all of you celebrating milestones: May the blessing of God Almighty, Father, Son, and Holy Spirit, be upon you to guide and protect you and all those you love, today and always!

All AMEN!

Passing the Peace

Celebrant The peace of Christ be always with you.

People And also with you.

Invitation to Communion

from the Iona Community, Scotland

Celebrant The table of bread and wine is now to be made ready. It is the table of company with Jesus, and all who love him. It is the table of sharing with the poor of the world, with whom Jesus identified himself. It is the table of communion with the earth, in which Christ became incarnate. So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time; you who have tried to follow Jesus, and you who have failed; come.

♪ **If My People** *You may sing the first part or the echoed part*

If my people (If my people) **called by my name** (called by my name)
turn from evil (turn from evil) **and seek my face.** (and seek my face.)

If my people (If my people) **called by my name** (called by my name)
turn from evil (turn from evil) **and seek my face.** (and seek my face.)

I will hear, (I will hear,) **I'll forgive,** (I'll forgive,)

I will heal, (I will heal,) **will heal their land.** (will heal their land.)

I will hear, (I will hear,) **I'll forgive,** (I'll forgive,)

I will heal, I will heal their land.

We, your people (We, your people) **called by your name** (called by your name)
turn from evil (turn from evil) **and seek your face.** (and seek your face.)

We, your people (We, your people) **called by your name** (called by your name)
turn from evil (turn from evil) **and seek your face.** (and seek your face.)

Hear our cry, (Hear our cry,) **Lord, forgive,** (Lord, forgive,)

come and heal, (come and heal,) **come heal our land.** (come heal our land.)

Hear our cry, (Hear our cry,) **Lord, forgive,** (Lord, forgive,)

come and heal, come and heal our land.

Words: From 2 Chronicles 7:14. Music: Eddie Smith ©1992 Maranatha! Music (adm The Copyright Co)

Offering Our Gifts

Celebrant Gifts and offerings may be mailed to the church, dropped off in the church mail slot, or sent through your bank. There are also online giving options on our web site at mySJEC.com/donate. We are grateful for your continued financial support of our ministry and mission.

Celebrant Inspire us to always share your love through action, O God:

People **Strengthen us to always be an inviting safe community for all.**

Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The musical score is written on four staves in a single system. It begins with a treble clef, a key signature of one flat (B-flat), and a common time signature (C). The melody is simple and hymn-like, with lyrics written below the notes. The lyrics are: "Ho - ly, ho - ly, ho - ly, reign - ing God of pow'r and might, heav'n and earth are full of your glo - ry, all cre - a - tion seeks your light! Bles-sed is the one who comes in your name. Bles-sed be the Lord most high!"

Ho - ly, ho - ly, ho - ly, reign - ing God of
 pow'r and might, heav'n and earth are full of your glo - ry,
 all cre - a - tion seeks your light! Bles-sed is the one who
 comes in your name. Bles-sed be the Lord most high!

Setting: PICARDY, French carol; arr Kimberly Bracken Long.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in

the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take... eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Great is the mystery of faith:

Christ has died, Christ is ri - sen,

Christ the Lord will come a - - gain.

Setting: PICARDY, French carol; arr Kimberly Bracken Long.

Celebrant And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray to you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus

Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

A - - - - men, a - - - - men.

A - - - - - men, a - - - - men.

Setting: PICARDY, French carol; arr Kimberly Bracken Long.

Celebrant As our Savior Christ has taught us, we now pray,
All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. AMEN!

Breaking Bread

Celebrant Alleluia! Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia!

♪ We Will Take What You Offer

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We will take what you of - fer, we will live by your word; we will love one an -

- oth - er and be fed by you Lord. We will take what you of - fer, we will

live by your word; we will love one an - oth - er and be fed by you Lord.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Celebrant gives the invitation to spiritual communion to all participating near and far.

People In union, O Lord, with the faithful at every altar of your Church where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united to you, and, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the love of my soul. Let nothing ever separate you from me. May I live in you, and may you live in me, both in this life and in the life to come. AMEN!

Celebrant Let us pray.

All Mysterious God, we thank you for feeding us with yourself, and for making yourself known to us in the holy child, Jesus the Christ. Let us carry within our hearts your Holy Spirit—that same Spirit which was in Jesus—so that we may help bring your Light, Peace, and Love to all the earth. We pray in the Name of Jesus, who lives and reigns with you and the Holy Spirit, now and for ever. AMEN!

Blessing for Epiphany Season

Celebrant May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also in your pilgrimage to find the Lord.

People Alleluia! AMEN!

Celebrant May God, who sent the Holy Spirit to rest upon the Only-begotten at his baptism in the Jordan River, pour out that Spirit on you who have come to the waters of new birth.

People Alleluia! AMEN!

Celebrant May God, by the power that turned water into wine at the wedding feast at Cana, transform your lives and make glad your hearts.

People Alleluia! AMEN!

Celebrant And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People Alleluia! AMEN!

♪ **When We Face an Unknown Future**

When we face an unknown future that we can't imagine yet,
when the closeness we have treasured turns from blessing into threat —
As we miss our friends and loved ones, as we crave community,
may we look, God, in this season, for a whole new way to be.

Jesus faced the lonely desert as a time to look within.

There he met such trial and conflict; there he knew you were with him.

In this time of separation when we miss the life we've known,
may we hear your voice proclaiming: "I am here! You're not alone."

May we cherish those around us as we never have before.

May we think much less of profit; may we learn what matters more.

May we hear our neighbors' suffering; may we see our neighbors' pain.

May we learn new ways of offering life and health and hope again.

God, when illness comes to threaten, and when so much here goes wrong,
may we know this thing for certain — that your love is sure and strong.

You're beside us in our suffering — and when times are surely tough,
we may face an unknown future, but it's filled, Lord, with your love.

Text: © 2020 Carolyn Winfrey Gillette. All rights reserved. Tune: *HYMN TO JOY*, Ludwig van Beethoven, 1824.

Sending

Celebrant Go forth bearing the Light of Christ to the world! Alleluia, alleluia!

People Thanks be to God! Alleluia, alleluia!

St James Episcopal Church, 434 North 8th Street, Manitowoc, WI 54220

If you have any questions, concerns, or pastoral needs, please call The Rev Diane M Murray, Rector: 920.860.5152

Thank you for your support! Gifts may be mailed to the church or sent through your bank.

There are also online giving options on our web site at mySJEC.com/donate.

January's special offering supports Painting Pathways Clubhouse—please label accordingly.

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BULLETIN INSERTS

Meet Our Religious Communities: Founding Monastic Communities

I didn't know that we have monastic communities in the Episcopal Church!

Monastic orders and Christian communities are sometimes called “the best kept secret in the Episcopal Church!” Yet, today we have 20 monastic communities, whose members live together, and 25 dispersed Christian communities.

When did this start?

In the mid-19th century, some Episcopalians began to hear a call to deeper connection with God, to deeper prayer, and to community life. The first to heed this call was Anne Ayres, who founded the Sisterhood of the Holy Communion under the guidance of the Rev. Dr. William Augustus Muhlenberg in New York City in 1852. Several women joined her and they engaged in active ministry especially serving the poor, teaching, and in health care.

These women lived together and took “promises” for three years at a time, but did not take life vows, although it was Ayres’ desire that this work be an “association for life.”

One of these sisters, Harriet Starr Cannon, went on to found the Community of Saint Mary in 1865. Mother Harriet’s dream was “complete and unconditional surrender to our Lord” and for a life of prayer, discipline, and worship. The first ministries of CSM included the House of Mercy for “fallen women” and a home for destitute children. Initially, the existence of the community was known only to a few friends.

Why was CSM kept a secret?

In the late 19th century, anti-Roman Catholic sentiments were strong. The sisters started to attract unwanted attention and were called “Romanists in disguise.” Fictional accounts were published of horrors perpetrated in Roman Catholic convents and these stories were thought by many to be true.

The CSM sisters tried to keep a low profile and were still subject to criticism and scrutiny. Public sentiment changed dramatically when several CSM sisters went to Memphis in 1878 to minister to the sick during the yellow fever outbreak. Most of them died, and they are now commemorated in The Episcopal Church calendar on September 9th as the Martyrs of Memphis.



Why is religious life in The Episcopal Church still a “best kept secret”?

Despite the positive publicity surrounding the Martyrs of Memphis, religious communities have remained somewhat hidden in The Episcopal Church, often known only in the neighborhoods where they live and serve.

In the 20th and into the 21st centuries, religious communities are ministering in social services, education, health care, prisons, and throughout the Church. They provide prayerful presences, places of retreat, spiritual friendship, and examples of spiritual dedication in community.

For more information, see www.caroa.net and www.naecc.net.