

6 Amazing Comfort Food Recipes

Lasagna

INGREDIENTS

1 pound lean ground beef
1 pound pork sausage
1 medium onion
3 cloves garlic, minced
1/4 cup chopped spring onions
28 tomato sauce
3 ounces (half a 6-oz can) tomato paste
14-ounce can crushed tomatoes
1/4 cup chopped fresh parsley
1/4 cup chopped fresh Basil
1Tbs Italian seasoning
1/3 cup red wine
1 cup beef broth
2 Tbsp brown sugar
Salt and pepper to taste
9 lasagna noodles
15 ounces Ricotta cheese
2 eggs
1 1/2 lb (24 ounces) Mozzarella cheese
1/4 lb (4 ounces) Parmesan cheese

Chicken Pot Pie

INGREDIENTS

1 chicken base cube
2 cups Chicken, cooked
1/4 cup Carrot
1/4 green beans
1/2 cup corn kennel
1/4 cup Onion
1/2 cup Peas, frozen
1/2 tsp FreshThyme and fresh parsley
1 Egg white
2 tbsp Flour
Salt and pepper to taste

Pie crust
4 tbsp Butter
1/2 cup Heavy cream
2 cups Milk

Mashed Potatoes

INGREDIENTS

3 to 3 1/2 lbs Russet Potatoes or Gold Potatoes
Salt and pepper to taste
2 Sticks (1 cup) Butter
3/4 cup to 1 cup Hot Milk (Add milk until desired consistency)

Shepherd's Pie

INGREDIENTS

2 lb Ground beef
1 tbsp Chives
1 tsp Garlic
4 to 5 medium potatoes
1 medium Yellow onion
2 Beef bouillon cubes
2 tbs Tomato paste
2tbsp Worcestershire sauce
Salt and Pepper to taste
2 tbsp Butter
1 cup Cheddar cheese
1 cup Milk
1/4 cup Parmesan cheese
1 medium red bell pepper, green and yellow bell pepper
1/2 cup chopped carrots
1/2 cup sweet peas
1/2 cup corn

Beef Stew

INGREDIENTS

2 LBS Chuck Roast
Salt and Pepper to taste
Olive oil, about 2 Tbs
3 stalks celery
2 cups cut up carrots
1 red bell pepper
2 medium potatoes
2 Tbs butter
1 large onion
4 cloves garlic
1/4 cup flour
1/2 cup red wine
2 1/2 cups beef broth
6 TBS tomato paste
2 tsp dried thyme
2 tsp dried oregano
2 tsp dried rosemary
2 bayleaves
14 Oz can sweet peas

Macaroni & Cheese

INGREDIENTS

1lb (16oz) elbow macaroni
salt and pepper to taste

1/2 cup (1 stick) Butter
1 teaspoon each oregano, garlic and onion powder
8 oz Velveeta cheese
8oz cheddar cheese (plus 1/2 cup more for sprinkling)
8 oz parmesan cheese (shredded or grated)
8 oz Monterey jack cheese
2 eggs 1 and 1/2 cup whole milk
1 teaspoon paprika for sprinkling