

Fall Fig Arugula Salad

INGREDIENTS:

4 cups arugula
2 large fresh figs
1/4 cup raw walnuts
1/4 cup raw pistachios
1/2 cup soft goat cheese
1/2 cup cooked freekeh (can sub for quinoa)
1/4 cup Litehouse Organic Balsamic Vinaigrette Salad Dressing

Autumn Caesar Salad

INGREDIENTS

1 cup shredded brussels sprouts
3 cup shredded kale 1/2 ripe avocado
1/4 cup pomegranate seeds
1/4 cup pumpkin seeds
1/2 cup roasted butternut squash croutons
1/4 cup Litehouse Organic Caesar Salad Dressing

Harvest Chopped Cobb Salad

INGREDIENTS

1/4 cup pecans
1 cup grilled corn
1 apple chopped
1/2 cup roasted butternut squash cubes
1-2 soft boiled eggs 1 head romaine chopped
1-2 cooked beets chopped
1/4 Litehouse Organic Ranch Salad Dressing