

Thai Peanut Pasta Salad Recipe

Dressing

2 tbsp lime juice
3 tbsp creamy peanut butter
1 tbsp honey 1 tsp sesame oil
1 clove minced garlic 2 tbsp avocado oil
1 tsp minced ginger
2 tbsp soy sauce
Mix together into a creamy dressing

In a large salad bowl add

2 cups cooked Linguine noodles
1 cup shredded green cabbage
1 cup shredded purple cabbage
1 stalk chopped green onions
1 cup chopped Persian cucumbers
1 cup shredded carrots
1/4 cup chopped cilantro

Dressing

Toss, serve and garnish with roasted peanuts and cilantro

BBQ Ranch Chicken Salad Recipe

In a large salad bowl add

8 oz. cooked shell pasta
1 cup chopped cucumber
1 cup shredded carrots
1 stalk chopped green onions
1/2 cup canned black beans (drained)
1 chopped cooked chicken breast
1 cup charred (fire-roasted) corn
1 cup chopped cherry tomatoes
1/4 cup shredded Mexican blend cheese
1/4 cup bbq sauce 1/4 cup ranch dressing

Toss and serve. Garnish with pumpkin seeds and fried onions

Elote Pasta Salad

Dressing - in a bowl add

1/4 cup Greek yogurt

1/4 mayonnaise

1/2 tsp ground cumin

1/2 tsp chili powder

1 lime's juice

Mixmixmix

In a salad bowl: Add

8 oz. cooked fusilli pasta

2 1/2 cups fire roasted corn

3 chopped stalks green onions

1/4 cup chopped red bell pepper

1/4 cup chopped cilantro

1 chopped avocado

3/4 cup cotija cheese

Mix in the dressing, toss it up Garnish with more cotija cheese, paprika, cilantro