

## **The Pain and Effects of Trauma— Purity Culture**

- The church has made you feel shameful for your sexuality
- The church has made you feel shameful for your sexual orientation or coming out was a traumatic experience
- You felt you needed to dress a certain to not “cause a brother to stumble”
- You needed to “honor God with your body” with certain prescribed behaviors
- You felt pressure to get married so you don’t “burn with lust”

## **Healing and Restoration of Trauma— Purity Culture**

- The church has given you reason to celebrate the gift of sexuality and the gift of who you are
- The way you dress is a an expression of who you are and is nobody’s business
- Your body honors God as is
- You experienced encouragement to honor the dignity of every person and the sacredness of your relationships

## **The Pain and Effects of Trauma— Purity Culture**

- The church has made you feel shameful for your sexuality
- The church has made you feel shameful for your sexual orientation or coming out was a traumatic experience
- You felt you needed to dress a certain to not “cause a brother to stumble”
- You needed to “honor God with your body” with certain prescribed behaviors
- You felt pressure to get married so you don’t “burn with lust”

## **Healing and Restoration of Trauma— Purity Culture**

- The church has given you reason to celebrate the gift of sexuality and the gift of who you are
- The way you dress is a an expression of who you are and is nobody’s business
- Your body honors God as is
- You experienced encouragement to honor the dignity of every person and the sacredness of your relationships

## Word About Life

### John 1:14

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

### Romans 8: 22-23

We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. 23 Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies.

## Word About Life

### John 1:14

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

### Romans 8: 22-23

We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. 23 Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies.