

TOWNSHIP OF MONROE
Recreation Department

(732) 723-5000
www.monroerec.com



Mayor Gerald W. Tamburro
Director of Recreation--Tony Wilcenski
Chairman Recreation Advisory Board--Joe Isola

NOVEMBER 2016
NEWSLETTER

Grandparent's Day Out
Registration begins November 1st

Wednesday, December 28th
Beach Party in December
Movie - TBA

Lunch Sponsored By: The Gardens at Monroe

GRANDPARENT'S DAY OUT

Grandparent's Day Out is an event that bridges the gap between generations. Grandparents and their grandchildren are treated to a lunch and movie. A great day for bonding. Bus transportation is provided between the Community Center, where a fully catered lunch is provided, and the movie theater.

Registration begins November 1st and we just ask that, if possible, any cancellations be made at least 48 hours in advance. Lunch is sponsored by *The Gardens at Monroe*. While there is no fee for this event, it is first come first serve basis only. You or your grandchildren must be a resident. The event will be held on Wednesday, December 28th starting at 10:30am. Rain date for this event will be December 29th.

FALL ADULT VOLLEYBALL (OPEN GYM)

Wednesdays 7:00pm-9:00pm, September 21st—December 21st. All participants must pre-register and have a valid Community Center Membership. Go to register.communitypass.net/monroetownship if you would like to participate. Dates excluded: 11/30

ADULT FITNESS

Registration for Fall Session II Fitness is available on Community Pass found at register.communitypass.net/monroetownship. We offer *Aerobics • Body Sculpting • Core Conditioning • Strength Training • Ultimate Fitness • Yoga • Zumba*. All classes are CO-ED and most are also available to MTHS students.

OPEN GYM TIMES

Men's Basketball Open Gym, Sundays 8:00am-10:00am
Pickle-Ball and Table Tennis Open Gym, Monday-Friday 8:00am—1:00pm

We typically have open gym Monday—Friday 2:00pm—5:00pm. These hours may be extended based on availability. The Fitness Center is open 8:00am-9:00pm daily. Call 732-723-5000 for daily open gym times especially on the weekend as hours vary due to scheduled activities. These open gym hours are for residents only. \$10.00 Annual Community Center Membership is required.

SPORTS REGISTRATION

Hoops Basketball Registration is available at www.monroehoops.org for grades K—12.

The league typically runs January—March

Wrestling Registration is open and forms are available at the Monroe Township Community Center. Program is for children grades K-8. Go to www.monroewrestling.com for more info.

FALL SESSION II PROGRAMS

Registration for Fall Session II Children's Programs are open on Community Pass at register.communitypass.net/monroetownship. Classes include: *Apprentice/Junior Engineering • Bricks 4 Kidz • Hip-Hop Gymnastics • Karate • Mini Ninjas • Theater Workshop • Twirling*

SENIOR LUNCH & LEARN

The next scheduled Senior Lunch & Learn will be on Monday, November 14th at 11:00am. The topic for this meeting will be **Good Nutrition**. Please register in advance by November 11th at register.communitypass.net/monroetownship. Call Jay Brown at (732) 723-5000 for more information.

YOUTH BRIDGE CLUB

Why Bridge? In addition to being FUN, it can improve your MEMORY, CONCENTRATION, JUDGEMENT, TEAMWORK, LOGIC, and ANALYTICAL skills. It can also provide a lifetime of enjoyment. The club will be led by a Master Teacher of Bridge on Sunday mornings, 10:00am—11:30am. The club will meet from December 4th—February 19th. Registration available online at register.communitypass.net/monroetownship. Fee is \$25. Registration is open under Winter 2017 and is for children grades 5-10.

Important Dates

11/14—Senior Lunch & Learn
at the Community Center
11:00am

11/14—Recreation Advisory
Board Meeting at the
Community Center 7:00pm

12/12—Senior Lunch & Learn
at the Community Center
11:00am

12/12—Recreation Advisory
Board Meeting at the
Community Center 7:00pm

12/28—Grandparents Day
Out at the Community Center
10:30am



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For more information about our programs call 732-723-5000 or go to www.monroerec.com