

# TOWNSHIP OF MONROE

## Recreation Department



*Mayor Gerald W. Tamburro*

Superintendent of Recreation - Mary Lange

Recreation Advisory Board Chairman - Joe Isola

(732) 723-5000 • [www.monroerec.com](http://www.monroerec.com)

# Newsletter

## May

### Summer Camp Registration

Registration for Summer Rec Camp, MTSEPA Camp, and our Summer Specialty Camps is open.

Registration can be found at

[register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship)

Additional information about our camps and other programs we offer during the Summer can be found at [www.monroerec.com](http://www.monroerec.com)



# summer CAMP



### Veterans Park Spray Ground

Will open for the season on May 25th at 10:00am. Access to the Spray Ground is free and open to the public. We ask that strollers, chairs, or any other objects that can damage the surface be kept on the grass surrounding the park.

This facility will be open 7 days a week 10:00am-8:00pm until Labor Day.

### Fitness Center

For ages 18+ - our fitness center is open from 8:00am-9:00pm, 7 days a week. This facility is available to Monroe Twp residents and is included in our \$10 per year annual Rec Center membership. Our fitness center is perfect for anyone looking to restart their fitness regimen, start a new one, or even to have a treadmill to run on indoors on a rainy day. You can reserve cardio equipment in advance or you may simply walk in and check with our front desk for equipment availability. An orientation is required prior to use and can be scheduled over the phone by calling our front office at (732) 723-5000. Stop by today to check out this, and the many other fitness offerings we provide.



# Adult and Senior Programs

## Adult Fitness Classes

### **A.M. Classes**

**Core Conditioning**—Saturdays 8:30-9:30am

**Cardio Tone**—Saturdays 9:30-10:30am

**Seize the Day Fitness**—Mondays and Thursdays 9:30-10:30am

**Yoga**—Sundays 10-11am, Tuesdays or Thursdays 9:30-10:30am

**Zumba Toning**—Fridays 9:30-10:30am



### **\* NEW A.M Class \***

**Retro Rhythms Dance Fitness**

**Wednesdays 9:30am-10:30am starting in April**

### **P.M. Classes**

**Kickbox & Tone**—Tuesdays 7:15-8:15pm

**Low Impact Aerobics**—Mondays and/or Thursdays 7:00-8:00pm

**Ultimate Fitness**—Mondays and/or Thursdays, 6:30-7:30pm

More information, including schedules, fees, and class descriptions, can be found at [www.monroerec.com](http://www.monroerec.com). Must register in advance for 8 week sessions. Online registration available at [register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship)

Classes with low enrollment numbers prior to the beginning of the program, may be cancelled. Please do not wait until the start date of the class to register.

## Monroe Township Photography Club

is for Monroe Township Residents. All levels of photography experience welcome. High School students and older. The Club is held on the 1st and 3rd Wednesdays of each month from 7:00pm to 9:00pm. There is a \$25.00 club fee. A great way to learn, discuss, and advance your love of photography. The club holds workshops, contests, and more!

## Senior Lunch And Learn

The next scheduled Senior Lunch & Learn will be on Monday, May 14th at 11:00am. This month's topic is **Special Diets** presented by Maryrose Agel from Spotswood Shoprite. Register in advance by May 7th, to guarantee you receive a lunch, on Community Pass or at the Community Center. Call (732) 723-5000 for more information.

## Table Tennis Club

Held on Monday and Wednesday nights at Barclay Brook School, 7:00pm-10:00pm. Great club for all skill levels. Go to their website <http://mttc.ebnj.net/home> to learn more about the club. High School Students are welcome to join at a discounted rate.

# Recreation Youth Programs

## **Fitness**



**Hip-Hop Gymnastics**—For ages 5-16 on Friday nights, 7:00pm-8:00pm.

**Karate**—For ages 6-17 on Tuesday nights, 6:30pm-7:30pm.

**Mini Ninjas**—For ages 3-5 on Monday mornings and afternoons, choose between the 10:00am-10:45am or the 1:00pm-1:45pm session.

**Twirling**—For ages 5+ on Friday nights, 6:00pm-7:00pm.

**US Sports**—Multi-Sport program, call (732) 563-2520 for more info.

**Youth Track**—Introductory Track and Field program held on Monday nights in the Spring typically March—May for grades K-8.



### **Childrens Theater Workshop**

For ages 8-14 on Saturday Mornings. The class runs from 9:30am-12:00pm. Last date of the class includes a performance for family and friends to attend

**More Arts programs to be held during the Summer months**



### **Junior Engineering**

For ages 5-7 on Tuesdays, 4:15pm-5:15pm

### **Apprentice Engineering**

For ages 8—12 on Mondays, 4:15pm-5:45pm

### **Bricks 4 Kidz**

For grades K-3 or 4-5 on Thursdays, 6:00pm-7:30pm

More information, including session start dates, fees, and class descriptions, can be found at [www.monroerec.com](http://www.monroerec.com). Must register in advance for 6-8 week sessions online at [register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship) Classes with low enrollment numbers prior to the beginning of the program, may be cancelled. Please do not wait until the start date of the class to register.

# Local Youth Sports

## **Monroe Township Soccer Club (MTSC)**

MTSC holds both a Fall and Spring league, as well as clinics for all ages throughout the year. For more information, go to [www.monroesoccer.com](http://www.monroesoccer.com)

## **Monroe Township Baseball Association (MTBA)**

MTBA has both a Fall and Spring League. Go to [www.monroebaseball.com](http://www.monroebaseball.com) for

## **Monroe Special Sports**

Monroe Special Sports is a multi-sport organization for youth run by a group of enthusiastic parents, family, friends and community members that provide a place for Monroe Township athletes with special needs to play and socialize. Our Executive Board is made up of a director, treasurer, secretary and nine parent/community volunteers. Registration will be held on the following nights:  
June 6<sup>th</sup>, 7-9:00pm registration for Soccer Stars.  
September 5<sup>th</sup>, 7-9:00pm registration for Basketball Pals  
Go to [www.monroespecialsports.com](http://www.monroespecialsports.com) for more information.

## **Hoops Basketball**

Basketball season runs November-March. Registration will open typically in August. Go to [www.monroehoops.org](http://www.monroehoops.org) for more information.

## **Monroe Township Girls Softball Association**

MTGSA holds both a Fall and a Spring League. Visit our website, [www.monroesoftball.net](http://www.monroesoftball.net). For questions, feel free to email us at [mtgsa@outlook.com](mailto:mtgsa@outlook.com)

## **Boys and Girls Lacrosse**

For both boys and girls. Information can be found at [www.monroelacrosse.com](http://www.monroelacrosse.com)

## **Monroe Wolverine Football and Cheerleading**

Registration is open and practices start in August. Forms are available at the Community Center front office. For additional information, you can go to [www.monroewolverines.com](http://www.monroewolverines.com) or find them on Facebook.

## **Jr. Falcon Wrestling**

Season typically runs November to February with registration opening in October. They also hold a Spring Clinic April—June for grades K-12. Questions can be addressed to [josephfiordaliso24@gmail.com](mailto:josephfiordaliso24@gmail.com).



# Open Gym Times at the Community Center

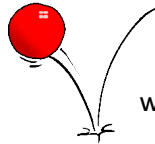
Pickleball, Monday—Friday, 8am-1pm - September-June

Table Tennis, Monday—Friday, 8am-1pm - September-June

Men's Basketball, Sundays 8am-10am.

Adult Volleyball, Mondays 7pm-9pm

Adult Badminton, Mondays 6pm-9pm



Monday-Friday after school open gym runs 2pm-5pm. Call for additional availability during the week and on weekends at (732) 723-5000. Hoops Basketball season will limit these hours until end of March.



## **Recreation Department Special Events**

**Senior/Senior Games**—May 30th at Multiple Locations at 9:30am

**July 4th Celebration**—July 4th in Thompson Park at 5:00pm

**National Night Out** (assisting)—August 7th in Thompson Park at 6:00pm

**Fishing Derby**—August 14th in Thompson Park at 9:00am

**Octoberfest**—October 21st at the Community Center at 12:00noon

**Halloween Event**—October 27th at the Community Center at 10:30am

**Grandparents Day Out**—December 27th at the Community Center at 10:30am

MARK YOUR  
CALENDAR!

# Around Town

## MAYOR'S CUP SCHEDULE 2018

Date	Event	Location	Time
May 15	Men's Tennis	Regency	5:00pm
May 22	Women's Tennis	Regency	5:00pm
June 5	Women's Golf	Concordia	8:00am
June 14	Women's Pickleball	Rec Center	6:00pm
June 18	Men's Golf	Concordia	8:00am
June 21	Pickleball	Rec Center	6:00pm
July 10	Basketball	Rec Center	6:00pm
July 24	Table Tennis	Rec Center	6:00pm
August 29	Duplicate Bridge	Senior Center	11:00am
September 6	Shuffleboard	Rossmoor	9:00am
September 20	Bocce	Thompson Park	9:00am

### Monroe Township Baseball Association

3rd Annual Make-A-Wish New Jersey  
Summer Baseball Tournament Fundraiser

July 5-8, 2018 and July 19-22, 2018

U8, U9 and U10 (all with "A" and "B" brackets) – 46/60

U7 (1 bracket) – 46/60

U11 & U12(both with "A and "B" brackets) - 50/70

U14 (1 bracket) – 60/90

4 teams min/6 teams max per bracket

3 game minimum (weather permitting)

July 5-8, 2018: U8 "A", U8 "B", U9 "B", U10 "B", U11 "A", U11 "B"

July 19-22, 2018: U7, U9 "A", U10 "A", U12 "A", U12 "B", U14

U7 is a 1 day tournament

Individual and team trophies for 1st and 2nd place in each bracket;

All games played in conveniently located Monroe Twp, NJ

(Middlesex County) Lighted fields, rest rooms, 2 full service snack

bars, park setting, picnic areas, bleachers and lawn-chair areas;

free Wi-Fi (available at James Monroe Park); All games will be

streamed live!! Tournament website for all updates, communication,

standings and scores; NJ State Federated Umpires on all games;

All baseballs provided by MTBA. Rotational batting in all age

groups. This promises to be a memorable tournament for all

participating teams raising funds and awareness for a great cause.

The success of the first two annual tournaments has enabled

Monroe Twp Baseball to make donations to Make-A-Wish NJ that

has helped to fund four wishes!! Help us make this year's

tournament an even bigger success...your team will enjoy a great

baseball experience and you make a difference!



### Jr. Falcon Spring Wrestling Clinic

Mondays starting April 9<sup>th</sup> and ends on June 11<sup>th</sup> at the Monroe Township High School Wrestling Room. For K - 6<sup>th</sup> grade, 6:00 – 7:15 PM and 7<sup>th</sup> – 12 grade, 7:30 – 9:00 PM. \$20.00 with a Clinic Tee Shirt included to all wrestlers as well as a free entry in the Monroe Summer Tournament held on 6/2/2018.

Contact Joe Fiordaliso at (732) 589-4530 or by email at josephfiordaliso24@gmail.com



Find us on:  
**facebook®**

### Recreation Advisory Board Meeting Dates

May 21st—Scholarship Awards Dinner

June 11th

September 10th

October 15th

November 19th

December 10th

All meetings are held at the Community Center with a starting time of 7:00pm.

## Monroe Township



## Senior CO-ED



## Softball League

Saturdays 8:30AM-12:00noon at

**FREE**

Thompson Park—Field 1

Starts in April

**FREE TO JOIN**

**FREE**

This is a NON-COMPETITIVE and OPEN LEAGUE for Men and Women.

**PARTICIPANTS CAN JOIN AT ANY POINT DURING THE DURATION OF THE LEAGUE!!**



**Great Exercise and Laughs!**

Any questions, call Rick Newmark, Captain at (609) 902-9979

Or Joe Straub, Co. Captain at (732) 251-6554

