

# TOWNSHIP OF MONROE

## Recreation Department



*Mayor Gerald W. Tamburro*

Superintendent of Recreation - Mary Lange

Recreation Advisory Board Chairman - Joe Isola

(732) 723-5000 • [www.monroerec.com](http://www.monroerec.com)

# Newsletter

## November

# Grandparents Day Out

Registration: Opens November 1st

Event Date: Thursday, December 27, 2018 - 10:30am at the Community Center

Movie Options: Mary Poppins Returns, Bumblebee, and Spider-Man: Into the Spider-Verse

Sponsored by: Monroe Township Recreation and The Gardens at Monroe



### Toddler Tuesdays

Every Tuesday we have a designated open gym time for our residents to bring their toddlers 10am-12pm. We have mats, tunnels, balls, and other toddler oriented equipment available, as well as puzzles and coloring. Great indoor option for days with inclement weather or the cold winter months.

Call (732) 723-5000 for more information. Valid Monroe Township Recreation membership required.

### Monroe Township Photography Club

The Monroe Township Photography Club is for Monroe Township Residents. All levels of photography experience welcome. High School students and older. The Club is held on the 1st and 3rd Wednesdays of each month from 7:00pm to 9:00pm. There is a \$25.00 club fee. A great way to learn, discuss, and advance your love of photography. The club holds workshops, contests, and more! This months winners included.

### Community Center Membership

To use the Community Center Facilities, you must obtain a membership. Membership dues are \$10/year, expires a year from the date you register, and can be paid for online at [register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship). Having this membership gives you access to our programs, fitness center, open gym, and even borrowing a basketball to shoot around during open hours. If you have any difficulties with registration, you can stop by our front office and we can renew/register your membership in person. Monroe Township residents only. Proof of residency required.

# Adult Fitness

## A.M. Classes

Core Conditioning	Saturdays 8:30-9:30am
Cardio Tone	Saturdays 9:30-10:30am
Kenja Club (NEW)	Tuesdays 10:00-11:00am
Seize the Day Fitness	Mondays and Thursdays 9:30-10:30am
Yoga	Sundays 10:00-11:00am Tuesdays 9:30-10:30am Thursdays 9:30-10:30am Saturdays 9:00-10:00am
Zumba Toning	Fridays 9:30-10:30am

## P.M. Classes

Kickbox & Tone	Tuesdays 7:15-8:15pm
Low Impact Aerobics	Mondays and/or Thursdays 7:00-8:00pm
Ultimate Fitness	Mondays and/or Thursdays, 6:30-7:30pm

More information, including schedules, start dates, fees, and class descriptions, can be found at [www.monroerec.com](http://www.monroerec.com). Must register in advance for 6-8 week sessions. Online registration available at [register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship)

Classes with low enrollment numbers prior to the beginning of the program, may be cancelled.

Please do not wait until the start date of the class to register.

## Fitness Center

For ages 18+ our fitness center is open from 8:00am-9:00pm, 7 days a week. This facility is available to Monroe Twp. residents and is included in our \$10 per year annual Rec Center membership. Our fitness center is perfect for anyone looking to restart their fitness regimen, start a new one, or even to have a treadmill to run on indoors on a rainy day. You can reserve cardio equipment in advance or you may simply walk in and check with our front desk for equipment availability. An orientation is required prior to use and can be scheduled over the phone by calling our front office at (732) 723-5000. Stop by today to check out the Fitness Center and the many other fitness offerings we provide.



# VFW 262



VFW Post 262 meets on the third Saturday

of every month at the Community Center, Room 204, at 9:30am. New or prospective members are welcome to drop in at the next meeting. Support the community and join the cause of helping fellow Veterans in need. Contact Ron Foti at (732) 251-4209 with any questions. WW2 - Korean War - Vietnam War - Afghanistan - Iraq

# Local Sports

## Youth Sports

### Monroe Hoops Basketball

Open to Monroe Residents in grade K thru HS with a valid Monroe Recreation ID card. More information can be found on our website [www.monroehoops.org](http://www.monroehoops.org)

### Jr. Falcon Wrestling

Season typically runs November to February with registration opening in October. Questions can be addressed to [josephfiordaliso24@gmail.com](mailto:josephfiordaliso24@gmail.com).

### Monroe Special Sports

Go to [www.monroespecialsports.com](http://www.monroespecialsports.com) for more information.

### Boys and Girls Lacrosse

For both boys and girls. Information can be found at [www.monroelacrosse.com](http://www.monroelacrosse.com)

### Monroe Township Girls Softball Association (MTGSA)

MTGSA holds both a Fall and a Spring League. Visit our website, [www.monroesoftball.net](http://www.monroesoftball.net). For questions, feel free to email us at [mtgsa@outlook.com](mailto:mtgsa@outlook.com)

### Monroe Wolverine Football and Cheerleading

For additional information, about all Wolverine programs you can go to [www.monroewolverines.com](http://www.monroewolverines.com) or find them on Facebook.

### Monroe Township Soccer Club (MTSC)

MTSC holds both a Fall and Spring league, as well as clinics for all ages throughout the year. For more information, go to [www.monroesoccer.com](http://www.monroesoccer.com)

### Monroe Township Baseball Association (MTBA)

MTBA has both a Fall and Spring League. Go to [www.monroebaseball.com](http://www.monroebaseball.com) for more information.

### Monroe Township Ice Hockey

MTIH runs a March to June league & summer camps. please contact Marty Herrmann for more information at [info@monroeicehockey.com](mailto:info@monroeicehockey.com) or <http://www.monroeicehockey.com/>

### After-School Open Gym

Monday-Friday after school open gym runs 2pm-5pm. Call for additional availability during the week and on weekends at (732) 723-5000.

### 18+ Open Gym Times

Table Tennis and Pickleball, Mon-Fri, 8:00am-1:00pm

Men's Basketball, Sundays, 8:00am-10:00am

Volleyball, Wednesdays, 7:00pm-9:00pm

Badminton, Wednesdays, 6:00pm-9:00pm

### Recreation Advisory Board Meeting Dates

Meets once a month, at the Community Center, with the Recreation Department and local Non-Profit Sports Organizations, to discuss ongoing programs. All meetings are held at 7:00pm. Call the Community Center for meeting dates.