

My name is Josie Puelz. I am a senior at Lincoln Lutheran. My classmate Colton Meyer and I are working on a Senior Action Project. Our project is geared towards getting more students involved with track and field. In my experience, a lot of kids might not try track simply because it's something they've never been able to try before. To approach this issue, we (along with a few other Lincoln Lutheran track team members) are holding a Youth Track & Field Camp at Lincoln Lutheran on Saturday, April 13th that is open to those in Grades 3-8. The reason for this camp is to expose younger students to the sport so that they are more familiar with it when they enter Middle/High School. Because Colton Meyer and I have such a love for this sport, we want to show others how fun it can be, but also want to give kids an opportunity to learn some technique that will be helpful as they develop as athletes