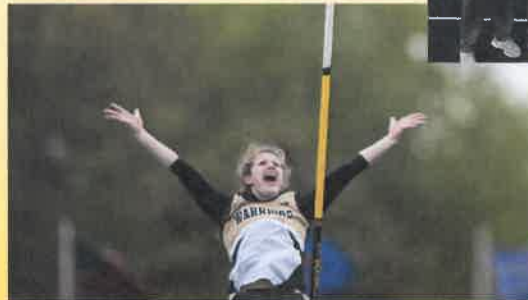


APRIL
13



LINCOLN LUTHERAN TRACK AND FIELD SATURDAY CAMP

Hurdles, Jumps, Sprints, and Distance!

Join us on Saturday, April 13, from **10-12** for a track camp put on by Colton Meyer and Josie Puelz. Other seniors are also coming out to coach in their specialty events. It's an amazing chance to not only be coached on better technique but also learn what high school track looks like!

EXTRA WAIVERS WILL BE AVAILABLE TO BE FILLED OUT WITH A PARENT THAT MORNING