



CAMM

**MARCH 2025
NEWSLETTER**

Happy Lent.

Well that sounds odd. We don't typically think about the season of Lent as being a happy one. Lent is a time for us to remember why we need a Savior and to reflect on our human nature as sinners. That doesn't exactly make me smile, but wait. The definition of the word happy, according to the Oxford Languages, is "feeling or showing pleasure or contentment; having a sense of confidence in or satisfaction of a person, arrangement or situation". This is making more sense.

There are not many things in our world that encourage us to remember our sin. Often we are told, "you deserve comfort" or "don't worry about those small sins you commit each day". Lent is a season of reflection, quietness, and a contemplative heart which Jesus knows we need to practice, but we also can be confident and find happiness in what is coming next. Lent is a gift given to us which makes the Easter message so much more sweet. I pray that you take time this Lenten season to remember your sin and also that Jesus died for each and every one of them for you.

This month's newsletter is an update from our Field Director, Gary Evans, on the recent Medical Camp that was held in Kenya this past February. This organization is so very blessed to have such a tremendous network of people all over the world working together and doing what they can to keep this mission thriving.

As a reminder, if you are looking to donate, copy the link below into your web browser. If you are interested in sending needed items to our clinics in Africa, check out

<https://www.camm.us/howtohelp/>

You will find addresses and shipping instructions. As always, please reach out if you have any questions and thank you for your support of CAMM!

God's Blessing,

Stephanie Otto

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Contact Women Coordinator

CAMM.US

Facebook: [facebook.com/CAMM.WELS](https://www.facebook.com/CAMM.WELS)

**MONETARY Donations:
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WELS Gift Processing N16 W23377
Stone Ridge Drive
Waukesha WI 53188**

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In mid-February while many in the US were shivering from subzero temperatures, CAMM along with its partners - Lutheran Congregations in Missions for Christ or LCMC (our sister church in Kenya), The One Africa Team and the Committee for Aid and Relief held our second medical camp at St. Peters Church in Karima, Kenya.

We held a similar camp at the same location in February 2024 where we saw 1441 patients over a 4 day period. More importantly, the Holy Spirit has worked in the hearts of the people from that area and led the congregation to start two daughter congregations.

The original intent was to hold the 2025 camp in Nairobi but finding a plot of land large enough to hold the clinic, that was close to one of the church sites proved too problematic. It was decided to hold the camp at the same location as the 2024 camp. One of the outcomes of the first camp at St. Peters is that we had built very good relationships with the Kirinyaga County Health Department, who is a key partner providing help with the purchase of low-cost medications, gaining government approval for the camp and arranging for the registrars, nurses, technicians, clinicians and pharmacists who make the camp such a success. Another strong relationship we have built is with our friends at the LCMC who arrange the logistics and ensure that the site is ready for the camp.

This year's camp was much like last year's in that it was mainly for health screening and was held over a 5 day period. When a patient entered the site, he or she first attended a small group devotion led by a pastor or evangelist, next they registered and then had blood pressure and blood sugar taken and their body mass index (BMI) calculated. After speaking with a nutritionist, patients would see a clinician to determine if meds were needed for high blood pressure (which there was a lot of) or be treated for any other condition. There was a truck on site each day with an initiative called Beyond Zero, where women could be examined and treated for cervical cancer.



HIV patients could also be tested and consulted on site and women were taught how to conduct a self-breast examination. Finally, patients would visit the pharmacy and receive any medications they may need, free of charge. Some patients were referred to the hospital for further testing or treatment and we did have to call the ambulance for one or two emergencies. Over a 5 day period we served 2,020 patients.

This year we were joined by 6 volunteers from the United States, four of whom were nurses. The volunteers spent their days working with Kenyan colleagues in the Beyond Zero truck, taking blood pressures and blood sugars, conducting BMI's, managing the pharmacy storeroom and working with Kenyan clinicians and HIV patients. Each day Pastor John Roebke, who attended the camp with his wife Nancy, would start the day with a devotion, so that we could keep our minds focused on the true reason for the camp which was to spread the good news of the Gospel.

We already have a location picked out for another medical camp in early 2026.

In June, Pastor Roebke and I will be travelling to western Kenya where we will meet church and government leaders in Chabera, Kenya to plan the next camp. Praise God for the success of this year's camp, and the opportunity to spread the Gospel in Kenya. Please pray for us as we plan the next camp while continuing the work at our clinics in Zambia and Malawi.

Gary Evans

Field Director



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