

**All are welcome to participate in a Centering Prayer group
at St. John's Episcopal Church weekly on
Thursdays 1:45-3:00 pm in the sanctuary.**

INTO
THE SILENT LAND



*A Guide to the
Christian Practice of Contemplation*

MARTIN LAIRD

The format of each meeting will be 30 minutes of silent prayer followed by a reading and discussion of a brief passage from *Into the Silent Land* by Martin Laird.

Copies of the reading will be available each week.

St. John's Episcopal address is: 290 Old Haw Creek Road, Asheville, 28805.
For more information, contact Rev. David McNair at davidmcnair828@gmail.com