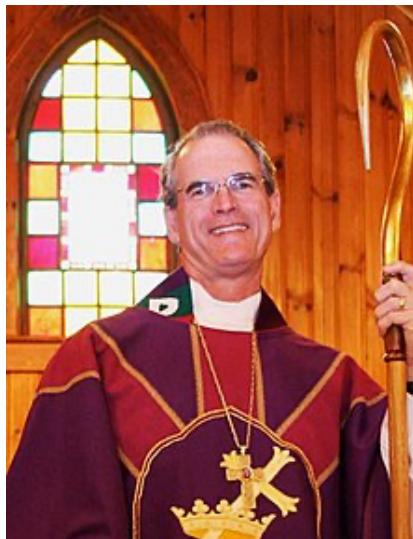


The Spirituality of Aging

Former Diocese of WNC Bishop, The Rt Rev Porter Taylor will be leading a workshop on Saturday, March 23rd. The workshop is titled “The Spirituality of Aging” and will begin at 1:30 pm at Christ Episcopal Church.

Seating is limited! We have a few seats left! If you want to attend, please email us at ccepiscopal@skybest.com.



About the workshop:

If we are lucky, we grow old. However, too often we are not prepared for the changes that occur as a result of our aging. The last census recorded that almost 17% of the population were seniors. What people have to discover is that aging involves change, and, therefore, it's important that we discern the spiritual aspects of growing old. Sister Joan Chittister (who wrote a wonderful book about aging), writes, “The truth is that older people tend to come in two flavors: the sour ones and the serene. Retirement may be our best chance to know ourselves and how we are shaped by our relationship to God.” Therefore, the final chapter of our lives is not only a time for recollection, it's also a time for doing the spiritual, internal, and relational work that is left undone.

Christ Episcopal Church is located at 2543 HWY 21South in Sparta, NC, at the corner of 21S and Chestnut Grove Church Road.