Application is due on or before

March 13, 2020

Applications will be accepted by email:
info@endocrinefellows.org

The dates for the Preceptorship are final.
If you cannot attend the entire preceptorship, please do not apply.
Only 2nd and 3rd year fellows are eligible.
No exceptions will be made.
Accredited endocrinology training programs provide adequate exposure to all clinical areas. However, not all programs can provide in-depth exposure to specific areas such as metabolic bone diseases. The Endocrine Fellows Foundation and Columbia University are pleased to announce a preceptorial experience to meet this need, awarded to fellows who desire a greater experience in metabolic bone diseases. Stipends will be provided for travel, hotel, and meals. A description follows of the preceptorship to be offered in Metabolic Bone Diseases at Columbia University, College of Physicians and Surgeons.

Metabolic Bone Diseases
Columbia University, College of Physicians and Surgeons
New York, New York
John P. Bilezikian, MD, PhD(hon)
Vice-Chair, International Education and Research
Chief Emeritus, Division of Endocrinology

The Preceptorial in Metabolic Bone Diseases, sponsored by the Endocrine Fellows Foundation, is conducted at the Columbia University Medical Center, Division of Endocrinology. The faculty that will be conducting this Preceptorship in the Metabolic Bone Diseases Unit is comprised of Drs. John P. Bilezikian, Ethel S. Siris, Elizabeth Shane, Shonni J. Silverberg, Edward Guo, Mishaela Rubin, Aubrey Stoch, Allison Pack, Patricia Duci, Stavroula Kousteni, Serge Cremers, Angela Carelli, Aline Costa, Tara Allmen, Tom Nickolas, Marcella Walker, Adi Cohen, Robert Lindsay, David Dempster, Felicia Cosman, Jeri Nieves, John Williams, Natalie Cusano, James Lee, Randy Yeh, and Michael Yin.

The faculty engages in a vigorous clinical research program as well as in an active practice. Their expertise extends also to more fundamental research initiatives in the mechanisms of calciotropic hormone action and bone cell biology. Diagnostic and therapeutic approaches used by the group are on the cutting edge of the field, and in many instances, have been defined by their efforts. These approaches include bone mass measurement techniques; application of calciotropic hormones and metabolic bone marker measurements to evaluation and therapy; bone biopsy with histomorphometric analysis (in collaboration with the Regional Bone Center of Helen Hayes Hospital, an affiliate of the Columbia University Medical Center), basic bone cell biology, transcriptional control of bone cell function and the most recent advances in the therapeutics of bone disorders.

The fellows who are selected to participate in this program will gain experience in all these areas. The discipline of clinical investigation will be introduced also with individual tutorials on protocol design, acquisition, and interpretation of data, and statistical testing. Additionally, the preceptorial will consist of regular conferences replete with clinical case discussions, journal club, and research seminars. The preceptorial will also emphasize heavily the clinical approach to the patient with metabolic bone disease. The diagnostic and therapeutic approach to a wide variety of clinical problems will be reviewed case by case with the fellow. During the two-week training period, there will be many opportunities to have discussions with many members of the faculty.
## Tentative Schedule for Preceptorial
*(Times and Topics are Subject to Change)*

John P. Bilezikian, MD, PhD(hon)
Director Professor of Medicine and Pharmacology
Vice Chair, International Education and Research
Chief Emeritus, Division of Endocrinology
Director, Metabolic Bone Diseases Program
Columbia University Medical Center
College of Physicians and Surgeons

**Tuesday, May 26 – Friday June 5, 2020**

### Week 1

**May 25:** Memorial Day

**May 26: (Day 1)** 1. Welcome & Introduction to Metabolic Bone Diseases (Dr. Bilezikian) and 2. Clinical Pharmacokinetics & Pharmacodynamics of Bisphosphonates (Dr. Cremers).

**May 27: (Day 2)** 3. Hypercalcemia (Dr. Bilezikian); 4. Hypocalcemia (Dr. Bilezikian); 5. Essential Elements of Metabolic Bone Disease in Renal Failure (Dr. Nickolas). 6. Bone Biomechanics: A Critical Component of Skeletal Endocrinology (Dr. Guo); and 7. Osteoporosis I (Dr. Bilezikian).


**May 29: (Day 4)** 11. Diabetes and Bone (Dr. Rubin); 12. Meeting with Columbia Endocrine Fellows); 13. Primary Hyperparathyroidism (Dr. Silverberg); 14. Metastatic Bone Disease (Dr. Stoch); 15. Bone Rounds (All Faculty); and 16. Sclerostin Regulation of Skeletal Metabolism (Dr. Costa).

### Week 2

**June 1: (Day 5)** 17. Menopause and the Skeleton (Dr. Allmen); 18. Regulation of Bone Remodeling by Leptin and the Sympathetic Nervous System (Dr. Ducy); 19. Bone Mineral Densitometry/ High Resolution Imaging Demonstrations (Dr. Cohen, Lori Olsson, RT, CDT) and 20. Osteoporosis II (Dr. Bilezikian).

**June 2: (Day 6)** 21. Case Presentations (Dr. Cusano); 22. Antiseizure Medications and Bone (Dr. Peck); 23. HIV and Bone Disease (Dr. Michael Yin); and 24. Bone Biology: Basic & Histomorphometric Concepts (Dr. David Dempster, Helen Hayes Hospital).

**June 3: (Day 7)** 25. Metropolitan New York Bone Club: Rare Bone Diseases (Dr. Michael Whyte, Washington University School of Medicine) and 26. Osteoporosis in Premenopausal Women (Dr. Shane).

**June 4: (Day 8)** 27. Racial & Ethnic Variation in Fracture Risk Insights from New Imaging Techniques (Dr. Walker); 28. Outreach Programs after the Fragility Fracture (Tayra Keshinover); and 29. Osteoporosis III (Dr. Bilezikian).

**June 5: (Day 9)** 30. Osteoporosis After Organ Transplantation (Dr. Shane); 31. Paget’s Disease (Dr. Siris); 32. Osteoporosis IV- Therapeutic Horizons (Dr. Bilezikian); 33. Bone Rounds (All Faculty); and 34. Wrap up, Fellows’ Presentations and Evaluation: Departures. (Preceptees and Dr. Bilezikian).
ENDOCRINE FELLOWS FOUNDATION
METABOLIC BONE DISEASES PRECEPTORSHIP APPLICATION (2020)
Due March 13, 2020

Full Name

Institution

Office Street Address _____________________________     __________________                      _________________________________

Suite #                                                City, State Zip

Work Phone      Fax Number   Cell Phone          E-mail

Background Training:

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Specific Subspecialty Interest

**Please attach: 1) a one-page statement from the fellow’s program director supporting the application; 2) a one-page statement from applicant (fellow) on why he/she desires training in the above preceptorship designation; and 3) a Curriculum Vitae.

Signature ___________________________________________   Date ____________

Return to: Applications will be accepted by email:
info@endocrinefellows.org

Disclaimer:
The Endocrine Fellows Foundation recognizes the preceptorship as an added educational experience for endocrine fellows. The content and educational curricula remain at the discretion of the Program Director and individual faculty.