



Endocrine Fellows Foundation

Fostering the Advancement of Fellows since 1990

To: Program Directors

From: Mark Stolar, MD, EFF Board President

With the new fellowship year just underway, I would like to thank the program directors whose fellows participated in EFF sponsored activities in the past year. We were pleased with the response to our in-person programs as well as to some new virtual opportunities. For those of you with new colleagues at your institution, program coordinators and fellows who may not be familiar with our organization, please share this message and encourage them to [join our mailing list](#) for program updates. They can also discover more about EFF's many funded educational initiatives at www.endocrinefellows.org. Here is a brief snapshot of our current programs.

Fellows Research Grant Program

Our peer-reviewed research grant program remains robust due to the dedicated support of over fifty faculty who provide thoughtful insight and feedback for each submission. In 2023, we restructured the program for longer-term grants with larger awards to help fellows undertaking more complex projects in their fellowship and during their transition to junior faculty. The next grant application period will begin January 1, 2024. I strongly recommend that you have your fellows apply for grant funding for their mentor guided projects not only for the potential funds but for the experience of drafting their own grant application and having their proposals undergo peer review by top level faculty reviewers.

Annual Endocrine Fellows Research Forum

Historically the Annual Research Forum focused on diabetes, obesity, and metabolism education with didactic lectures from leaders in the field. It also was the venue for EFF grant award recipients to present their completed project to peers and faculty from other institutions. This year with more diverse fellow grant projects and a greater demand on people's discretionary time, we expanded the educational component of the program and shifted the offering to be on-demand. This allowed fellows and faculty based across the country to engage with the content on their own schedule over the course of two weeks. We expect this program to be on-demand again in the first quarter of 2024 with an added interactive webinar to supplement the online engagement.

EFF Research Exchange

As part of the Annual Research Forum, we also launched the EFF Research Exchange, an invitation-only platform accessible via a Guidebook web and mobile app. It houses our library of enduring content featuring new trends in endocrine therapies and research through faculty lectures and published articles. This platform is also the hub for virtual and live EFF educational programs and includes member messaging features. Fellows can [request access here](#). If you have a recorded lecture or published article that you would like to contribute to the EFF Community, please [contact us](#).



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Metabolic Bone Diseases Programs

Our two metabolic bone diseases programs return this year under the guidance of EFF Board Chair, John Bilezikian. In partnership with Drs. Michael McClung and Michael Lewiecki, the Santa Fe Fellows Workshop on Metabolic Bone Diseases will be held August 2-3 prior to the Santa Fe Bone Symposium in the city of the same name. Co-chaired by Teresita Bellido, the EFF-ASBMR Fellows Forum on Osteoporosis and Metabolic Bone Diseases will precede the ASBMR Annual Meeting October 11-12, in Vancouver, British Columbia. Final applications for the EFF-ASBMR Fellows Forum will be accepted until midnight Wednesday, July 19. [Application details here.](#)

Adrenal Preceptorship

Brand new for 2023 is our Adrenal Preceptorship led by EFF Board Director, Ricardo Correa and Dr. Irina Bancos. This program will be held October 26-28 at the Cleveland Clinic Education Institute and will focus on adrenal physiology and abnormalities of the adrenal gland. We are accepting applications through August 4. [Application details here.](#)

Thank you to our industry program sponsors and committed faculty, EFF educational initiatives remain free to all fellows and affords them access to cutting-edge educational and networking opportunities. On behalf of the EFF Board, John Bilezikian, Ricardo Correa, Derek Leroith, Annaswamy Raji and myself, thank you for being a part of the EFF Community and assisting in our mutual goal of training the next generation of endocrinologists.

Wishing all of you an outstanding beginning to the new academic year!

Best,

Mark Stolar