



PRESCHOOL SNACK MENU

Morning Snack: Morning snack is provided by the parent. Please send your child’s snack in a separate container or baggie labeled “snack” with their name. We are a **NUT FREE ZONE** - no food or drink containing nuts are permitted. Thank you for understanding.

Afternoon Snack: After noon snacks are provided by VCS. Please see the menu below.

	Monday	Tuesday	Wednesday	Thursday	Friday
Young Preschool	Crackers Cheese Water	Crackers Applesauce Water	Fig Bars Cheese Juice	Yogurt Fruit Water	Chex Mix Juice

	Monday	Tuesday	Wednesday	Thursday	Friday
Preschool	Crackers Fruit Water	Crackers Applesauce Water	Crackers Cheese Juice	Yogurt Fruit Water	EE Trail Mix Juice

	Monday	Tuesday	Wednesday	Thursday	Friday
KR	Crackers Applesauce Water	Pretzels Cheese Juice	Chex Mix Fruit Water	Crackers Cheese Water	Crackers Yogurt Juice