# Religion Newsletter

## This Week in Primary

In Primary this week, we had a collaboration between Ms. Katie, our school counselor, and me, from Religion! Ms. Katie met each class one time this week. In our first class together, we learned the story of the 2 Wolves. It is a Cherokee legend in which a Grandfather tells his grandson that inside of each person, there are two wolves. There is a good wolf and a bad wolf. The grandson asked, "Which wolf wins?" The grandfather replied, "The one you feed."
We thought about what it might mean to feed the wolf. We found that we feed our good wolf when we help someone, when we choose to do good, when we speak thoughtfully, when we speak with honesty. We also talked about how we can change our negative talk into a positive affirmation. We then made a small wolf puppet to remind us of the good wolf.

## This Week in Intermediate

Ms. Katie also came to visit our Intermediate classes. We also learned the legend of the two wolves, but we also learned about a plant experiment. In this experiment, we saw two plants, both watered the same, soil the same, and sunlight the same. What was different, was that one of the plants was spoken to with compiments, but the other plant was spoken to in negative, bullying ways. Interestingly, the bullied plant died, but the other plant did not. We wondered about what that meant and what it means for humans. We also created a Mirror Mindset. When we are in a fixed state of mind, how can we move forward? The Mirror Mindset helped us think through a growth mindset response to each fixed mindset.

## Chapel Dates

Primary: 9/8
Intermediate: 9/10

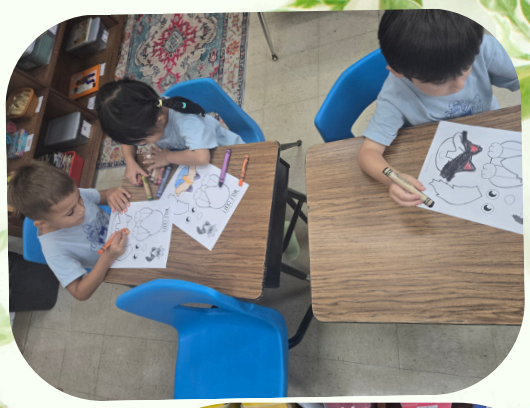
## Chapel Servers

Primary: Ms. Baker

Intermediate: Mr. Alves

*parents of children who are servers are welcome to come to Chapel*








# Counselor Collab

