

# BOUND BY BLOOD

## DONATE AS ONE

[schedule.bloodworksnw.org](https://schedule.bloodworksnw.org)



### December 4<sup>th</sup> – 31<sup>st</sup>

#### Loyal Heights Elementary Blood Drive

Loyal Heights Elementary is leading by example and will be sponsoring a Virtual Blood Drive campaign from December 4<sup>th</sup> through December 31<sup>st</sup>. We are challenging you to be a Life-Saving Hero and donate blood this holiday season at any Bloodworks NW Donor Center or Pop-Up location. Every pint of blood donated is an immeasurable contribution to the community. **Here's how you can take part:**

**Step 1:** [Schedule an appointment](#) to donate whole blood or apheresis platelets/double reds/plasma donation with Bloodworks. Same-day appointment is often available, call 800-398-7888 for an opening.

**Step 2:** On the day of your donation, mention **Loyal Heights Elementary** or the donor code **LHE** when you are getting checked in so that we can keep track of our impact

Thank you for being a life-saver!

*Eligibility questions? Please visit [bloodworksnw.org/eligibility](https://bloodworksnw.org/eligibility)*



### GOAL: 40 Donors

#### COVID-19 Notice:

*Donating blood is a safe and essential action. Donor Centers and Pop-Ups are being conducted in accordance with social distancing guidelines. Appointments and masks are required at all Bloodworks donation sites and no guests under the age of 16 are permitted onsite. Same-day appointments available at most locations. There is no deferral from donating if you receive a COVID vaccine. For details, please visit [bloodworksnw.org/coronavirus](https://bloodworksnw.org/coronavirus).*

