

**Downeast Senior College**  
UMA Ellsworth Center  
248 State St., Suite 1  
Ellsworth, ME 04605

Terrific Natural  
and Cultural  
Resources and  
People Curious  
to Explore Them

**An ALL VOLUNTEER *Enrichment*  
*Experience***

**LIFELONG LEARNING OPPORTUNITIES**



**FALL 2019**  
**COURSE OFFERINGS & INFORMATION**  
**SCHEDULE OF CLASSES**  
**SEPTEMBER – DECEMBER**

**Downeast Senior College**  
**248 State Street, Suite 1**  
**Ellsworth, Maine 04605**  
**(207) 667-3897**  
**Email: [dscinfo@maine.edu](mailto:dscinfo@maine.edu)**

**Affiliated with University of Maine at  
Augusta/Ellsworth**

## **DOWNEAST SENIOR COLLEGE**

Celebrating its 20<sup>th</sup> Anniversary this year, DOWNEAST SENIOR COLLEGE is an all-volunteer and member group open to people 50 years of age or older who are seeking to enrich their lives through participation in a wide variety of enjoyable learning experiences. No exams, grades or degrees are required for full participation. Maine Senior College membership is required to enroll in classes. Membership fee is \$25 (July 1, 2019-June 30, 2020). Course fees are \$25 or less, which includes any required books and materials. Day Seminars and some one-day events are free.

Your membership entitles you to:

- Receive notice of fall and spring courses
- Participate in one-day events and field trips
- Enjoy social networking experiences
- Enjoy a Potluck Gathering at our Annual Meeting in June
- Take classes at any other locations in the Senior College Network

Have you retired from an IT job and are looking for a volunteer position? We are looking for IT help. If yes, please so indicate, and you will be contacted. DSC needs volunteers to operate.

Please indicate your area of interest.

- Publicity
- Curriculum
- Teach a class
- Special Events

If you would like to be part of the work we do, please contact us by visiting at our office at the Mill Mall or call (207) 667-3897 or email: [dscinfo@maine.edu](mailto:dscinfo@maine.edu) indicating your interests.

### **2019-2020 BOARD OF DIRECTORS**

#### **OFFICERS**

President John Wingert  
Secretary Jacqui Wingert  
Treasurer Evelyn Carpenter

#### **STANDING COMMITTEE CHAIRS**

CURRICULUM COMMITTEE:  
Linda Stevens  
PUBLICITY:  
Peggy Emigh/Linda Hayman

## **PLEASE BE ADVISED:**

### **\*\*\*Important Notice\*\*\***

**Although there's minimal personal risk in participating in a Senior College activity, all program participants will be required to sign a Release and Assumption of Risk Form to acknowledge you, and not Senior College or the University of Maine System, are responsible for your own safety.**

## CLASS SCHEDULE AT A GLANCE

### MONDAY CLASSES:

#### MORNING CLASSES:

**The Blues: Ellsworth City Hall Council Chambers**  
**September 16, 23, 30, and October 7 10AM-noon**

**Antiques Roadshow: Moore Center Room 101**  
**October 28 and November 4, 11, & 18 10AM-noon**

### TUESDAY CLASSES:

#### MORNING CLASSES:

**General Aviation: Ellsworth City Hall**  
**October 8, 15 & 22 9AM-11AM**

**Games People Play: Trenton SPCA**  
**Oct 22 & 29 and Nov 5, 12, 19 & 26 10AM-noon**

### WEDNESDAY CLASSES:

#### MORNING CLASSES:

**SEMINARS: all at Ellsworth City Hall 10AM-noon**  
**September 18: The Ellsworth Green Plan**  
**September 25: Seniors and the Law**  
**October 2: Senior Housing Options**

**Rebel Souls: Moore Center Room 101**  
**Oct 16, 23 & 30 and Nov 6 10AM-noon**



**FRIDAY OCTOBER 4th  
FIELD TRIP TO UNITY**

**Meet at the Mill Mall at 8:15 AM**

**PLEASE NOTE: this trip costs \$10 per person**

**Date:** October 4, 2019

**Trip Description:** Who would have guessed that there would be so many places of interest in the little town of Unity, Maine! So many, in fact, that it will take us all day to visit & enjoy these special, diverse, & interesting venues. Twelve lucky DSC members will meet at the Mill Mall back parking lot at 8:15 AM to board the rented comfortable 12-seat passenger, handicapped-accessible van & ride in style down into the Unity/Thorndike area. We will leave by 8:30 AM & travel as a group with a designated driver. After a wonderful day enjoying & exploring all 5 sites, we'll head back to Ellsworth, planning to arrive around 4:30PM.

**\*\*LUNCH** at your own expense at a local restaurant around noon.

**PLACES TO VISIT DURING THE DAY:**

Northern Solstice Alpaca Farm  
McKay Farm & Research Center (Part of Unity College)  
Amish Store and Charcuterie  
Bryant Stove & Music Museum  
Maine Heritage Orchard/MOFGA

(if time allows) East Coast CBDs  
241 Depot Street  
Unity, ME 04988  
Telephone: 844-223-7787

**ALSO**, visits to individual locations will be arranged as most practical for travel and time constraints.

**Contact person:** Linda Hayman (537-2226)

**Limit:** 12

**MONDAY MORNING CLASS  
10AM – NOON**

**Introduction to the Blues Part 1:  
Mississippi Delta to Chicago**

**Dan Koch  
Ellsworth City Hall, Council Chambers**

**Dates:** September 16, 23, 30, and October 7, 2019

**Course Description:** The Blues is a uniquely American style of music that originated among African Americans working on the plantations of the Deep South. We begin our blues journey in the Mississippi Delta at the Dockery Plantation in the late 1920's with the music of Charlie Patton & his friends. Next we move on to Robert Johnson & his successors. We'll follow Muddy Waters, Howlin' Wolf & others from the Delta to Chicago, where we will take an in-depth look at the electrified blues they created. Course content will include recordings & video footage of the Blues musicians, & live performances by your instructor Dan Koch. Other Blues traditions, including Texas Blues, The Three Kings, & John Lee Hooker, will be covered in Part 2 in the spring.

**Instructor:** **Dan Koch** was turned on to the Blues by the Rolling Stones. His first Blues record was Muddy Waters Greatest Hits, purchased in 1965. He's made playing the Blues and Rock & Roll his retirement hobby. You can catch him playing slide guitar at open mics & other live venues around Hancock County.

**Contact person:** Dan Koch (667-3586)  
**Limit:** 20

## MONDAY 10AM – NOON

### Antiques Roadshow

Various Instructors

Moore Community Center, Room 101

**Dates:** October 28, November 4, 11 & 18, 2019

**Course Description:** There will be a different presenter each week discussing different aspects of the antiques business.

**10/28:** Brent Hutchins owns The Little Crooked House Antiques in Trenton.

**11/4:** Susan Starr owns the Open Hearth Inn

**11/11:** Bob Hammond owns Whitmere Hammond Antiques in Winter Harbor and The Antiques Annex in Gouldsboro.

**11/18:** Tim Torrey owns The Old Creamery Art & Antique Mall in Ellsworth.

**Instructors:** **Brent Hutchins** has been a lifelong collector & dealer. He is also a great actor. He just performed in “Lost in Yonkers” as Louie.

**Susan Starr** is also the author of *Memoirs of a Mad Innkeeper- The Muffin Recipes Revealed*, and is a dealer of silver and jewelry.

**Bob Hammond** has been an antiques dealer for 50 years.

**Tim Torrey** is retired from the Coast Guard and has been an antiques dealer for 20 years.

**Contact person:** Evelyn Carpenter (422-8239)

**Limit: none**

**Supplies:** Class members may bring one item to be identified/appraised.

## FRIDAY AFTERNOON CLASS 1PM

### Libraries are Like Museums

**MJ Smith**

**Various Locations**

**Dates:** October 4, 11, 18 and 25, 2019

**Course Description:** This Fall semester we will travel a bit farther afield to the Belfast and Searsport Public Libraries in Waldo County. Then we will head north to the Bangor Public Library, with the new Stephen King addition, then on to the Raymond H. Fogler Library at the University of Maine in Penobscot County.

**Facilitator:** MJ Smith is a retired professional tour guide who has led many tours with a great many Downeast Senior College students of this fascinating part of New England.

**Contact person:** MJ Smith (667-8049)

**Limit: 12**

*We will meet at the University Center, Mill Mall, Ellsworth to begin our new adventure!*

**THURSDAY 10AM – noon**

**Mini Art Appreciation Course**

**HIDDEN IN PLAIN SIGHT:  
ART IN ELLSWORTH**

**Fee: \$12**

**Dates:** October 10 and 17, 2019

**Course Description:** This will be a unique opportunity to more closely observe some wonderful works of art that some of us may not have been aware were right there all along, yet seemingly hidden in plain sight. Join two separate tours and visit landmark locations in Ellsworth to discover and learn more about these beautiful objects. We will come away with renewed appreciation for the history of Ellsworth and the many accomplished artists working through various mediums to produce outstanding works of art. You may have previously walked right by some of these pieces, but this guided tour will bring them all up close and personal. While some paintings are of particular historical significance to our town, other art objects made of wood, stone, metal or other organic matter reflect some of the best work of well-known artists from Maine and around the world.

**Locations:**

**Thursday, October 10<sup>th</sup>:** Ellsworth City Hall at 10:00 AM  
Ellsworth Public Library at 10:45 AM

**Thursday, October 17<sup>th</sup>:** John Edwards at 10:00 AM  
The Courthouse Gallery at 11:00 AM

**Contact person:** Linda Hayman (537-2226)

**Limit:** none

**TUESDAY MORNING CLASS  
9AM – 11AM**

**General Aviation and What it Takes  
to Take to the Sky**

**David McKay**  
**Ellsworth City Hall Council Chambers**

**Dates:** October 8, 15 and 22, 2019

**Course Description:** This course provides an overview of what general aviation is all about, the various levels of FAA pilot certification, and a 10,000-foot view of many of the subjects student pilots study for certification. During two in-class sessions, we'll touch on: how airplanes fly, basic airplane structures and how the flight controls work, aerial maneuvers students master, and why they learn them, the special weather needs of pilots and how they get that information, airport markings you've likely seen from an airline window and wondered what they meant, and a taste of air navigation. The final session will be held at the Bar Harbor airport to give the class an opportunity to participate in the "pre-flight inspection" of a typical general aviation airplane, an inspection every pilot must accomplish to make sure an airplane is airworthy and ready to safely fly.

**Instructor:** *David McKay* is a graduate of Embry-Riddle Aeronautical University and is a former US Air Force pilot. He holds an Airline Transport Pilot Certificate and is a Certified Flight and Ground Instructor. He loves to share his passion for airplanes and flying.

**Contact person:** Peggy Emigh (422-9006)  
**Limit:** none

**TUESDAY 10AM – noon**

**More Great Games for Family & Friends**

**Pat Summerer**

**Trenton SPCA, Route 3**

**Dates:** October 22 & 29 and November 5, 12, 19 & 26, 2019

**Course Description:** Pat Summerer is back with more of her popular indoor games! This semester the games will include board games, dice, tile, and cooperative games. Learn intriguing lively new games to play with your friends, grandkids, and even two-person games to enjoy with your favorite companion.

**Instructor:** *Pat Summerer* is a former music teacher with four children, two grandchildren (and three sisters) who love to play games. Her oldest son works in the board game industry, reviewing games and talking about them on a podcast called “The Dice Tower.” He often passes along games he thinks Mom and her friends will like.

**Contact person:** Pat Summerer (963-7132)

**Limit:** 8

**THURSDAY AFTERNOON CLASS  
1PM – 3PM**

**Memory Slices III**

**Linda Stevens**

**St. Andrews Church**

**Dates:** September 12, 19 & 26 and October 3, 2019

**Course Description:** We will continue to explore the enlightening process of writing down memories and exploring the creative narrative. Sharing of work is optional yet welcome.

**Instructor:** *Linda Stevens* has been a nurse for more than 25 years. Writing is one of her hobbies.

**DSC Contact:** Linda Stevens (479-6303)

**Limit:** none

**PLEASE BRING paper and pen, and pictures, if desired.**

## THURSDAY MORNING CLASS 10AM – noon

### Maine Through Many Lenses

**Judy Hakola**

**St. Andrews Church**

**Dates:** September 12, 19 & 26 and October 3, 2019

**Course Description:** We all see the world through a multitude of lenses, but often are unaware of their impact on our vision and understanding. In this course we will look at many aspects of Maine – from insider-outsider relationships to old houses – as seen through the lenses of fiction writers, poets, and essayists to learn more about both Maine and lenses. NOTE: although the textbook is the same, the approach and many of the readings will be quite different from Judy Hakola's Maine literature courses offered in the past.

**Instructor:** *Judy Hakola* has finally retired as an English instructor at the University of Maine, where she taught Maine literature courses for many years. She has taught several courses for Downeast Senior College, ranging from Edna St. Vincent Millay to Western Movies. She is now the curriculum coordinator for Penobscot Valley Senior College, serving the greater Bangor area.

**Contact person:** Linda Stevens (479-6303)

**Limit:** 20

## WEDNESDAY MORNING CLASS 10AM – noon

**Rebel Souls**  
**Peggy Emigh**

**Moore Community Center, Room 101**

**Dates:** October 16, 23 & 30 and November 6, 2019

**Course Description:** “*Rebel Souls* is a terrific book about a magical time and place in American history... a rare book that is both a major contribution to... history and a really fun read.”\*

It's the story of the *avant garde* young people burning with talent and energy who met at Pfaff's Restaurant in New York in the 1850's and 60's and created an American cultural world still familiar 170 years later. They came via word-of-mouth from all over then-America: the boy refugee from Irish famine who would become a world-class sculptor; the shy Mainer who became the first stand-up comic; the gifted and fearless beauty of mysterious origins who became America's first celebrity pop star and the toast of London and Paris; the actor who struggled to repair his family's honor after his brother killed the President; the witty, pretty, renegade plantation heiress whose trenchant magazine column was an education in social criticism; the young man from an ordinary Brooklyn family who became America's most famous poet, Walt Whitman; and others as memorable.

\***Debby Applegate**, winner of the Pulitzer Prize for *The Most Famous Man in America: The Biography of Henry Ward Beecher*.

**Instructor:** *Peggy (Margaret) Emigh* is a graduate of Swarthmore College, holds two Master's Degrees, and has taught two DSC courses. She is descended from the last surviving Pfaffian, AD Shattuck, the first artist to paint on Monhegan Island, who died at his farm in Connecticut at 96. At the final class session, Peggy will share memorabilia and tie the visual artists together with the other, more verbal, “rebel souls” who frequented Pfaff's.

**Contact person:** Peggy Emigh (422-9006)

**Limit:** none

## **WEDNESDAY MORNING SEMINARS 10AM – noon at Ellsworth City Hall**

### **PLEASE NOTE: THE SEMINARS ARE FREE**

**Dates:** September 18 & 25 and October 2, 2019

#### ***September 18: The Ellsworth Green Plan***

**Presenters:** Mary Blackstone and Martha Dickenson

##### **Description of seminar presentation:**

Maine has been among the leading states in all of America to step up to the plate and address challenges confronting all of us in regard to climate change and relevant environmental issues. More people now recognize the need to grow and incorporate organic food in their diets, recycle materials, eliminate single-use plastic bags and Styrofoam containers, and clean up our environment. Come learn how these topics are being addressed at the state and city level and meet two members of the Ellsworth Garden Club who took leadership roles in developing and implementing the “Ellsworth Green Plan,” a specific and multifaceted endeavor “to make Ellsworth a model green community.”

**Limit: none**

#### ***September 25: Seniors and the Law***

**Presenter:** Michael Povich is a well-known local attorney who, as a young man, graduated from Ellsworth High School and Harvard University. His auspicious career included a one-year stint as Hancock County Attorney, but, for the following 37 years, he became the District Attorney for Hancock and Washington Counties. Now retired, Michael Povich is still very much interested in the law, and knowledgeable about many ways members of the public, and particularly seniors, are targeted, exploited, and consequently often become innocent victims of crime.

##### **Description of seminar presentation:**

A local lawyer speaks about a variety of issues that specifically impact seniors. Learn of the many ways seniors are often targeted, deceived, and robbed by unscrupulous felons who are very good at what they do. Learn how to respond to unwanted telephone calls, when to notify authorities, and how to better protect yourself from becoming a target. We'll learn about the law in general and the justice system. We'll also learn how to recognize when we may need a lawyer, what it might cost, and what free services may be available. We also might visit the Hancock County Courthouse.

**Limit: none**

#### ***October 2: Senior Housing Options***

**Presenters:** Various speakers.

**Description of seminar presentation:** There may come a time when people of a certain age feel it might be in the best interests to “downsize” and more seriously contemplate the idea of moving from their existing home and relocating to another more manageable home or apartment. Join us as we meet with a variety of people in the Ellsworth area who are aware of the many housing options available to seniors. Multiple presentations on senior housing options in the area will be addressed by speakers from Ellsworth City Government, the Ellsworth Housing Authority, representatives from Leonard Lakes, Hancock Heights Estates, Ellen Leach Home, A.J. Rental, Meadow View Apartments, Oriole Way, and perhaps others. Lively discussion and relevant information sharing is bound to be of interest to a large number of seniors. Join us and learn more about senior housing options that may work for you.

**Limit: none**

**Contact person for all Seminars:** Linda Hayman (537-2226)



# DOWNEAST SENIOR COLLEGE

## Course Registration and Membership – Fall 2019

Member's Name \_\_\_\_\_

Date \_\_\_\_\_

Mailing Address \_\_\_\_\_ Street \_\_\_\_\_ town \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_  
Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

**Part 1. Selections: X Select course(s) and enter fee in far right-hand column.**

X	Course Name	Approved	Fee	Enter Fee
	<u>Intro to the Blues, Part 1</u>		\$25	
	<u>Antiques Roadshow</u>		\$25	
	<u>General Aviation</u>		\$25	
	<u>More Great Games</u>		\$25	
	<u>Green Plan Seminar</u>		free	
	<u>Seniors and the Law</u>		free	
	<u>Senior Housing Option</u>		free	
	<u>Rebel Souls</u>		\$25	
	<u>Maine Through Many Lenses</u>		\$25	
	<u>Mini Art Appreciation Class</u>		\$12	
	<u>Memory Slices III</u>		\$25	
	<u>Libraries are Like Museums</u>		\$25	
	<u>Field Trip to Unity</u>		\$10	
	<u>Frenchman Bay Guided Hikes</u>		free	

*\*\*\*When you pay for 2 courses, the third course is free\*\*\**

**Part 2. Membership Dues. Thank you for your support!**

Annual Membership Dues: July 1, 2019 through June 30, 2020

**Part 3. Tax Deductible Gift Donation to DSC**

**Part 4.**

Payment method: cash          check          credit card         

Make check payable to **Downeast Senior College**. Mail this form to:  
Downeast Senior College  
248 State Street, Suite 1  
Ellsworth, ME 04605

or

Credit Card:          Visa          MasterCard          Discover  
*Charge on credit card will read: University of Maine at Augusta*

Questions? Call (207) 667-3897 or email: dscinfo@maine.edu