

We are looking forward to seeing you and your toddlers (ages 2-5) this spring at the TOTS program. The program is designed to teach basic elements of our Orthodox Christian faith to the children in a fun, interactive, hands-on environment. TOTS is also an opportunity for parents to build friendships with each other. Please tell your friends and other families about our exciting program.

This spring's topics will follow the Church calendar. We will start with "Lenten Preparation and Activities" in March and end with "Creation" as everything blooms in the spring. We will meet on **Thursday** mornings 2<sup>nd</sup> and 4<sup>th</sup> of each month. Following is the spring schedule and list of topics:

**March 10<sup>th</sup>** Lenten Preparation and Activities

**March 24<sup>th</sup>** The Angel Visits Mary

**April 14<sup>th</sup>** Let's Get Ready (Pascha and Holy Week)

**April 28<sup>th</sup>** The Lord's Holy Resurrection

**May 12<sup>th</sup>** Creation - Genesis

Each session will run from 10:00 am – 11:15 am and will be broken into these activities:

10:00-10:15 am	Prayer and Church time
10:15-10:45 am	Activity Centers
10:45-11:00 am	Hymns and Songs in Multipurpose Room
11:00-11:15 am	Snack and Fellowship

If you have questions, please feel free to contact Deanne Chiganos at [ddemitro@gmail.com](mailto:ddemitro@gmail.com)

