



Dear Parents,

[Governor Newsom recently announced](#) starting July 1, 2025; California state employees will be required to return to in-person four days per week. If you are a state worker this change may impact your child care needs.

If you have been relying on part-time care, you may now need full-time child care. If you have been working remotely and caring for your child at home, you may now need to find child care for the first time. We understand that this transition may be challenging, and we are here to support you.

For assistance in locating high quality child care that meets your family's needs or to discuss your eligibility for child care assistance, call (916) 369-0191 or use our [contact form](#) to speak with a Child Care Specialist or explore our [online tool](#). Referrals are free and available to all parents living and working in Sacramento County, regardless of income.

For families who may not qualify for Child Action's subsidy programs, there may be other affordable options available, including:

- [Head Start](#) and [Early Head Start](#) - Federally funded early childhood education programs at no cost to eligible families.
- [Universal Prekindergarten](#) - High-quality early learning choices for your 3- and 4-year-olds that may meet your families' child care needs. All families in California, regardless of immigration & income status are eligible to participate. [Contact a Child Care Specialist](#) to learn more and discuss your care needs.
- [Transitional Kindergarten](#) - A bridge between preschool and traditional kindergarten, providing young learners with the foundational skills necessary for academic success. Available through many school districts and private institutions.
- [Your Child's School or District](#) - Many schools offer expanded learning programs (ELOP), before and after-school care, and summer enrichment activities.

As we learn more about how this policy will affect families, we will continue to share updates and additional resources. If you have questions about child care options or need assistance finding child care, please reach out.

We are here to help.