

AUGUST 2025



M	T	W	T	F	S
JULY 28 11:00a-12:30p Senior Planet Tech Class	29	30 11:00a-12:30p Drop-In Tech Time	31 10:30-11:30a Vital Fitness - In Person	AUG 1 10a-1p NE Day Spot	2
4 11:00a-12:30p Senior Planet Tech Class	5	6 11:00a-12:30p Drop-In Tech Time	7 10:30-11:30a Vital Fitness - In Person	8 10a-1p NE Day Spot	9 9-10a Vital Living Book Club
11 11:00a-12:30p Senior Planet Tech Class	12	13 11:00a-12:30p Drop-In Tech Time	14 10:30-11:30a Vital Fitness - In Person 3:30-4:30p LGBTQ+ Caregiver Group	15 10a-1p NE Day Spot	16
18 11:00a-12:30p Senior Planet Tech Class	19	20 11:00a-12:30p Drop-In Tech Time	21 10:30-11:30a Vital Fitness - In Person	22 10a-1p NE Day Spot	23 10a-1p NE Day Spot
25 11:00a-12:30p Senior Planet Tech Class	26	27 11:00a-12:30p Drop In Tech Time	28 10:30-11:30a Vital Fitness - In Person	29 No NE Day Spot	30

KEY

- Classes**
Maintain Your Well-Being
- Caregiving**
Gain Emotional & Practical Support
- Events**
Lifelong Learning & Engagement
- Connect 2 Tech**
Technology Education Classes & Support

Questions? Contact:
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EAST SIDE
 Neighborhood Services