



JANUARY 2026

M	T	W	T	F	S
DEC 29  11:00a-12:30p Senior Planet Tech Class	30	31  11:00a-12:30p Drop-In Tech Time	JAN 1 ESNS CLOSED NEW YEARS DAY	2 No NE Day Spot	3
5  11:00a-12:30p Senior Planet Tech Class	6  2:00-3:00p Caregiver Support Group	7  11:00a-12:30p Drop-In Tech Time	8  10:30-11:30a Vital Fitness - In Person  3:30-4:30p LGBTQ+ Caregiver Group	9  10a-1p NE Day Spot	10  9-10a Vital Living Book Club
12  9:30-10:30a Practice Tai Ji  11:00a-12:30p Senior Planet Tech Class	13  2:00-3:00p Caregiver Support Group	14  11:00a-12:30p Drop-In Tech Time	15  10:30-11:30a Vital Fitness - In Person	16  10a-1p NE Day Spot	17
19 ESNS CLOSED Martin Luther King Jr. Day	20  2:00-3:00p Caregiver Support Group	21  11:00a-12:30p Drop-In Tech Time	22  10:30-11:30a Vital Fitness - In Person	23  10a-1p NE Day Spot	24
26  9:30-10:30a Practice Tai Ji  11:00a-12:30p Senior Planet Tech Class	27  2:00-3:00p Caregiver Support Group	28  11:00a-12:30p Drop-In Tech Time	29  10:30-11:30a Vital Fitness - In Person	30  10a-1p NE Day Spot	31

KEY

-  **Classes**
Maintain Your Well-Being
-  **Caregiving**
Gain Emotional & Practical Support
-  **Events**
Lifelong Learning & Engagement
-  **Connect 2 Tech**
Technology Education Classes & Support

Questions? Contact:
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EAST SIDE
 Neighborhood Services