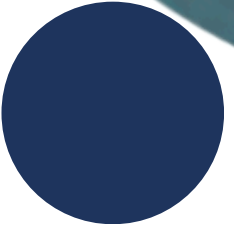
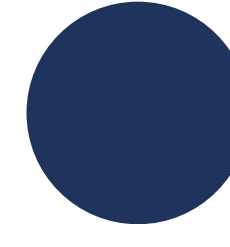
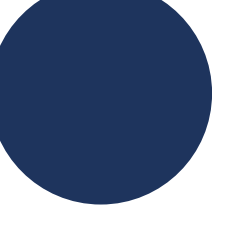
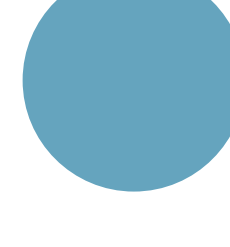
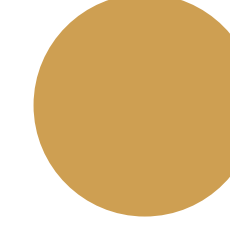
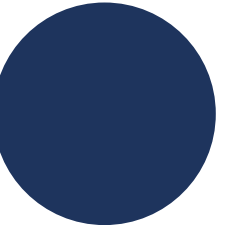
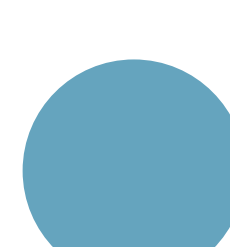
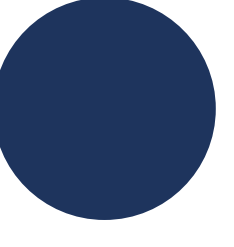
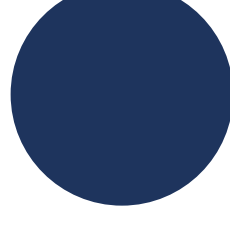
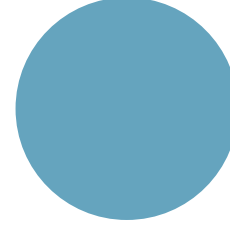
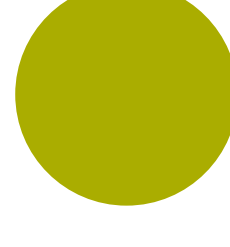
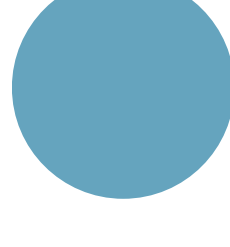
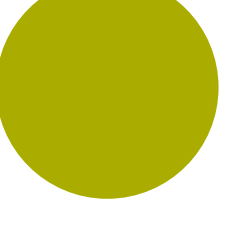
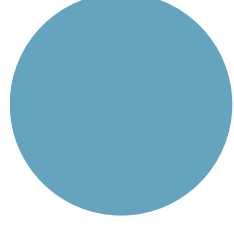
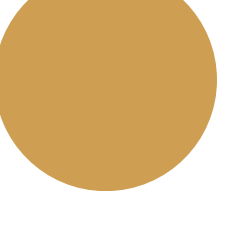
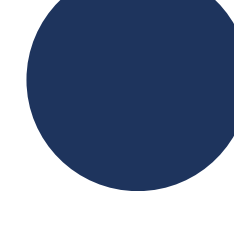


JULY 2026

M	T	W	T	F	S
JUNE 29  11:00a-12:30p Senior Planet Tech Class	30	JUL 1  11:00a-12:30p Drop-In Tech Time	2 No Vital Fitness	3 JULY 4TH HOLIDAY ESNS CLOSED	4
6  11:00a-12:30p Senior Planet Tech Class	7	8  11:00a-12:30p Drop-In Tech Time	9  10:30-11:30a Vital Fitness - In Person  3:30-4:30p LGBTQ+ Caregiver Group	10  10a-1p NE Day Spot	11  9-10a Vital Living Book Club
13  11:00a-12:30p Senior Planet Tech Class	14	15  11:00a-12:30p Drop-In Tech Time	16  10:30-11:30a Vital Fitness - In Person	17 No NE Day Spot	18
20  11:00a-12:30p Senior Planet Tech Class	21	22  11:00a-12:30p Drop-In Tech Time	23  10:30-11:30a Vital Fitness - In Person	24  10a-1p NE Day Spot	25
27 No Tech Class	28	29 No Drop-In Tech Time	30  10:30-11:30a Vital Fitness - In Person	31  10a-1p NE Day Spot	AUG 1

KEY  Classes Maintain Your Well-Being	 Caregiving Gain Emotional & Practical Support	 Events Lifelong Learning & Engagement	 Connect 2 Tech Technology Education Classes & Support
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Questions? Contact:
 612-787-4086
VitalLiving@esns.org

