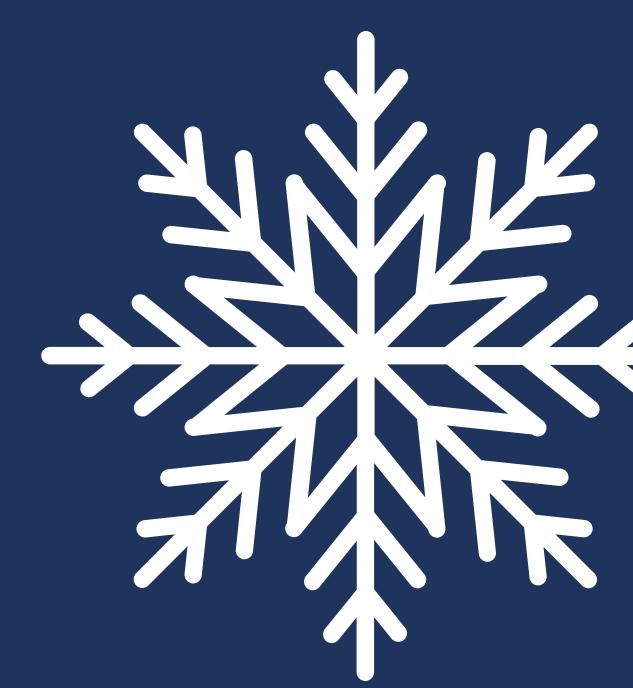


DECEMBER 2024



M	T	W	T	F	S
2 10:30-11:30a Online Tai Ji Quan 11:00a-12:30p Senior Planet Tech Class	3	4 11:00a-12:30p Senior Planet Tech Course	5 10:30-11:30a Vital Fitness - In Person 10:30-11:30a Online Tai Ji Quan	6 10a-1p NE Day Spot	7
9 10:30-11:30a Online Tai Ji Quan 11:00a-12:30p Senior Planet Tech Course	10	11	12 10:30-11:30a Vital Fitness - In Person 10:30-11:30a Online Tai Ji Quan 3:30-4:30p LGBTQ+ Caregiver Group	13 10a-1p NE Day Spot	14 9-10a Vital Living Book Club
16	17	18	19 10:30-11:30a Vital Fitness - In Person	20 10a-1p NE Day Spot	21
23	24 ESNS CLOSED CHRISTMAS EVE	25 ESNS CLOSED CHRISTMAS DAY	26 ESNS CLOSED	27 ESNS CLOSED	28
30 ESNS CLOSED	31 ESNS CLOSED	JAN 1 ESNS CLOSED	2 10:30-11:30a Vital Fitness - In Person	3 10a-1p NE Day Spot	4

KEY

Classes
Maintain Your Well-Being

Caregiving
Gain Emotional & Practical Support

Events
Lifelong Learning & Engagement

Connect 2 Tech
Technology Education Classes & Support

Questions? Contact:
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