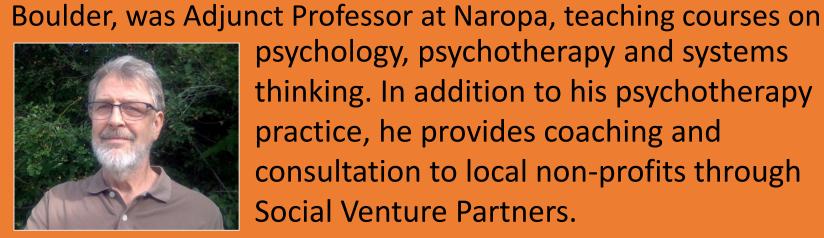
Conversations for Connection

Thursday, November 19, 7 pm – 8 pm (MT)

Understanding Your Dreams

Every night we dream, and each dreams is potentially packed with information about our life and well-being. Much of the time we find these night images hard to remember and/or impossible to understand. However, knowing a few key aspects of sleep and dreaming helps us access untapped riches in our inner world. Participants can bring a dream image to share or simply listen as we explore the fascinating world of dreams. Roland Evans is a psychotherapist, writer, and teacher in



psychology, psychotherapy and systems thinking. In addition to his psychotherapy practice, he provides coaching and consultation to local non-profits through Social Venture Partners.

