## Conversations for Connection

Thursday, October 1, 2020

## Wisdom Sayings as Guides for our Living

As we all navigate the rough waters of these days, what guiding wisdom is helping us with our life challenges?

Martie will share some of her favorite wisdom sayings that have helped her through the lived experiences of uncertainty, lack of control, embracing resilience, learning to trust and more. The conversation will introduce these insights, encourage discussion, and invite you to share your own favorite wisdom sayings.



Rev. Martie McMane, a retired UCC clergy, works with individuals and small groups in soul care through her training in spiritual direction, SoulCollage@, pastoral counseling and the Enneagram.

