

Conversations for Connection

Thursday, Nov. 12, 7 – pm – 8 pm (MT)

Folk Tales, Slams, and Wild Imaginings: How Stories Move us toward Healing

Oral storytelling is uniquely human, and essential to our individual and collective mental health. Sharing stories builds compassion, opening our hearts to shared human experience. Laura will tell some of the stories that have helped her in these physically isolated times, and offer suggestions for using storytelling to navigate this strange new world. **Laura K. Deal** is a storyteller, poet, and an explorer of dreams. She volunteers with Spellbinders, telling folktales to elementary school students. She also tells stories to adults, in house concerts, festivals, story slams, and online. Find more about her storytelling at www.LauraDeal.com.

