

PREPARE ENRICH[®]



Who we are

For over 35 years, Prepare/Enrich has provided Facilitators with **data-driven relationship insights that offer clarity, focus, and a framework** to show couples the work that is crucial for growth within their unique relationship.

By leveraging the evidence-based foundation on which we were built and adapting to meet the changing realities couples face today, **we continue to define the science of enduring relationships.**

Prepare/Enrich gives Facilitators and couples confidence that they are **focusing on the work that matters.** Not just any work.

The Right Work.



By the numbers

Prepare/Enrich and components of the assessment have been **mentioned in over 1,200 peer reviewed journal articles**, resulting in it being one of the most researched assessment tools.

Our worldwide network consists of over **125,000 Certified Facilitators and 1,000 Trainers** from a wide variety of backgrounds and professions - from pastors to therapists to social workers to marriage mentors.

Over 4 million couples have experienced the life-changing benefits of our powerful relationship insights.

"It gives me so much **confidence to lead each couple** in both areas of strength and areas where they have room to grow." *-Pastor and Facilitator*

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The Assessment

Our dynamic, trusted assessment engine cuts through the noise of all of the potential areas of a relationship to work on and **highlights specific strength and growth areas unique to each couple**, enabling Facilitators to show couples **the work that is crucial for growth**.

- Administered by **Certified Facilitators**
- Suitable for couples in **all phases and stages of life**
- **Dynamic and in-depth**, yet easy to administer and interpret
- **Proven effectiveness** and accuracy
- **Decreases likelihood of divorce by 30%**
(Stanley, Amato, Johnson & Markman, 2006)
- Facilitator gets to know the couple on a **deeper level, faster**
- **Increases relationship skills** and satisfaction

Prepare/Enrich Certification Training

Become a Certified Facilitator via Live Workshop or Online Training to bring clarity, focus, and a framework to your work with couples.

- Live Workshops **conducted by passionate, knowledgeable Trainers** across the U.S. who can answer questions live
- Online Training can be **completed at one's own pace and convenience**
- For both options, **CEUs available for various licensures** (additional fee)

Couple Checkup[™] for your Church

Get a pulse on the health of relationships across your entire congregation, while building community through a customizable group experience. A group summary report illuminates the relationship strength and growth areas of the congregation as a whole. Receive an optional 1-hour consultation to unpack the results. Bundle with Certification Training to equip church leaders for future relationship ministries and campaigns.

Pre-Post Test Research

Measure the effectiveness of your program, retreat, or curriculum with our customized Pre-Post Test options.

For more information

Whether you are a pastor, professional counselor, relationship educator, or fall anywhere in between, **Prepare/Enrich will provide the insights that will enable you to focus on the work that is crucial for growth — within each couple's relationship, across an entire church/organization, or in your program/retreat.** To learn more about how Prepare/Enrich can enable you to focus on the work that truly matters, contact:

800-331-1661

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www.prepare-enrich.com