



21 MARCH

## WORLD DOWN SYNDROME DAY

Celebrate and raise awareness of what Down Syndrome is and how people with Down Syndrome play a vital role in our lives by wearing brightly colored socks, funny socks, odd socks. The #LotsOfSocks campaign exists to raise awareness about Down syndrome.

All you need to do is choose some socks that will get noticed - they might be mismatched socks or your craziest and most colorful socks, whatever takes your fancy! Wear them on World Down Syndrome Day (WDSD), celebrated each year on March 21.

When anyone asks you about your socks, you can tell them, "I'm wearing them to raise awareness of Down Syndrome". Then post your pictures to social media and spread the word! #LotsOfSocks #OneWorldHeartProject #RejoicingSpiritsDenver

