

Conversations for Connection

Thursday, July 8, 7-8 pm (MT)

HONESTY:

THE BENEFITS, RISKS, AND QUESTIONS

Authenticity and honesty are essential components in facilitating change. **Susan Rose** will explore the benefits and risks in speaking up in one's life and will invite discussion about the many considerations and questions this raises. Honesty with whom? When? Why? How? To what end? Susan is a clinical social worker who has had a private practice of psychotherapy in Boulder using a variety of systems, including EMDR, Brainspotting, family

systems, gestalt, sexual counseling and cognitive interventions. She is also a singer/songwriter. Her therapy style is an informational combination of emotional support and constructive confrontation.

