

REGISTRATION

Day 1, 10/12/22

Introductory Workshop

9:00 Registration/Coffee

9:30 - 3:30. Workshop

St. Mark's Episcopal Church

431 Richmond Place NE

Albuquerque

Cost (including lunch): \$100

Day 2, 10/13/22

Have I Got Time for the Pain?

9:00 Registration/Coffee

9:30 - 3:30. Workshop

Albuquerque Museum of Art

2000 Mountain Rd. NW

Albuquerque

Cost for one day (including
lunch): \$100

Cost for both days (including
lunch): \$175

Register at [https://voyagers.life/
albuquerque-bowen-theory-
workshops-october-12-13-2022/](https://voyagers.life/albuquerque-bowen-theory-workshops-october-12-13-2022/)

KATHY WISEMAN



Business advisor, Kathy Wiseman, grounds her work in Bowen family systems theory. Her professional experience over the last 30 years has focused on being a strategic thought partner to family enterprises, foundations, offices and families of wealth. In recent years she has consulted with the ELCA Systems Academy. With her deep knowledge of Bowen theory, Ms. Wiseman is a thoughtful and engaging presenter of the theory and ways it is helpful for families, businesses and congregations.

ALBUQUERQUE BOWEN THEORY WORKSHOPS

*INTRODUCTION TO
BOWEN THEORY*

AND

*BOWEN THEORY IN LIFE
AND WORK:
HAVE I GOT TIME FOR THE
PAIN?*

OCTOBER 12 - 13, 2022
Albuquerque, New Mexico

For leaders of congregations,
businesses and families.

PRESENTED BY
THE VOYAGERS

www.voyagers.life/

*INTRODUCTION TO BOWEN THEORY AND
BOWEN THEORY IN LIFE AND WORK:
HAVE I GOT TIME FOR THE PAIN?*

The Voyagers is a gathering of church leaders exploring Bowen Family Systems Theory as applied by Rabbi Edwin Friedman to congregations and leadership. Murray Bowen's factual approach and Friedman's creative and imaginative use of Bowen theory provide a unique understanding of human functioning for one's life and ministry.

Founded by Pete Steinke and Bob Hunter, the first meeting of the Voyagers (then known as "The Edwin Friedman Memorial Group") was in April, 1999 in Atlanta, GA. Since then the group has met twice a year, most often in the Washington D.C. area, to continue study of Bowen theory, Friedman's thinking, and their applications to congregational leadership, as well as theological connections.

For the last decade, we have periodically "taken the show on the road" to offer workshops. This year, we are in Albuquerque.

Being a leader - business, church, organization, and/or family - is exhilarating, fulfilling, challenging and yes, sometimes painful. If one is a leader, there is a group of people involved. If there is a group, there are relationships, and relationships, while necessary and wonderful, also are complex and challenging.

Bowen Family Systems Theory has been helpful for leaders as they navigate multiple relationship systems. It offers a way of seeing and thinking about relationships that allows leaders to function more calmly and maturely in face of complexity and anxiety. Here's the rub though - Bowen Theory isn't a quick fix. It requires looking at one's self as well as the larger system. It takes time. And sometimes, it gets uncomfortable, even painful.

Carly Simon sang, "I haven't got time for the pain." But perhaps, making time for the challenge and pain of growth is worth it.

You are invited to delve deeper into Bowen Theory, leadership and growth in workshops offered by the Voyagers, a group of faith leaders who have worked with Bowen Theory for over 20 years. Our guest presenter is Kathy Wiseman.

Day One, Wednesday, October 12, is an **Introduction to Bowen Theory**. If you are a beginner in the theory, this will prepare you for the presentation on Day Two. If you have background in the theory, come for a quick review. Led by the Voyagers, this workshop at St. Mark's Episcopal Church, Albuquerque, NM.

Day Two, Thursday, October 13, **Bowen Theory in Life and Work: Have I Got Time for the Pain?**, is presented by Kathy Wiseman, drawing on her deep experience with work and family systems to illustrate the helpfulness and challenges of Bowen Theory, including successes and failures. There will be time to consider the application of the theory in your own work systems. Day Two is at the Albuquerque Museum of Art, 2000 Mountain Rd NW, Albuquerque.