

# Rebuilding When Your Relationship Ends

The ending of a love relationship can be one of the most stressful and difficult experiences of a person's life. Having someone to walk with you during this time can make all the difference.



The Rebuilding Seminar is designed for individuals of all ages and situations who are experiencing the end of a love relationship. No matter the length of your relationship or the reason for the ending, this is the class for you! We will help you move through the grief and adjustment periods in a healthy way.

*Learn the skills necessary to adjust to your losses, and receive encouragement to rebuild your life!*

Weekly group classes support healing, learning about yourself and improving your ability to build loving relationships in the future.

**Thursdays, January 11 - March 15, 2018, 6:30 - 8:30 pm**

For More Information & To Register, contact Beth Walker

720-352-9915    bethdwalker@gmail.com

[www.bethwalkercoaching.com](http://www.bethwalkercoaching.com)

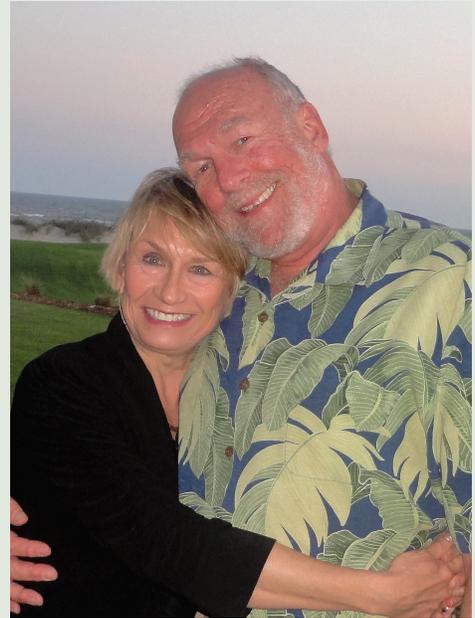
## Seminar Facilitators

**Beth Walker**, MBA, CPCC, inspires and guides others as a Professional and Relationship Coach. She works with individuals, couples and teams.

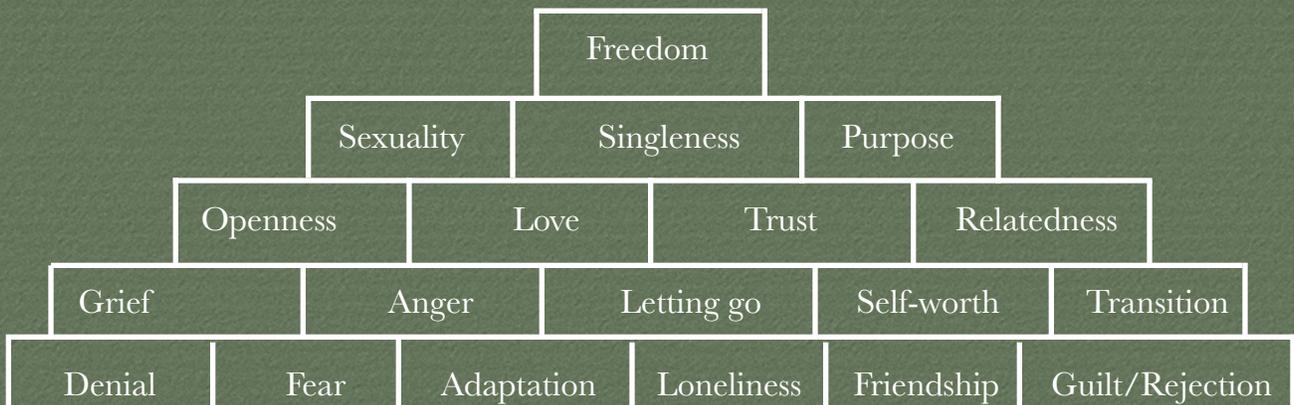
**Paul Walker**, LCSW, MSW, has been assisting individuals, couples and families for over 35 years in his private practice.

Both Beth and Paul have been previously married and personally transcended the trauma of divorce. They are eager to bring their energy, experiences and skills to assist you in rebuilding your life.

Seminar may be facilitated by only Beth if class size is small.



The “Rebuilding Blocks” provide an overview of topics covered during the 10-week seminar



## Seminar Details

**Dates:** Thursdays, January 11 - March 15, 2018; 6:30 - 8:30pm

**Duration:** 10 group sessions

**Location:** 9203 S University Blvd, Highlands Ranch 80126

**Cost:** \$250 per participant + book cost

**Required Text:** “Rebuilding: When Your Relationship Ends” (4th edition)

Bruce Fisher, Ed.D and Robert E. Alberti, Ph.D.

**Optional Text:** “Rebuilding Workbook” (2nd edition)

Bruce Fisher, Ed.D. and Jere Bierhaus

**Complimentary childcare is available.** To reserve a spot for your children, please contact the Child Care Coordinator at 303-794-2683, ext 151 no later than January 2, 2018