



***“Situational Depression, Grief/Loss” will be the  
Conversation about Mental Health in a Faith Context  
on a Zoom call on Thursday, May 21, 7 pm– 8 pm.  
The facilitator is Ann Price  
Hosted by the Mental Health Ministry of  
Atonement Lutheran Church***

**Ann will provide a definition of situational depression. We will then discuss tools and ideas of how to address depression. Then we will have a conversation about grief and loss, especially as we are living in the midst of Covid-19.**

**Ann is a Licensed Clinical Social Worker and has focused on community mental health, non-profit counseling agencies, and Hospice care. Presently, she is a psychotherapist with Centus Counseling which received a grant from the Rose Community Foundation for Education. Ann's specialties include: working with adult trauma survivors, grief/loss, senior/geriatric work, end-of-life issues, relationship issues, life transitions, self-esteem, stress management, anxiety, depression, and spiritual direction. We will welcome Ann's approach to therapy which is holistic in nature. What affects our minds, affects our emotions, our bodies, our spiritual self, and our relationships with others. She follows the premise that we as human beings are whole at our core.**