



The Music Therapy Center
OF CALIFORNIA

DISTANCE MUSIC SERVICES

Reducing isolation and fostering connection through the power of music when in person music is not possible.



Individual

Individualized music therapy sessions to address goals specifically tailored to engage the client through singing, movement, visuals, instrument playing and more.



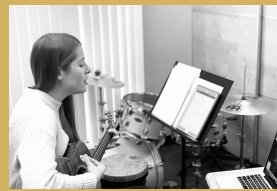
Group

Interactive 45-minute or hour long group music therapy sessions while practicing social distancing. Work on social skills, safety and hygiene songs, relaxation, movement, memory and attention while connecting with others using technology.



Technology Needed

Video conferenced sessions with iPad with the internet, Smart TV or computer. You can even connect a computer to the TV via HDMI cable. Optional: bluetooth speaker.



Recorded

Recorded interactive music sessions are a cost effective solution that can be enjoyed at anytime with clients individually or in small groups opportunities to engage and combat isolation.



Testimonials

"I want to thank you for offering the group sessions during lockdown. My son, really enjoys them!"

-Parent of a young adult with special needs

"Just wanted to say thank you for sending the music videos. We have heard nothing but positive feedback about your recorded virtual classes for our clients. Please send us as many videos as you can!"

-Activity Director for Day Center for Adults with Special Needs