



May 2019

Editorial

Fred's team is expanding

Fred is definitely striving to make things happen this year. Luckily, he can count on the efforts of a larger team that includes, once more, two new members. Join us in welcoming Marie Prince, Development Coordinator, and Émilie Gilbert who is replacing our secretary-receptionist who went on maternity leave.

Stay tuned and do not miss our publications!

The news of the month

What a challenge

On the weekend of April 27&28, many heroes of all ages faced bad weather at Parc Jean-Drapeau. It was cold and rainy however there was a party atmosphere and participants were having fun running regardless. Glucoman, our mascot, was there and many families were taking pictures with him. He even joined in the 1 km departure of the youngest runners.



Running further than Diabetes

On that Saturday April 27, there was so much more than a simple race being held. That day, **Cassandra, 10 years old and DT1**, was taking part in the Scotiabank Challenge 5 km race. Despite the effort, she successfully crossed the finish line with her father, her brother and her friends at her side, proving that once you're being well supported, you can overcome diabetes and go beyond your limits.



[Watch the video](#)

Info-Diabetes

The Better Project Better Prevent Hypoglycemia

Monitoring a process is the best way to control it, or even to prevent it from happening. The Better project, supervised by Dr Rémi Rabasa-Lhoret, endocrinologist at the Montreal Clinical Research Institute and

his team, is about collecting information to study how DT1 patients experience the hypoglycemia process in order to better control it and even reduce its frequency.

The BETTER registry is now open!

If you have been diagnosed with Type 1 Diabetes and you live in Quebec, we invite you to answer our questionnaire.

The study aims to better understand Type 1 Diabetes, and your experience with hypoglycemia to improve treatment.

For as little as 10 minutes you can have a chance to win a \$500 Amazon Gift Card!



[Register](#)

Your child has been diagnosed with DT1 What about the follow-up process?

Laval University is currently leading a research project regarding the care process and services related to DT1. Hence, a survey is being broadcasted online, in the whole province among diabetic children's families to analyze the follow-up process on a long-term basis. This survey will help determine whether actual services are well adapted to the parents' needs with the hop of improving the situation.



[Read more](#)

[Participate](#)

Camp Carowanis is looking for volunteers



Who's afraid of the annual Spring Cleaning Event

Camp Carowanis is getting ready to welcome campers. We need your help and your smile to give us a hand preparing the camp for summer. Family and friends are welcome to help.

Hurry and register by emailing jbedard@diabete-enfants.ca.

See you on **June 1st** at **Camp Carowanis**, in Sainte-Agathe-des-Monts.

[Read more](#)

Overview of Fred's latest activities



March 27

Fred's heart-warming get-togethers

Moments to share for parents

Moments of reassurance and support for younger ones

Mission accomplished at the coffee meeting on March 27 in Laval's Rôtisserie St-Hubert.

A mom told us she enjoyed the pleasant atmosphere and the opportunity to share with other parents the daily challenges she

experiences with her diabetic child.

A young girl, recently diagnosed, expressed how comforting it was to know that there were people of all ages who experienced what she lives day to day. She also told us how great it was to be able to meet some of them at this event.

Thank you to all our families! *Fred's* team is so happy to have made it happen.

[Watch the video](#)



April 27

A memorable challenge

Once more, *Fred's* Sweet People took up the Scotiabank Challenge for the benefit of Type 1 diabetic children during the weekend of April 27-28. Despite the gloomy temperature, *Fred* could count on 33 motivated racers of all ages.

There was sweat but also lots of fun and inspiration in the air, not to mention the pride of having collected **\$ 25 789 \$**.

Bless you all! A special thanks to our 5 participants who collected the most funds during this challenge:

Michel Lacasse: \$10 690

Philippe Grubert: \$ 6 054

Mathieu Lacasse: \$ 2 880

Jean-Marc Lynch: \$ 1 590

And our mystery donator: \$ 1 400

We can all make a difference.



April 30

You needed it

Fred did it

When a mom on the South Shore was wondering how her daughter could meet other Type 1 diabetic children, *Fred* asked the community whether other families would care to join a get-together in that region. As many persons showed interest, our team, always on the run, has organized a **new coffee meeting in St-Jean-sur-Richelieu**, barely a month after the last one, to address the families' needs.

Thank you to all our families!

Fred is listening and the team is more than happy to help.

Fred's upcoming events



Families' Symposium and Camp Carowanis Open Doors Event

When the top two events of the summer are combined, it is party time for parents and children:

Conferences - workshops - new technologies in pediatric diabetes - presentation and guided tour of the camp - games and activities for the younger ones.

Glucoman, our mascot, will be there to welcome all.

Do not miss this family-dedicated event on Saturday June 8, 2019.

[Schedule at a glance](#)

[Register](#) before **May 10** to take advantage of the early bird rate.



Summer is the perfect season for golf and sharing Any ideas on what you can do for *Fred*?

This summer, the 18th Annual Golf-Cycling Classic will be held on August 19, 2019 at Vallée-du-Richelieu Golf Club. On this occasion, *Fred* will

organize a double auction to raise funds for all activities. You may also help by donating a prize for participants to bid on.

For further information, please call **514.731.9683** or [make a donation](#)



Join *Fred* at the **8th Professionals' Symposium** that will take place on **November 14 and 15** at **Manoir des Sables** in Orford. Save the date in your calendar. Details will be available in *Fred's* next newsletter.



Registration is on at Camp Carowanis

Only a few places are left.
Make your child experience a unique summer.

To register:

[I subscribe](#)

Or

514.731.9683 | carowanis@diabete-enfants.ca



You have concerns about Type 1 Diabetes? You would like to know more about a specific topic? You need to discuss a specific subject at one of our coffee meetings?

Feel free to email us at info@diabetes-children.ca

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