

BRIC NS Student Seminar Series



Building Research for Integrated Primary Healthcare

The BRIC NS Student Seminar Series is an opportunity for students across Nova Scotia to share their completed or in-progress research. Presentations cover a wide variety of disciplines, but all address the common thread of primary and integrated healthcare.

This month's seminar features speakers from the Grant Lab at Mount Saint Vincent University (MSVU) and is a special presentation on **Chronic Disease Prevention and Treatment in Pregnant Women: Examples of Dietetic Research at the IWK**.

Everyone is welcome! For more information, please contact bricns@dal.ca

When:	September 16, 12:30 – 1:45 pm ADT
Where:	N/A – This session will take place remotely only
To register:	https://us02web.zoom.us/webinar/register/WN_HCWFIVQUackVpLRNSpNg

After registering, you will receive a confirmation email containing information about joining the webinar.

The seminar will cover two topics:

Julianne Leblanc will present **“The Effect of a Home-Based Glycaemic Index Education intervention on Dietary Glycaemic Index and Glycaemic Control in Nova Scotian Women living with Gestational Diabetes Mellitus: Intervention Evaluation from the Patients' Perspective”**

Amy Mireault will present **“Examining the Implementation of the Institute of Medicine Weight Gain Guidelines in Women Living with Obesity”**

About the Speakers

Julianne Leblanc is a second year MSc candidate at MSVU in the Applied Human Nutrition department. She is a French Canadian with a background working on the floor as a dietetic technician and administrative work in Health Records. She developed a keen interest in the area of perinatal care and diabetes from her work in the Grant lab with her supervisor, Dr. Shannan Grant. Her thesis research is with the Maternal Newborn Program at the IWK Health Centre. She is using integrative knowledge translation in home-based education to evaluate Glycaemic Index utility in Gestational Diabetes. This work is part of a continuum to larger initiative integrated knowledge translation strategy aimed at improving and increasing Glycaemic Index utility in Medical Nutrition Therapy among clinicians across Canada. She will begin her dietetic internship when this project nears completion and she aspires to become a dietitian and work with the dynamic clinical dietetic research in healthcare.

Amy Mireault received her BAS in Psychology and Nutrition from the University of Guelph in Ontario and her BScAHN in Dietetics from Mount Saint Vincent University, completing the IEP program. She is a current second year MSc Student at MSVU, Dietetic Candidate and research assistant through MSVU and Dalhousie University. She is also a trainee member of Translating evidence to enhance maternal newborn outcomes - obesity; a CIHR funded community of practice based at IWK. Her general research interests include health psychology, chronic disease care including obesity, women's health and knowledge synthesis. Amy's future aspirations include continuing in research and contributing to the improvement of current care practices and advocating for more person-centered care.



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